# FORMULATION AND CHARACTERIZATION OF STARCH AND SOY PROTEIN CONTAINING LOW CALORIE SOFT CANDY

# A THESIS SUBMITTED TO THE GRADUATE SCHOOL OF NATURAL AND APPLIED SCIENCES OF MIDDLE EAST TECHNICAL UNIVERSITY

BY

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# IN PARTIAL FULFILLMENT OF THE REQUIREMENTS FOR THE DEGREE OF MASTER OF SCIENCE IN FOOD ENGINEERING

AUGUST 2019

Approval of the thesis:

## FORMULATION AND CHARACTERIZATION OF STARCH AND SOY PROTEIN CONTAINING LOW CALORIE SOFT CANDY

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Date: 28.08.2019

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### ABSTRACT

### FORMULATION AND CHARACTERIZATION OF STARCH AND SOY PROTEIN CONTAINING LOW CALORIE SOFT CANDY

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August 2019, 214 pages

Type of sugar and gelling agents used in confectionery formulations have vital importance since they directly influence physicochemical properties during storage. In this study, effect of a non-caloric rare sugar, D-allulose (formerly called D-psicose) on the starch based confectionery gels were investigated in the presence and absence of soy protein isolate using different experimental techniques for 28 days. For characterization of the formulized gel systems, common techniques were used (optical microscopy, DSC, TGA, XRD, moisture content, water activity, hardness and color measurements). Time Domain Nuclear Magnetic Resonance (TD-NMR) technique was also employed to explain dynamics in the confectionery systems. Sugar type was found to be a very significant factor affecting gel characteristics and retrogradation. Results show that D-allulose containing formulations were less prone to retrogradation and crystallinity degree of those samples were lower upon storage. Also, TGA thermogram showed that, accelerated mass loss shifted to higher temperature indicating tight relationship of water and starch which reveals better gel network with the increasing D-allulose concentration. It was observed that D-allulose containing samples show smaller changes during storage by supporting presence of better gel network. According to X-ray results, sucrose containing formulations more susceptible to crystallization and promote retrogradation of starch molecules. T2 relaxation spectra obtained from NMR experiments showed that number of distinct peaks reduced with the addition of SPI while relaxation times of peaks change when different type of sugar was used.

Keywords: Time Domain NMR Relaxometry, Starch-based gels, D-allulose, Soy protein isolate, X-Ray Diffraction

# NİŞASTA VE SOYA PROTEİNİ İÇEREN DÜŞÜK KALORİLİ YUMUŞAK

SEKERLEME FORMÜLASYONU VE KARAKTERİZASYONU

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Ağustos 2019, 214 sayfa

Yumuşak şekerleme formülasyonlarında kullanılan şeker tipi ve jelleşme ajanı, depolama süresince son ürünün fiziksel ve kimyasal özelliklerini etkilemesi sebebiyle büyük önem taşımaktadır. Bu çalışmada, düşük kalorili nadir şeker D-allulose'un nişasta bazlı yumuşak şekerlemeler üzerindeki etkisi 28 günlük depolama süresince izole soya protein varlığında incelenmiştir. Şekerlemelerin karakterizasyonu için, bilenen deneysel analizlerin (DSC, XRD, TGA, nem analizi, su aktivitesi, tekstüğr analizi, renk analizi) yanı sıra, düşük alanlı zaman boyutlu NMR relaksometre, şekerleme içindeki dinamikleri açıklamak için kullanılmıştır. Çalışmalar sonunda, şeker tipinin jelleşme ve depolama süresince retrogradasyon özelliklerini etkilediği tespit edilmiştir. D-allulose içeren formülasyonların daha az retrograde olup, daha düşük kristalleşme gösterdiği belirlenmiştir. Bunun yanı sıra, TGA sonuçları incelendiğinde artan D-allulose konsantrasyonları için, kütle kaybı eğrileri daha yüksek sıcaklıklarda gözlenmiştir bu da D-allulose varlığında daha iyi bir jel ağı oluştuğunu göstermektedir. Tekstür deneyleri bu sonuçları destekleyecek şekilde Dallulose içeren formülasyonların depolama boyunca daha az değişiklik gösterdiğini ortaya koymaktadır. X-Işını kırınımı sonuçlarına göre, sükroz içeren formülasyonların daha fazla kristallendiği ve nişasta retrogradasyonunu desteklediği tespit edilmiştir.

Bu sonuçların yanı sıra, formülasyonlara izole soya protein eklenmesi NMR deneylerinden elde edilen T2 relaksasyon spektrumlarında elde edilen pik sayısını değiştirirken, şeker tipinin değişmesi piklerin relaksasyon sürelerinde değişiklik yaratmıştır

Anahtar Kelimeler: NMR Relaksometre, D-allulose, Nişastalı şekerleme, Izole soya proteini, X-Işını Kırınımı

For those who want to break out of their shell..

#### ACKNOWLEDGEMENTS

I gratefully acknowledge the financial support of the National and Scientific Technological Council of Turkey, Cost Program (2515) with proposal number 1160759.

I would first like to state my deepest appreciation to my supervisor Assoc. Prof. Mecit Halil Öztop for all support, opportunity, encouragement, and time he gave me during my undergraduate and master's degree. His guidance, patience, motivation, enthusiasm and immense knowledge set light to me in all the time of research and my academic life. He always steered me in the right the direction whenever I needed it. I could not have imagined having a better advisor. He will be always my ultimate role model.

A very special gratitude goes out to my working partner, Pelin Poçan, for her support from the very first day since I have started my master's degree. Her door was always open whenever I ran into a trouble or had a question about my research or writing. I owe very important debt to her for her guidance, input and contribution to my researches.

My heartfelt appreciation goes to members of AZTEKO. Thank you for being there for me every time I questioned "why I am here?" since I have started to work as a research assistant. I couldn't get through those tough days without their presence and support. Selen Güner, thank you for being my older sister which I never had. It is whole heartedly expressed that your presence, support and encouragement for my both personal and academic life is priceless. I would like to thank Seren Oğuz whom I am very happy to have entered my life, for teaching me to be transparent and not afraid to say what I think. I am gratitude to my roommate and co-founder of Az-15, Kübra Ertan, for her continuous coffee and snacks supply during writing my thesis and doing everything she can to cheer me up. I also thank to Özge Güven, for intellectual and eye-opening talks which I thoroughly enjoyed and never get bored. I would like to offer my special thanks to Aslıhan Paksoy who cares for me unconditionally. A good friend can be someone who you feel positive around, someone you connect with on a deep and natural level, and someone support you in every situation by telling your mistakes...You are more than these. Thank you very much for the sleepless nights we were talking, laughing or even crying together.

Special thanks to my lovely friends; Kübra Karataş, Gökçe Kervan, and Melda Mutlu for their warm encouragement and support on progress in academic life. You were always there helping me out from being desperate in emotionally weak times. Thank you for being my best and real friends.

I greatly appreciate to my shoulder to cry on throughout dissertation, Elif Gökçen Sakar. She has always had faith in me even I have lost self-belief. Thank you very much for your friendship and making me aunty to Ali.

I also thank to Sevde Karayılan. She was always with me whenever I am sad or happy. It is priceless to have such a friend who understand you in every situation related with family, like a member of it. A very special thank goes to Hasan Cenk Dedeoğlu. I would like to thank him for always making me smile and his support on my progress in academic life even if he does not believe I have had busy times.

I am also grateful to all those who entered to my life but have not walked with me anymore that helped me to choose an academic life.

Last but not the least, I must express my very profound gratitude to my parents Selma İlhan and Mesut İlhan for providing me with unfailing support throughout my years of study and continuous encouragement to follow my dreams. Your contribution to my life is beyond counting.

# TABLE OF CONTENTS

ABSTRACT
ÖZvii
ACKNOWLEDGEMENTSx
TABLE OF CONTENTSxii
LIST OF TABLESxv
LIST OF FIGURES
1. INTRODUCTION
1.1. Confectionery Gels1
1.1.1. Starch
1.1.2. Soy Protein Isolate
1.1.3. Rare Sugar
1.2. Characterization of Confectionery Products10
1.2.1. X-Ray Diffraction10
1.2.2. Thermogravimetric Analysis12
1.2.3. Differential Scanning Calorimetry14
1.2.4. NMR Relaxometry16
1.2.5. Fast Field Cycling Relaxometry17
1.3. Objective of the Study
2. MATERIALS AND METHODS
2.1. Materials
2.2. Methods
2.2.1. Preparation of Samples

	2.2.2. Characterization of Confectionery Products	
	2.2.2.1. Water Activity	22
	2.2.2.2. Moisture Content (%)	23
	2.2.2.3. Texture Analysis	23
	2.2.2.4. Color Measurement	23
	2.2.2.5. X-Ray Diffraction Analysis	23
	2.2.2.6. Differential Scanning Calorimetry (DSC)	24
	2.2.2.7. Thermogravimetric Analysis	24
	2.2.2.8. Optical Microscopy	25
	2.2.2.9. Time Domain NMR Relaxometry	25
	2.2.2.10. Fast Field Cycling Relaxometry	25
	2.2.2.11. Statistical Analysis	26
3	8. RESULTS AND DISCUSSION	29
	3.1. Texture Analysis	29
	3.2. Water Activity	31
	3.3. Moisture Content (%)	32
	3.4. Color Measurement	34
	3.5. X-ray Diffraction	35
	3.6. Differential Scanning Calorimetry	
	3.7. Thermogravimetric Analysis	40
	3.8. Optical Microscopy	43
	3.9. Nuclear Magnetic Resonance Relaxometry	45
	3.9.1. T <sub>1</sub> (Spin-Lattice) Relaxation Time	45
	3.9.2. T <sub>2</sub> Relaxation Times	48

3.	10. Fast Field Cycling Relaxometry	55
4.	CONCLUSION	51
REF	FERENCES	53

### LIST OF TABLES

# TABLES

Table 2-1. Concentrations of D-allulose and SPI in different formulations22
Table 2-2. Frequency of storage experiments 27
Table 3-1. Hardness of starch based soft candies during storage
Table 3-2. Water activities of starch based soft candies during 28 days of storage32
Table 3-3. Moisture Content of starch based soft candies during 28 days of storage33
Table 3-4. L, a, b values of starch based confections at the first day of storage34
Table 3-5. Glass Transition Temperature (Tg) of starch based confections at the 0th
and 28th days of storage40
Table 3-6. Mass loss at first decomposition stage in TGA experiments41
Table 3-7. Peak temperatures obtained from derivative weight loss curves of different
formulation at initial day of measurement
Table 3-8. T1 relaxation times of starch based soft candies upon 28 days of storage
Table 3-9. T2 (spin-spin) relaxation times of each compartment observed in relaxation
spectrum
Table 3-10. Relative area (RA) of each peak observed in relaxation spectrum for starch
based soft candies
Table 3-11. Renormalized Rouse model constants 59

Table A. 3. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on (1) water activity (aw); (2) moisture content (MC %); (3) Table A. 4. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on (1) water activity (aw); (2) moisture content (MC %); (3) T1; (4) T2 using adjusted SS for Tests for day 21......91 Table A. 5. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on (1) water activity (aw); (2) moisture content (MC %); (3) Table A. 6. Analysis of variance of starch based confectionery. Effect of starch and Table A. 7. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on hardness using adjusted SS for Tests; day 10 ...... 100 Table A. 8. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on hardness using adjusted SS for Tests day 20 ..... 101 Table A. 9. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on hardness using adjusted SS for Tests day 28 ..... 102 Table A. 10 Analysis of Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on glass transition Tg using adjusted SS for Tests; Table A. 11. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on glass transition Tg using adjusted SS for Tests; day 28 Table A. 12. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on T2 (spin-spin) relaxation times of each compartment Table A. 13. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on T2 (spin-spin) relaxation times of each compartment (peaks) obtained by NNLS using adjusted SS for Tests; day 7 ...... 109

Table A. 14. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on T2 (spin-spin) relaxation times of each compartment (peaks) obtained by NNLS using adjusted SS for Tests; day 14 ......113 Table A. 15. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on T2 (spin-spin) relaxation times of each compartment (peaks) obtained by NNLS using adjusted SS for Tests; day 21 ......117 Table A. 16. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on T2 (spin-spin) relaxation times of each compartment (peaks) obtained by NNLS using adjusted SS for Tests; day 28 ......120 Table A. 17. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on relative area of each compartment (peaks) obtained by Table A. 18. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on relative area of each compartment (peaks) obtained by NNLS using adjusted SS for Tests; day 7.....127 Table A. 19. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on relative area of each compartment (peaks) obtained by NNLS using adjusted SS for Tests; day 0.....131 Table A. 20. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on relative area of each compartment (peaks) obtained by NNLS using adjusted SS for Tests; day 21......135 Table A. 21. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on relative area of each compartment (peaks) obtained by NNLS using adjusted SS for Tests; day 28......139 Table A. 22. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on peak temperature of TGA curves using adjusted SS for Table A. 23. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on calculated crystallinity based on X-ray diffraction results of formulation using adjusted SS for Tests ......143

Table B. 1. One way analysis of variance (ANOVA) for effect of storage on (1) water activity (aw); (2) moisture content (MC %); (3) T1; (4) T2 of each formulation using Table B. 2. Analysis of variance of starch based confectionery. Effect of storage on hardness of each formulations using adjusted SS for Tests......164 Table B. 3. Analysis of variance of starch based confectionery. Effect of storage on glass transition temperature (Tg) of each formulations using adjusted SS for Tests169 Table B. 4. Analysis of variance of starch based confectionery. Effect of storage on Table B. 5. Analysis of variance of starch based confectionery. Effect of storage on Table B. 6. Analysis of variance of starch based confectionery. Effect of storage on Table B. 7. Analysis of variance of starch based confectionery. Effect of storage on Table B. 8. Analysis of variance of starch based confectionery. Effect of storage on Relative Area 1 (RA1) for each formulation using adjusted SS for Tests......192 Table B. 9. Analysis of variance of starch based confectionery. Effect of storage on Relative Area 2 (RA2) for each formulation using adjusted SS for Tests......197 Table B. 10. Analysis of variance of starch based confectionery. Effect of storage on Relative Area 3 (RA3) for each formulation using adjusted SS for Tests......202 Table B. 11. Analysis of variance of starch based confectionery. Effect of storage on Relative Area 4 (RA4) for each formulation using adjusted SS for Tests......207 Table B. 12. Analysis of variance of starch based confectionery. Effect of storage on Moisture loss % on obtained from TGA curves using adjusted SS for Tests.......210

# LIST OF FIGURES

# FIGURES

Figure 1-1. Possible behaviors of protein-polysaccharide mixture3
Figure 1-2. Type of monosaccharides existing in nature7
Figure 1-3. Structure of different monosaccharides9
Figure 1-4. Bragg' law10
Figure 1-5. Example X-ray Diffraction pattern11
Figure 1-6. Typical TGA thermogram
Figure 1-7. Simple TGA thermogram that represent the first decomposition stage 14
Figure 1-8. Schematic representation of the determination of glass transition
temperature15
Figure 1-9. Schematic representation of frequency scales for different NMR
techniques
Figure 3-1. X-Ray Diffraction Pattern of starch based soft candies (a)-(c) at the $0^{th}$ day
of storage (b)-(d) 28 <sup>th</sup> day of storage (e)-(f) change in pattern as a result of SPI addition
Figure 3-2. Calculated Total Crystallinity of formulations at the 28th day of storage
Figure 3-3. TGA thermogram of starch based soft candies (a) replacement of D-
allulose for 11% starch and (b) replacement of D-allulose for 9% Starch43
Figure 3-4. Optical microscopic images of starch based soft candies44
Figure 3-5. Representative T2 Relaxation Spectrum of starch based soft candies at the
Oth day of storage (a)-(c) as a result of D-allulose replacement (b)-(d) as a result of
SPI replacement (e)-(f) at the 28th days of storage as a result of D-allulose
replacement
Figure 3-6. <sup>1</sup> H spin-lattice relaxation time curves of starch based confectionery
products

Figure 3-7. <sup>1</sup> H relaxation dispersion data of starch based confectionery products	s 57
Figure 3-8Renormalized Rouse Model for <sup>1</sup> H spin-lattice relaxation time cur	ves of
starch based confectionery products	58

### **CHAPTER 1**

### **INTRODUCTION**

### 1.1. Confectionery Gels

Confectionery gels are composed of high amount of sugar components such as sucrose and glucose syrup, gelling agents such as starch, gelatin or pectin along with food flavorings and colorings.

Gelatin is most common gelling agent used in gummy confections as it provides desired texture and appearance which are main concern of consumers. Gelatin is a biopolymer obtained by the mammalian protein; collagen and can undergo gelation thermoreversibly when its concentration exceeds 2-3%. Gelation start with the creation of a cross-linked structure by hydrogen bonding and formed gel strengthen upon cooling depending on gelatin concentration, ionic strength and pH (Marfil, Anhê, & Telis, 2012)

On the other hand, there are many concerns on consuming gelatin in some segments of the population because of its animal based nature. In this regard, pectin and thin boiled starch is preferred for formulation on confections. Thin boiled starch is produced by acid hydrolysis and give base structure to gels by providing greater acid and heat stability. Gel formation is obtained by gelatinization of starch molecules upon heating as a result of swelling of starch molecules in water. Therefore, water, concentration and the amount and type of sugar are important for formation of gel and further characteristics. Pectin is another gelling material for the production of confectionery products because of its low cost and easy availability. Pectin is a complex polysaccharide obtained from plant cell walls. Gels prepared by pectin can be classified as low methoxy (LM) and high methoxy (HM) depending on degree of esterification of carboxyl groups (Sessler, Weiss, & Vodovotz, 2013). HM pectins are generally used for confectionery products as they form gel at low pH in the presence of high solid content (sugar). In order to create pectin gels; ratio of sucrose: pectin, acidification level, sugar concentration are the parameters to be controlled (Burey, Bhandari, Rutgers, Halley, & Torley, 2009).

In ordinary gel systems, unlike confectionery gels, gelation is a simple process like dissolution and gel formation of biopolymers in an aqueous environment (Burey et al., 2009; V. Tolstoguzov, 2000). However, addition of sugar greatly influence the standard gelation because of low mobility of water and high solid content (Kasapis, Al-Marhoobi, Deszczynski, Mitchell, & Abeysekera, 2003). Sugar content can also greatly contribute to the formation of gel and final behavior of confectionery products depending on gelling agent used. High concentration of sugar (40-60%) have been shown to reduce the effect on chain-chain association in starch based confections due to increase on the critical gelling concentration for gel formation, while gelatin network was promoted as sugar concentration increased (Burey et al., 2009; Kasapis, Mitchell, Abeysekera, & MacNaughtan, 2004). For high methoxy pectin based gels, gelation is not possible without sugar (Fraeye et al., 2010; Jaramillo, Roberts, & Coupland, 2011).

Most of the commercial food gels contain one or more gelling components, in this respect they are usually considered as composite gel systems. However, it should be kept in mind that in the case of mixed biopolymer systems, phase separation which depends on critical gelling concentration, shape and competition between polymers could be observed (De Kruif & Tuinier, 2001; V. B. Tolstoguzov, 2017; Zasypkin, Braudo, & Tolstoguzov, 1997).



Figure 1.1. Possible behaviors of protein-polysaccharide mixture (Burey et al., 2009).

Protein and polysaccharides are widely used structural components, and their interaction can result in segregation or complexation depending on exceeding critical polymer concentration (Figure 1-1). Therefore, it is important to choose the proper polymer combination and concentration for the formation of the gel matrix and further stability (Burey et al., 2009). There are many researches that were conducted to investigate the confectionery gel systems containing more than one gelling agent including protein and polysaccharide (Gu, Ahn-Jarvis, & Vodovotz, 2015; Marfil et al., 2012; Ong, Whitehouse, Abeysekera, Al-Ruqaie, & Kasapis, 1998; Sessler et al., 2013; Siegwein, Vodovotz, & Fisher, 2011). In this study, starch and soy protein composite gels were used to develop a confectionary product. In the following sections these polymers will be discussed in detail.

#### 1.1.1. Starch

Starch is a semi crystalline polymer containing amylose and amylopectin. Amylose is a linear polysaccharide whereas amylopectin is the highly branched fraction (Stawski, 2008). These two main components have distinct effect on functional properties of starch such as gelatinization, pasting, gelling or retrogradation (Ai & Jane, 2017).

Starch is one of the most important macro-constituents used for various functions in food industry including gelling agent, thickener, textural stabilizer, or film former. In confectionery products also, starch could have been assigned to provide gel structure and give desired textural character to the final product (Jangchud, Jangchud, & Prinyawiwatkul, 2013).

Gels prepared by native starch are characterized as firm and brittle and have low shear and thermal resistance. However, structural and functional properties of starch can be improved depending on the area to be used by applying different modifications (Chen, Kaur, & Singh, 2017; Siegwein et al., 2011). It was reported that acid-hydrolyzed; i.e; thin boiled starch is the most proper for production of confectionery products due to its low hot paste and high gel viscosity with greater acid and heat resistance (Burey et al., 2009; Jangchud et al., 2013).

In almost all applications, starch gelatinization is the major step for processing. Gelatinization is the term used to describe step change in viscosity at gelatinization temperature  $T_{gel}$  and creation of a gel network in the presence of water (Burey et al., 2009; Villanueva, Ronda, Moschakis, Lazaridou, & Biliaderis, 2018). Degree of gelatinization is important for confectionery products from production to shelf life in many stages. At this point, molecular interaction with water is important to be controlled for gelatinization of starch as water acts as both as a solvent and plasticizer. Water concentration affects the gel structure and heat treatment that is required to gelatinize the starch. In the presence of limited water (<30%),  $T_{gel}$  increases. Confectionery products contain high amount of sugar (>60%) and keep some of water

in the system creating less available water for starch gelatinization due to insufficient swelling and disruption of starch granules (Beleia, Miller, & Hoseney, 1996; Burey et al., 2009). Thus, concentration should be controlled to achieve a gel having the desired structure.

Obtained gel matrix after gelatinization is a metastable structure and changes over time and this change results in retrogradation and syneresis as a result of molecular reconfiguration. The term retrogradation is described as the irreversible transition of solubilized components to insoluble microcrystalline structure. Several variables such as amylose/amylopectin ratio, temperature, botanical source of starch or presence of other ingredients like sugar, salt or surfactants can affect the rate of retrogradation (Belitz, Grosch, & Schieberle, 2009; Fennema, 1996). However, it has been stated that sugars have stabilizing effect on gel matrix by inhibiting the reorganization of starch granules to form crystalline structure and sucrose has been found to be more effective on stabilization compared to glucose and fructose (Burey et al., 2009; Prokopowich & Biliaderis, 1995).

### **1.1.2. Soy Protein Isolate**

Soy protein isolate (SPI) is a widely used ingredient in formulations to increase the nutrition value and improve texture (Berghout, Boom, & van der Goot, 2015; Renkema & Van Vliet, 2002).

SPI is obtained from the residue after the extraction of soybean oil and has protein content over 90%. It is composed of , two major fractions which have different molecular weight and structure; 7S and 11S globulins which directly affect the functional properties such as water holding capacity and gelation (Jideani, 2011; Utsumi & Kinsella, 1985). It is known that interaction of protein and water is important for the gelation of the protein. It was stated that SPI had the highest water binding capacity and protein content among the soy protein based products and small amount of polysaccharide found could affect water absorption and gelation behavior of SPI (Jideani, 2011).

Protein gels has been defined as high moisture, continuous 3D network that preserve their structure upon deformation (Berghout et al., 2015). Gel formation of proteins can be induced by pH, heat or ionic strength by creating noncovalent interactions and hydrophobic interactions. It has been stated that for gelation of SPI, heat treatment is a prerequisite for protein unfolding and further hydrophobic interaction or formation of disulfide bridges (Berghout et al., 2015; Utsumi & Kinsella, 1985). Heat induced gelation is highly affected by protein substrate concentration. Coagulation can occur instead of gelation if protein concentration is not high enough (C. Tang et al., 2005).

In the literature, SPI has been widely investigated in various cases including composite gels systems because of better handling characteristics (Hua, Cui, & Wang, 2003; Jaramillo et al., 2011; Ryan & Brewer, 2007; Sessler et al., 2013; Siegwein et al., 2011; Sorgentini, Wagner, & Anon, 1995) and functional properties of SPI can be improved when it is used with polysaccharides (Hua et al., 2003). Studies demonstrated that improved textural characteristics (Abd Karim, Sulebele, Azhar, & Ping, 1999), increased water holding capacity (Sánchez, Bartholomai, & Pilosof, 1995), altered storage stability (Siegwein et al., 2011) are possible when starch-SPI mixture is used. Thus, it is possible to use SPI in confections with the combination of mixed biopolymer.

### 1.1.3. Rare Sugar

Increased consumption of ready to eat food, snacks and confectionery products is closely related to prevalence of many diseases like obesity, cancer or cardiovascular diseases. With the increase in obesity, people especially in urban area become more interested in consuming organic, unadulterated, sugar free and protein rich foods. Many gel confections consist of high amount of sucrose and glucose syrup and increasing concerns about reduction of sugar consumption cause a trend on using low and non-calorie sweeteners as a substitute for sucrose. While addition of sweeteners reduces calorie intake, their functionality may fail. Also, many most common artificial sweeteners have many concerns about the safety of consumption or unpleasant after taste. Therefore, there is a growing consumer preference for natural sweeteners. Recently, rare sugar which is type of monosaccharide found in nature in small amounts provides promising application in terms of processing and rheological characteristic with positive health effects. Different types of rare sugars and their existence is shown in Figure 1-2. More than 50 kinds of rare sugar exist but D-allulose is the one which has the lowest energy density (Hossain et al., 2015).



Figure 1.2. Type of monosaccharides existing in nature (Izumori, 2015)

D-allulose, is C-3 epimer of fructose (Figure1-3), is a reducing sugar with a ketone group which has a sweetness 70% of sucrose with a lower caloric value of 0.39 kcal/g due to poor digestion (Izumori, 2015; Mu, Zhang, Feng, Jiang, & Zhou, 2012). Systematic name of D-allulose is D-ribo-2-hexulose and it has been mentioned as D-psicose in many researches on the literature. As can be inferred from the name 'rare

sugar', is rarely found in nature. However, it can be produced through isomerization with the use of enzyme *D-tagatose 3-epimerase* from D-fructose (Hossain et al., 2015) thus its mass production has become possible.

In 1999, the biotechnology Professor Ken Izumori, who has been studying rare sugar at Kagawa University since 1968, discovered that an enzyme found in a bacterium could synthesize rare sugar from other 6-carbon sugars like fructose. However, production process is very complex, due to the fact that the production cannot be made to a large extent for a very long time. First large-scale production has been made in the Rare Sugar Research Center established at Kagawa University. After D-allulose has been approved as generally recognized as safe (GRAS) by FDA in 2014, it began to attract the attention of producers as an alternative to Splenda, which is used as a natural sweetener in the market (Han, 2015).

The first commercial production is made by the Japanese-origin company, Matsutani, in varying forms of D-allulose like syrup and crystal table sugar. With the increase in popularity of D-allulose, it is also being produced by companies with different origins. Today, many companies such as Savanna Ingredients GmbH (Germany), Bonumose (USA), Ingredion (USA), and Tate and Lyle (UK) produce and sale D-allulose commercially. According to data cost of production of D-allulose has dropped to \$ 10-20 for 1 kg (Daniells, 2016).



Figure 1.3. Structure of different monosaccharides (Hossain et al., 2015)

In the literature, many researches have been conducted on the use of D-allulose in both real and model food systems. According to studies, the most obvious and prominent result is that more antioxidant substances are produced through Maillard reaction and these substances give anti-oxidative properties to foods (Sun, Hayakawa, Ogawa, & Izumori, 2007). Also researches have shown that D-allulose promote gelatinization by providing greater amount of water for starch gelatinization which make retrogradation slower (Ikeda, Furuta, Fujita, & Gohtani, 2014). Other than antioxidant activity, the use of D-allulose alters emulsification, foaming capacity, and texture. In the study of physical and chemical properties of meringues, with the addition of D-allulose as a sucrose replacer, better foaming capacity and decreased air bubble size were obtained which indicated more stable foams (O'Charoen, Hayakawa, Matsumoto, & Ogawa, 2014). Considering the purpose of the use of sucrose such as contribution of texture and sensory and providing mouthfeel, D-allulose can be good substitute of sucrose, with better rheological and textural behavior.

### **1.2.** Characterization of Confectionery Products

### **1.2.1. X-Ray Diffraction**

X-ray diffraction (XRD) is a characterization technique that is useful for getting information about structures, crystallinity or texture. Each set of lattice planes in a matrix has different diffraction pattern depending on the specific atomic positions within the lattice plane when they are subjected to same wavelength of X-ray. In other words, when a crystal structure interacts with X-ray, diffraction pattern that is formed is unique for that crystal. Therefore, each diffraction pattern defines the specific crystals as a kind of fingerprint (Kohli, 2012).



Figure 1.4. Bragg' law

Bragg's Law is the most commonly used theory to explain X-ray diffraction. The theory is about relating the angle  $\theta$  where intensity of diffraction is maximum, to the wavelength  $\lambda$  and distance d between two atoms in a lattice (Figure 1-4). A typical X-ray diffraction pattern therefore contains diffraction peaks or lines at specific 2 $\theta$  positions with different intensities. As an example X-ray diffractogram is shown in Figure 1-5., diffraction patterns of samples are given as a function of 2 $\theta$ . While

interpreting the diffractogram, sharp and high intensity peaks are associated with crystalline regions whereas broad peaks indicates amorphous structure. Also, higher intensity could be associated with more crystalline structure (Eliasson, 2010).



Figure 1.5. Example X-ray Diffraction pattern

In confectionery products, recrystallization of sugar molecules and retrogradation of starch are important changes to be controlled in terms of quality and texture. In this regard, X-ray diffraction (XRD) analysis stands out to characterize starch or sugar molecules in crystalline form (Mizuno, Mitsuiki, & Motoki, 1998; Skibsted, Risbo, & Andersen, 2010). XRD pattern of starch granules have been previously reported in several researches (Dankar, Haddarah, Omar, Pujolà, & Sepulcre, 2018; Das et al., 2010; Demirkesen, Campanella, Sumnu, Sahin, & Hamaker, 2014a; Nagaraj, Sasidharan, David, & Sambandam, 2017; Ozge Ozkoc, Sumnu, & Sahin, 2009; Ribotta, Cuffini, León, & Añón, 2004a), and can vary depending on botanical source

of starch, crystallization of amorphous parts or interaction of amylose with lipids (Ozkoc, Sumnu, Sahin, & Turabi, 2009; Ribotta et al., 2004a). On the other hand, XRD can be used not only for detecting starch crystals but also, crystallization of sucrose (Leinen & Labuza, 2006).

It is possible to calculate total crystallinity of a sample by separation and integration of the areas under crystalline and amorphous X-ray diffraction peaks (Ribotta et al., 2004a). In order to calculate relative crystallinity following model described by Ribotta et al (YIL), can be used;

$$Total Crystallinity (TC) = \frac{I_c}{I_c + I_a}$$

Where  $I_c$  is the integrated intensity of crystalline phase and  $I_a$  is the integrated intensity of amorphous phase.

#### **1.2.2.** Thermogravimetric Analysis

Thermogravimetric analysis (TGA) is a technique based on measurement of mass of sample as function of temperature. As temperature increases mass loss is observed in polymers and polymer containing systems. Resulted TGA curves consists of several weight loss steps caused by chemical reactions or physical transitions (Widmann, Schubnell, Riesen, Schawe, & Darribère, 2001).

TGA is widely used to characterize starch and starch combined food matrices by providing simple thermogram at the end of the experiment (Botosoa, Chèné, Blecker, & Karoui, 2015). With the use of TGA, it is possible to investigate the difference in thermal stability or resistance of starch components (Teramoto, Motoyama, Yosomiya, & Shibata, 2003), determine amylose and amylopectin content (Stawski, 2008). Beside these, research has shown that TGA can be used to detect retrogradation of starch with significant increase in bound water during storage (Tian, Li, Xu, & Jin, 2011).



*Figure 1.6.* Typical TGA thermogram

A typical TGA thermogram is given in Figure 1-6., representing the decomposition stages and what type of decomposition/mass removal they belong. First two stages are related with the removal of volatiles and plasticizers. Water can be considered as both volatile and a plasticizer in food systems as it is found in free and bound form depending on the product. Moisture content is the term used for all water content in the system covering both free and bound and it is possible to use TGA for determination of moisture content (%) by using mass loss in the first or first two decomposition stage (Tomassetti, Campanella, & Aureli, 1989; Zhiqiang, Xiao-Su, & Yi, 1999).

Determination of the bound water content and related temperature is given schematically in Figure 1-7.



*Figure 1.7.* Simple TGA thermogram that represent the first decomposition stage (Zhiqiang et al., 1999)

Also derivative weight loss curves can be interpreted for the determination of strength of the interaction between water and polymer found in formulations by identifying the peak temperature. The temperature related to peak shifted to right indicates strong water association (which means hard to lose moisture due to strong interaction) while temperature shifted to left indicates lower water association (which means easy to lose moisture due to weaker interaction) (Siegwein et al., 2011).

### 1.2.3. Differential Scanning Calorimetry

Differential scanning calorimetry (DSC) is a type of measurement used for determination of thermal characteristic of a sample by measuring the energy absorbed from sample as a function of temperature. System is operated to keep temperature balance. When transition occurs, energy absorbed by sample is compensated with the increased energy input which is equivalent to the energy absorbed upon transition. This energy change is recorded as endothermic or exothermic peak in a DSC thermogram depending on the transition.
Determination of glass transition temperature is one of the most common reason to use DSC experiments. Glass transition temperature  $(T_g)$  is the term used to express thermal transition from rubbery to glassy state where behavior of systems completely changes. Especially for confectionery products,  $T_g$  is an important parameter which is used to predict the storage stability and crystallinity of samples upon storage. Starch based confections are initially amorphous semisolids that exhibit unstable heterogeneous structure and susceptible to rubber to glass transition upon storage (Karim, Norziah, & Seow, 2000a).

 $T_g$  is observed as a step wise change in a DSC thermogram (Spink, 2008). However, it is important to note that the term of 'step wise change' express a temperature range not a single temperature (Roos, 2010). The starting and final temperature of step change are named as onset ( $T_{onset}$ ) and end set ( $T_{endset}$ ) temperatures, and the midpoint of these temperatures is expressed as the glass transition temperature ( $T_g$ ) (Figure 1-8.a). Also, heat capacity/temperature curves can be useful for determination of  $T_g$  since sample has different heat capacities depending on whether temperature is above or under  $T_g$  (Figure 1-8.b).



*Figure 1.8.* Schematic representation of the determination of glass transition temperature (Humboldt University of Berlin, 2009)

There are some factors affecting the glass transition temperature such as molecular weight of the polymers in the system, degree of crosslinking, or concentration of plasticizers (De Graaf, Madeka, Cocero, & Kokini, 1993). Also, change in the reorganization of polymer chains has significant effect on T<sub>g</sub>. Retrogradation is one of the most common phenomena occurs in food containing starch and there have been many researches which have investigated the effect of retrogradation on thermal behavior of food matrices (Demirkesen, Campanella, Sumnu, Sahin, & Hamaker, 2014b; Karim, Norziah, & Seow, 2000b; Mizuno et al., 1998; Ribotta, Cuffini, León, & Añón, 2004b). DSC can be used not only for determination of retrogradation but also for the gelatinization degree of starch. Therefore, obtained thermogram have been interpreted to examine whether gelatinization was complete or not (Zobel, Young, & Rocca, 1988). As an example, a peak is observed on a thermogram at gelatinization temperature when the sample is partially gelatinized.

# 1.2.4. NMR Relaxometry

Nuclear Magnetic Resonance (NMR) Relaxometry which is a nondestructive and noninvasive technique that has been used to characterize molecular dynamics in various matrices. Therefore, low field (LF) and time domain (TD) NMR relaxometry is widely used in food industry for many purposes including, droplet size measurement, water and fat content determination, compositional and structural characterization or mathematical modelling of heat and mass transfer (Kirtil & Oztop, 2016; F Mariette, 2010). Also, it has been widely used for characterization of starch alone and starch water interaction (Sung Gil Choi & Kerr, 2003; Fan et al., 2013; Farhat, Loisel, Saez, Derbyshire, & Blanshard, 1997; Hansen et al., 2009; Kovrlija & Rondeau-Mouro, 2017; Ozel, Dag, Kilercioglu, Sumnu, & Oztop, 2017; Zhu, 2017).

NMR Relaxometry is based on monitoring the relaxation of excited signal which is created by a radio frequency (RF) pulse in a static magnetic field. The relaxation term is used for the time for protons to turn back to their previous states. The relaxation of both longitudinal ( $T_1$ ) and transverse ( $T_2$ ) magnetization can give various information about the whole sample. Also, it is possible to differentiate different proton pools with the signal obtained during  $T_1$  and  $T_2$  relaxation times (Kirtil & Oztop, 2016). Longitudinal relaxation time  $T_1$  which is also called as spin-lattice relaxation time has been defined as the time it takes for spins to give their energy back received from the RF pulse and it is strongly related to mobility of protons or crystal structure of solid phases. On the other hand, transverse relaxation time  $T_2$ , spin-spin relaxation time, is the time required for transverse magnetization to reach the equilibrium value of zero. It provides information about the mobility of hydrogen molecules by attributing to the immobile structure in the case of short  $T_2$  and, whereas mobile structure in long  $T_2$ (Hansen et al., 2009; Ozel, Dag, et al., 2017).

NMR measurements are based on the measurement of relaxation of protons in a sample. Therefore, it can be concluded that signal coming from sample is contributed by all protons in the matrix which make it possible to monitor dynamics of each components and internal structure at the end of NMR experiment (Farhat et al., 1997; Hansen et al., 2009). At that point, T<sub>2</sub> relaxation spectrum analysis may help to understand contributions of each proton pools and water distributions. In order to obtain relaxation spectrum, T<sub>2</sub> relaxation curves are analyzed by Non-Negative-Least-Square (NNLS). As a result of this analysis, depending on the sample, different numbers of peaks (proton pools) could be observed indicating solid-solid, solid-water or water entrapped in matrix (Ozel, Uguz, Kilercioglu, Grunin, & Oztop, 2017).

# 1.2.5. Fast Field Cycling Relaxometry

FFC Relaxometry is another NMR based method that has started to be used in food industry with growing interest on understanding molecular dynamics and phase transitions in a food matrix. Several research and applications of FFC Relaxometry reveals that it can be used as quality control tool for detection of spoilage and shelf life of milk, fruit or meat (Capitani et al., 2014; Conte, Bubici, Palazzolo, & Alonzo, 2009; Steele, Korb, Ferrante, & Bubici, 2016), determination of geographical origin of oils and food fraud (Baroni, Consonni, Ferrante, & Aime, 2009; Conte, Maccotta,

De Pasquale, & Alonzo, 2010; Rachocki & Tritt-Goc, 2014), aging level of cheese products by degree of hydration (Godefroy, Korb, Creamer, Watkinson, & Callaghan, 2003).

The technique based on measurement of spin-lattice relaxation rate  $,1/T_1$ , along a wide range of frequencies than standard NMR relaxometry by providing enhance characterization of molecular dynamics of variety of substances (Kimmich & Anoardo, 2004; Neudert, Mattea, & Stapf, 2018).



Figure 1.9. Schematic representation of frequency scales for different NMR techniques (Kimmich & Anoardo, 2004)

At the end of the measurement data can be displayed as rate  $(1/T_1)$  versus the frequency (MHz) which is known as NMR dispersion (NMRD) curve by providing detailed information about relaxation mechanism with the help of strong frequency dependence of R<sub>1</sub> at especially low fields (Chávez & Halle, 2006). However, it is important to interpret data with a proper model in dynamically complex and heterogenous systems (Villa et al., 2001). Different models can be interpreted to analyze NMRD profiles. Rouse model is used for homogeneous viscous medium where molecular weight of the polymer is below the critical molecular weight (M<sub>c</sub>), while renormalized Rouse Model is used for modelling for entangled polymer chain

where molecular weight is above than M<sub>c</sub>. In other words, Renormalized Rouse Model is more useful when polymer chain dynamics is not dominated because of neighboring chains confinement (Kimmich & Anoardo, 2004). Presence of more than one gelling agent and high sugar concentration create a competition for water and may restrict chain dynamics in confectionery products. In this regard, it can be said that Renormalized Rouse Model could be useful to model the data and understand molecular dynamics. Moreover, it has been stated that different relaxation dispersion regimes can be observed for many complex systems and these distribution can be analyzed by Renormalized Rouse relaxation model that obey power laws with different exponents (Tavares, da Silva, Silva, & Sebastião, 2019).

# 1.3. Objective of the Study

This study was funded by and the Scientific & Technological Research Council of Turkey, with proposal number 116O759. The goal of the project is to design different confectionery products with rare sugar (D-allulose), use low resolution NMR relaxometry to characterize confectioneries with the combination of other physical and chemical characterization methods.

In this thesis, the objectives are listed as follows;

- To introduce and determine potential usage of rare sugar D-allulose in starchbased confections
- To formulate stable confections and investigate time dependent stability of confectionery gel systems

To characterize confections in terms of time domain low field NMR Relaxometry, Xray Diffraction, Differential scanning calorimetry (DSC), and Thermogravimetric analysis (TGA) and other physical measurements

## **CHAPTER 2**

# **MATERIALS AND METHODS**

# 2.1. Materials

Sucrose (Bal Küpü, Aksaray, Turkey) was purchased from a local market in Ankara, Turkey. D-Allulose (All-u-Lose) was purchased from Santiva Inc. Downers Grove, IL, USA. Soy protein isolate having a protein content 90% (Alfsasol, Turkey) was used. Acid modified starch and corn syrup (DE=42) were provided by Kervan Gıda (İstanbul, Turkey). Sodium azide ( $\geq$ 99.99% trace metals basis) (Sigma-Aldrich Chemical Co., St. Louis, MO, USA) was used at a final concentration of 0.02% (w/w) in all formulations to prevent microbial growth.

#### 2.2. Methods

#### 2.2.1. Preparation of Samples

Starch gels was prepared according to the method of (Siegwein et al., 2011) with some modifications. Starch was mixed with two times amount of water by its weight and gelatinized in an oil bath at 140 °C for 5 minutes until it was dissolved completely. During this time, the sugar syrup-powder sugar mixture was mixed in a glass beaker with the remaining water and boiled up to 115 °C. After that, the gelatinized starch-water mixture was mixed with the 115 °C syrup mixture. For the soy protein formulations, the soy protein was introduced at this step and homogenized with a high shear homogenizer at 10,000 rpm for 1 min (WiseTisHG-15D, Wertheim, Germany). The Brix value was measured by a digital refractometer (Hanna, HI96801, USA) and cooking was continued at 140 °C until 75 °Brix was obtained. The mixture was then poured into molds prepared by powdered starch with dimensions of 2.5\*2.5\*2cm and kept at 38 °C for 36 hours. After drying, the starch on the samples were brushed and

gels were stored in polyethylene bags at 25 °C. Composition of the gel samples were given in Table 2-1.

Name	Starch (%)	D-allulose (%)	Sucrose (%)	Soy Protein Isolate (%)
11_S0_R0	11	0	30	0
11_S0_R10	11	10	20	0
11_S0_R20	11	20	10	0
11_S0_R30	11	30	0	0
9_S2_R0	9	0	30	2
9_S2_R10	9	10	20	2
9_S2_R20	9	20	10	2
9_S2_R30	9	30	0	2

Table 2.1. Concentrations of D-allulose and SPI in different formulations

# 2.2.2. Characterization of Confectionery Products

# 2.2.2.1. Water Activity

Aqualab 4TE (METER Group, Pullman, WA) was used for water activity measurements. Water activities of samples were directly recorded from the instrument. Experiments were conducted at 25°C in replicates during the 0,7,14,21,28 days of storage.

#### 2.2.2.2. Moisture Content (%)

In vacuum oven drying, evaporation of water inside the food is promoted by vacuum and drying takes place at lower temperatures than conventional drying methods. It is a preferable method for high sugary products which is susceptible to thermal decomposition like caramelization and Maillard. Calculation of moisture content is based on the taking difference between initial and final weight of sample. In the study, moisture contents of the formulations were measured using a vacuum oven (DAIHAN, Germany) at 70 °C for 4 hours. Weight loss from samples were used to calculate the moisture content of samples.

## 2.2.2.3. Texture Analysis

Hardness of starch-based gels were measured by using a Texture Profile (Lloyd Instruments, TA Plus, Hants, UK). 10 mm cylinder shape probe was attached to the instrument for the measurement. The instrument was set to a speed of 100 mm/min and preload of 0.1 N, with 40% compression to simulate chewing. In addition to hardness, cohesiveness and adhesiveness were measured, but they were not recorded due to non-meaningful results. Experiments were carried out at 0,10, 20,30 days in replicates. For exporting and reporting the data NEXIGEN Texture analysis software was used.

#### 2.2.2.4. Color Measurement

The color analysis of gels was performed using a spectrophotometer (Konica Minolta Spectrophotometer, CM-5, Japan). The a\* (red-green), b\* (yellow-blue) and L\* (lightness) values were recorded for each sample by measuring the surface color for the first day following production.

# 2.2.2.5. X-Ray Diffraction Analysis

X-Ray Diffraction experiments were conducted by using a Rigaku Ultima-IV X-Ray Diffractometer (Japan) at 40kV and 30 mA. Data were collected by the method of

Suput et al. (2015) between 4-70 °C with the 20 range. In order to evaluate the effect of crystallization of sugars, samples containing only sucrose (11\_S0\_R0 & 9\_S2\_R0) and only D-allulose (11\_S0\_R30 & 9\_S2\_R30) were analyzed on 0<sup>th</sup> and 28<sup>th</sup> days following production. Crystalline peaks were analyzed using PDXL software (Rigaku) by separation and integration of the areas under crystalline and amorphous regions. The crystallinity degree of the samples was determined based on the method described by (Demirkesen et al., 2014b; Ribotta et al., 2004a)

$$Total Crystallinity (TC) = \frac{I_c}{I_c + I_a}$$

Where  $I_c$  is integrated intensity of crystalline phase and  $I_a$  is the integrated intensity of amorphous phase.

# 2.2.2.6. Differential Scanning Calorimetry (DSC)

DSC 4000 (Perkin Elmer, MA, USA) was used by applying pure nitrogen gas through the system with a flow rate of 19.8 ml/min for measurement of approximately 10 mg sample in hermetically sealed pans. An empty aluminum pan was taken as the reference for all measurements. Samples were cooled from 25 °C to -65 °C with a rate of 5 °C/min and heated from -65 °C to 35 °C at a rate of 5 °C/min. Analyzes were repeated for 0<sup>th</sup> and 28<sup>th</sup> day samples after storage to understand the change in glass transition temperature as a result of crystallization. Pyris Manager software was used for the data treatments to calculate glass transition temperature (T<sub>g</sub>).

# 2.2.2.7. Thermogravimetric Analysis

Thermogravimetric analysis was conducted by using Perkin Elmer Pyris1 (Perkin Elmer, MA, USA). Samples were analyzed at both 1<sup>st</sup> and 28<sup>th</sup> days of storage. The experiment was operated from 25 °C to 350 °C at a heating rate of 5 °C/min under nitrogen. Mass loss at first decomposition stage (up to 150 °C) was analyzed to

determine bound water content and moisture content were related directly with mass loss.

#### 2.2.2.8. Optical Microscopy

Starch based gels were analyzed under a light microscope (PrimpVert, Zeiss, Jena, Germany) to observe the gelatinization level of starch granules in different formulations. Small amount of gels was placed into a microscope slide and images were taken at 20X magnification by a microscopic camera (SONY CCD Color Digital Video C-Mount Microscope Camera, Tokyo, Japan).

## 2.2.2.9. Time Domain NMR Relaxometry

TD NMR Relaxometry experiments were conducted on a 0.5 T NMR low resolution system (Spin Track, Russia) operating at a Larmor frequency of 20.34 MHz. Relaxation period (TR) and observation time were chosen as 300ms and 400ms respectively in saturation recovery sequence for  $T_1$  measurements. For  $T_2$ measurements, Carr-Purcell- Meiboom-Gill (CPMG) sequence was used with 40 us echo time, 400-700 echoes depending on the formulation. 4 scans were used for both  $T_1$  and  $T_2$  measurements and experiments were performed for all samples in duplicates upon storage. Mono-exponential fitting was conducted for  $T_1$  relaxation curves by MATLAB and Non-Negative-Least-Square (NNLS) analysis was conducted on  $T_2$ curves to obtain a relaxation spectrum using PROSPA (Magritek , New Wellington, New Zealand ).

#### 2.2.2.10. Fast Field Cycling Relaxometry

Rate of proton spin-lattice relaxation measurements of starch based confectionery products have been carried out with the use of field-cycling relaxometry (Stelar, SpinMaster, FFC200, Italy) by using the method of Płowaś-Korus with some modifications (Płowaś-Korus et al., 2018). FFC measurements were conducted in the laboratory of Professor Danuta Kruk in the University of Warmia and Mazury in

Olsztyn (Poland). Data have been collected at a frequency range of 4 kHz–30 MHz The measurements were conducted only for 4 formulations in order to evaluate the effect extreme concentrations of different sugars (D-allulose and Sucrose) on the gelatinization behavior of starch and effect of substitution of SPI on structural properties of confectionery products for freshly prepared samples. In order to simulate storage conditions, temperature was kept constant at room temperature (25 °C). NMRD curves were obtained from the experiments and data were modelled to Renormalized Rouse Model using FITTEA software.

# 2.2.2.11. Statistical Analysis

Statistical analysis for all the experimental results were done by analysis of variance (ANOVA) with the general linear model tool of Minitab (Minitab Inc., Coventry, UK). For the comparison of results, Tukey's comparison test was used at 95% confidence interval.

As seen on the formulation table (Table 2.1), total polymer concentration was kept at 11% and SPI was tested at a level of 2% concentration on the formulations. That is why, while naming the factors in the ANOVA 'starch' concentration was used as one of the factors with 2 levels (9 and 11%) and D-Allulose concentration was the other factor (10, 20, 30%). In addition, storage experiments were also conducted for most of the physical parameters measured. Thus 'storage time' was another factor studied. Frequency of the storage experiments changed for different experiments. They are summarized in the following table (Table 2.2)

Experiments	The days conducted
Moisture Content (%)	0, 7, 14, 21, 28
Water activity	0, 7, 14, 21, 28
TD-NMR	0, 7, 14, 21, 28
Texture Analysis	0, 10, 20, 30
X-ray Diffraction	0, 28
DSC	0, 28
TGA	0, 28

Table 2.2. Frequency of storage experiments

Two-way ANOVA was conducted for the formulations at each day to understand the effect of starch concentration and allulose substitution. For evaluating the storage time, for each formulation, one-way ANOVA was used. Assumptions of ANOVA; normality of the residuals and constant variance in the data set were checked using Anderson Darling and Barnett test at 5 % significance level respectively. Outliers were removed from the data and while considering the replicates for the data analysis, coefficient of variance (Standard Deviation/Mean) was kept at maximum 10%. All ANOVA results are provided in the Appendix section with the same order of the results presented.

## **CHAPTER 3**

# **RESULTS AND DISCUSSION**

#### **3.1. Texture Analysis**

Table 3-1. shows the hardness of starch based soft candies containing SPI and Dallulose. For fresh samples, SPI replacement caused increase in hardness values of the samples (p<0.05). Hardness (N) of the sample (11\_S0\_R10) containing only starch as a gelling agent was approximately half of the sample prepared by using 2% soy protein isolate (9\_S2\_R10). Increase in the hardness value can be explained with increased covalent crosslinks within the protein network in the presence of reducing sugar through Maillard reactions which led to increased rigidity of the protein gel network. Sun et al. (2004) showed that extent of Maillard reaction was directly correlated with breaking strength of egg white protein gel. Therefore, increased hardness was associated with increased gel strength as a result of Maillard reaction. This observation was followed by increase of hardness values of only starch containing formulations (11\_S0\_R0, 11\_S0\_R10, 11\_S0\_R20, 11\_S0\_R30) while hardness of SPI and sucrose containing formulation (9 S2 R0) decreased at  $10^{\text{th}}$  day of measurement (p<0.05). It has been reported that interactions between protein and polysaccharides can affect the gel structure, depending on the polymer concentration and compatibility of polymers (Burey et al., 2009; De Kruif & Tuinier, 2001). A discontinuous phase might have been formed and this might have caused decrease in hardness during the first 10 days for the formulation of 9\_S2\_R0. A similar disrupted starch network has been observed in the research conducted on SPI addition to starch-based confections (Siegwein et al., 2011).

The textural changes did not follow the same trend during of storage. It was found that hardness of the SPI and sucrose containing sample (9\_S2\_R0) significantly increased

between 10<sup>th</sup> and 20<sup>th</sup> days of storage and remained unchanged afterwards (p<0.05). It was hypothesized that discontinuous and disrupted starch network as a result of SPI addition might have accelerated the retrogradation and syneresis which led to obtain a firmer structure through storage.

		Hardness (N)		
Time (days)	0	10	20	30
11_S0_R0	$06.08~\pm~0.11^{\rm~cd,D}$	$19.54 \pm 0.73^{b,C}$	$35.90 \pm 2.14^{a,B}$	$46.40 \pm 0.51^{a,A}$
11_S0_R10	$07.29 \pm 0.53$ <sup>c,C</sup>	$25.32 \pm 1.33^{a,B}$	$32.99~\pm~4.10^{\rm~ab,AB}$	$39.06 \pm 3.60^{\text{b,A}}$
11_S0_R20	$04.14~\pm~0.73^{\rm~cd,C}$	$09.92 \ \pm \ 0.87^{\rm \ c,B}$	$13.23~\pm~1.03^{\rm~cd,AB}$	$13.82~\pm~0.67~^{\rm d,A}$
11_S0_R30	$02.58~\pm~0.24^{\rm~d,C}$	$04.54 \pm 0.17^{_{e,B}}$	$05.83~\pm~0.07^{\rm~d,A}$	$06.43 \ \pm \ 0.20^{~\text{e,A}}$
9_S2_R0	$23.92 \ \pm \ 0.81^{_{a,B}}$	$05.20~\pm~0.51^{\rm~de,C}$	$41.89~\pm~4.59^{\rm~a,A}$	$43.51~\pm~0.79^{\rm~ab,A}$
9_S2_R10	$17.45 \pm 2.82^{\text{b},\text{AB}}$	$07.35~\pm~0.20^{\rm~cd,B}$	$22.57~\pm~5.71^{\rm~bc,A}$	$20.21 \pm 1.84^{\text{ c,AB}}$
9_S2_R20	$06.94~\pm~0.15^{\rm~cd,AB}$	$04.17 \pm 0.12^{e,B}$	$08.49~\pm~0.89^{\rm~d,A}$	$08.54~\pm~1.04^{\rm~de,A}$
9_S2_R30	$06.07~\pm~0.57^{\rm~cd,AB}$	$03.73 \ \pm \ 0.08^{_{e,B}}$	$07.37~\pm~0.51^{\rm~d,A}$	$06.76 \pm 1.04^{\text{e,A}}$

Table 3.1. Hardness of starch based soft candies during storage

 $30^{\text{th}}$  day measurements showed that significant increase occurred in samples of  $11\_S0\_R0$ ,  $11\_S0\_R10$ ,  $11\_S0\_R20$ ,  $11\_S0\_R30$ , and  $9\_S0\_R0$  (p<0.05). This increase in hardness of samples was associated with the retrogradation of starch. Thus, hardness of only starch and sucrose containing formulation increased sharply during storage. On the other hand, D-allulose containing samples experienced relatively smaller textural changes upon storage. It has been also shown that D-allulose, promoted gelatinization by providing greater amount of water for starch gelatinization and also slowed retrogradation (Ikeda et al., 2014). Besides, as rare sugar concentration increased there was a decreasing trend in hardness values of different formulations during of storage (p<0.05). Research conducted on the effect of D-allulose on gelatinization also showed that rice cakes prepared by using sucrose was much harder than the samples prepared by using D-allulose (Ikeda et al., 2014).

Means within the same column, followed by the different small letters (a–e) are significantly different for each sample (p < 0.05) Means within the same row, followed by the different capital letters (A–D) are significantly different for each storage day (p < 0.05)

Therefore, it was not surprising to conclude that in the presence of rare sugar Dallulose, retrogradation was slower and confections stayed more stable.

#### **3.2.** Water Activity

Water activity plays an important role in the physiochemical changes, texture, aroma, taste and microbial safety (Durance, 2002). As shown in Table 3-2., water activity of the formulations significantly decreased by replacement of starch with SPI at each day of the measurement for the 28 days storage (p<0.05). It was stated that heat induced soy protein gels had poor water holding capacity accompanying with coarse and stiff structure (Tang et al., 2005). In the case of thermally induced protein gels, most important factor for gelation is the concentration of the protein. When low concentration of protein is used, coagulation rather than gelation is expected to occur (Tang et al., 2005). Also, it was clearly mentioned in another research that in order to obtain a self-supporting gel, high protein concentration (more than 7% w/w in soy proteins) was needed (Puppo & Añón, 1999). These researches indicated that SPI at concentration (2%) used in the study was not sufficient for gel formation. Although the SPI concentration of 2% was not sufficient for gel formation, polysaccharide chains which are contained in SPI can significantly absorb water (Jideani, 2011). SPI that was used in this study has 90% protein content with no fat, thus the remaining was most probably carbohydrates. Therefore, it can be concluded that the reason for the decrease in water activity was not the gelation of the soy protein isolate but binding of polysaccharide chains with water. It is also known that amines in protein chains react with reducing sugar upon heat treatment through Maillard Reaction. Addition of SPI to the formulation provided amine groups which reacted with the monosaccharides that were present in the mixture. It was stated that reaction of amines with reducing sugars resulted in the formation of covalent cross links with in the protein network which could cause higher protein-protein interaction and a better gel network (Sun, Hayakawa, & Izumori, 2004).

Water activity of the formulations significantly decreased by D-allulose substitution at each day of measurement for the 28 days of storage (p<0.05). D-allulose is a reducing sugar showing high water solubility but low water binding ability compared to sucrose. This property of D-allulose enables more available water for starch gelatinization and results in better gel network which eventually causes a decrease in free water (Ikeda, Gohtani, Fukada, & Amo, 2011; Yuanxia Sun et al., 2007). On the other hand, it was found in the research that D-allulose decreased water-protein interaction by making hydrogen bonding directly with protein through Maillard reaction. In this way hydrophobic interactions and intermolecular bonds were enhanced which contributed higher aggregation and cross-linking (Yuanxia Sun, Hayakawa, Ogawa, Fukada, & Izumori, 2008). As mentioned before, 2 % SPI was not sufficient to form a gel. However, presence of D-allulose in the formulation might have contributed to gel formation by decreasing the critical gel concentration.

aw			Time (days)		
Name	0	7	14	21	28
11_S0_R0	$0.69 ~\pm ~ 0.00$ <sup>a,A</sup>	$0.65~\pm~0.01$ <sup>a,AB</sup>	$0.64 ~\pm ~ 0.01$ <sup>a,B</sup>	$0.66~\pm~0.02^{\scriptscriptstyle a,AB}$	$0.64 ~\pm ~ 0.00$ <sup>a,B</sup>
11_S0_R10	$0.66~\pm~0.00$ <sup>b,A</sup>	$0.60~\pm~0.00^{\rm~b,C}$	$0.63 \ \pm \ 0.01^{\rm \ b,B}$	$0.57~\pm~0.00^{\rm~b,D}$	$0.60~\pm~0.01$ <sup>b,C</sup>
11_S0_R20	$0.62~\pm~0.01^{\rm~c,A}$	$0.58~\pm~0.01^{_{\rm c,AB}}$	$0.61~\pm~0.01$ <sup>c,A</sup>	$0.56~\pm~0.01^{\rm~c,B}$	$0.58 \pm 0.00^{\circ, {\scriptscriptstyle AB}}$
11_S0_R30	$0.61~\pm~0.01$ <sup>c,A</sup>	$0.57~\pm~0.00$ <sup>c,B</sup>	$0.58~\pm~0.02^{\rm~c,AB}$	$0.55~\pm~0.01^{\rm~c,B}$	$0.58 \pm 0.00^{\circ, {\scriptscriptstyle AB}}$
9_S2_R0	$0.66~\pm~0.00^{\rm~b,A}$	$0.62~\pm~0.01^{\rm \ b,AB}$	$0.62~\pm~0.01^{\rm~b,AB}$	$0.59~\pm~0.04^{\rm~b,B}$	$0.62~\pm~0.01^{\rm b,AB}$
9_S2_R10	$0.57~\pm~0.00^{\rm~d,A}$	$0.55~\pm~0.00^{\rm ~d,AB}$	$0.55~\pm~0.01^{\rm ~d,AB}$	$0.52~\pm~0.02^{\rm ~d;B}$	$0.56~\pm~0.00^{\rm~d,A}$
9_S2_R20	$0.57~\pm~0.00$ <sup>d,A</sup>	$0.55~\pm~0.00^{\rm~d,A}$	$0.57~\pm~0.01^{\rm ~d,A}$	$0.53~\pm~0.00^{\rm~d,A}$	$0.56~\pm~0.00^{\rm~d,A}$
9_S2_R30	$0.54 \pm 0.00^{\circ, A}$	$0.53~\pm~0.00^{\rm~c,AB}$	$0.51~\pm~0.02$ °,AB	$0.51~\pm~0.01^{\rm~c,B}$	$0.54~\pm~0.00^{~\rm e,A}$

Table 3.2. Water activities of starch based soft candies during 28 days of storage

Means within the same column, followed by the different small letters (a–e) are significantly different for each sample (p<0.05) Means within the same row, followed by the different capital letters (A–C) are significantly different for each storage day (p<0.05)

#### **3.3.** Moisture Content (%)

Water is one of the most important components, and the final water content effects texture and shelf life of confections significantly. Moisture content of all formulations

were found to be between 11-15.4 % which were consistent with values of standard sugar confections (Ergun, Lietha, & Hartel, 2010). As can be seen in the Table 3-3., moisture content of formulations decreased significantly with the replacement of both SPI and D-allulose for the 0 day of measurement (p<0.05). Although D-allulose is highly soluble in water, Ikeda et al. (2011) showed that water binding abilities of single D-allulose molecule was smaller than a single sucrose molecule which means less amount of hydrated water in the sugar solution. Therefore, it was hypothesized that during the preparation of sugar syrup mixture, D-allulose containing formulations might have lost more water due to evaporation, which could have resulted in lower moisture content in the final product. As indicated before, gel formation of SPI required concentrations more than 2% (Puppo & Añón, 1999; Tang et al., 2005), and it was reported that presence of SPI in starch based soft candies resulted in the disruption of starch gel network (Siegwein et al., 2011). Therefore, it was concluded that addition of soy protein isolate affected gelatinization of starch molecules due to reduced H-bonding with water which consequently resulted in more water that were susceptible to evaporation during heat treatment and lower moisture content in final product.

Mc (%)			Time (days)		
Name	0	7	14	21	28
11_S0_R0	$14.94~\pm~0.01^{\rm~ab,A}$	$13.01 \pm 2.20^{a,A}$	$13.24~\pm~0.32^{\rm~a,A}$	$12.63 \pm 0.62^{ab,A}$	$12.32 \pm 0.67^{a,A}$
11_S0_R10	$15.20~\pm~0.20^{\rm~a,A}$	$14.67~\pm~0.03^{\rm~a,A}$	$11.82~\pm~0.90^{\rm~a,B}$	$12.22~\pm~0.16^{\rm~ab,B}$	$11.31~\pm~0.09^{\rm~a,B}$
11_S0_R20	$15.44 \pm 1.83$ <sup>a,A</sup>	$13.70~\pm~0.90^{\rm~a,A}$	$12.53~\pm~0.29^{\rm~a,A}$	$11.97~\pm~0.04^{\rm~ab,A}$	$12.52 \pm 0.34^{a,A}$
11_S0_R30	$13.85~\pm~0.07^{\rm~abc,AB}$	$14.43~\pm~0.15^{\rm~a,A}$	$12.52~\pm~0.04^{\rm~a,C}$	$12.48~\pm~0.41^{\rm~ab,C}$	$13.15~\pm~0.46^{\rm \ a,BC}$
9_S2_R0	$14.09~\pm~0.01^{\rm~abc,A}$	$14.37~\pm~0.62^{\rm~a,A}$	$12.95~\pm~0.90^{\rm~a,AB}$	$13.24~\pm~0.50^{\rm~a,AB}$	$11.65 \pm 0.63^{a,B}$
9_S2_R10	$12.44~\pm~0.12^{\rm~bc,AB}$	$14.86~\pm~1.82^{\rm~a,A}$	$12.23~\pm~0.72^{\rm~a,AB}$	$11.11 \pm 0.63^{\text{b,B}}$	$11.39~\pm~0.18^{_{a,AB}}$
9_S2_R20	$12.41~\pm~0.06^{\rm~bc,AB}$	$13.68~\pm~0.49^{\rm~a,A}$	$12.16~\pm~0.04^{\rm~a,B}$	$11.72~\pm~0.24^{\rm~ab,B}$	$12.09~\pm~0.46^{\rm~a,B}$
9_S2_R30	$12.05~\pm~0.00^{\rm~c,A}$	$12.72~\pm~0.29^{\rm~a,A}$	$11.48~\pm~0.06^{\rm~a,A}$	$11.59 \pm 0.25$ <sup>b,A</sup>	$12.30 \pm 1.72^{a,A}$

Table 3.3. Moisture Content of starch based soft candies during 28 days of storage

Means within the same column, followed by the different small letters (a–c) are significantly different for each sample (p < 0.05) Means within the same row, followed by the different capital letters (A–C) are significantly different for each storage day (p < 0.05)

# 3.4. Color Measurement

Color of a food is an important parameter to understand the product quality and color changes could be used to quantify the extent of gelatinization, denaturation, Maillard, or caramelization reactions that take place during processing of food. In this study,  $L^*a^*b^*$  color model was used to evaluate the color change in the formulations at the 1<sup>st</sup> day (next day after curing), and results are given in Table 3-4.

Name	<b>L</b> *	a*	b*
11_S0_R0	$60.52 \pm 0.13^{a}$	$0.00~\pm~0.00~^{\rm e}$	$08.37~\pm~0.11^{\rm~de}$
11_S0_R10	$60.39 \pm 1.72^{a}$	$0.10~\pm~0.01~^{\rm e}$	$15.63 \pm 1.63^{\circ}$
11_S0_R20	$58.74 \pm 1.49^{a}$	$1.67~\pm~0.11$ $^{\rm d}$	$19.23 \pm 0.93$ <sup>b</sup>
11_S0_R30	$58.29 \pm 1.73^{a}$	$5.18 \pm 0.25^{\circ}$	$23.04 \pm 1.56^{a}$
9_S2_R0	$48.02~\pm~0.40~^{\scriptscriptstyle b}$	$7.23~\pm~0.44~^{\scriptscriptstyle b}$	$09.17~\pm~0.06~^{\rm d}$
9_S2_R10	$46.72 \pm 0.86$ <sup>b</sup>	$8.58 \pm 0.38$ <sup>a</sup>	$09.36 \pm 0.16^{d}$
9_S2_R20	$44.07 \pm 1.51$ <sup>b</sup>	$5.09 \pm 0.17^{\circ}$	$04.62 \ \pm \ 0.07^{\rm \ f}$
9_S2_R30	$46.70 \pm 0.02$ <sup>b</sup>	$5.45 \pm 0.35^{\circ}$	$05.27~\pm~0.31^{\rm~ef}$

Table 3.4. L, a, b values of starch based confections at the first day of storage

Different letters (a-f) represent significant difference among different formulations (p < 0.05)

Color analysis showed that L\* value did not change significantly with the substitution with D-allulose (p>0.05), but changed with the SPI displacement (p<0.05). Besides, remarkable increase in a\* (redness) and decrease in b\*(yellowness) and L\*(lightness) were observed. Visually SPI containing samples were brown in color similar with previous studies (Yuanxia Sun et al., 2008). This was direct consequence of Maillard reactions. Maillard reactions are known to effect the color and flavor significantly (Yuanxia Sun, Hayakawa, Puangmanee, & Izumori, 2006). Presence of SPI in the system provided amine groups which were capable of reacting with the reducing sugars and formed brown pigment associated with browning. It is known that D-allulose is a reducing sugar that shows high reactivity especially in Maillard reactions.

There are considerable researches conducted about accelerated Maillard reaction in the presence of rare sugar D-allulose (O'Charoen, Hayakawa, & Ogawa, 2015; Y. Sun et al., 2004; Zeng, Zhang, Guan, Zhang, & Sun, 2013). The increase in a\* and decrease in b\* values with the replacement of sucrose with D-allulose in the presence of soy protein isolate were associated with the increased Maillard reaction products formed.

Images of some formulations (11\_S0\_R0, 11\_S0\_R30, 9\_S2\_R0, 9\_S2\_R30) after cooking were given in appendix part in Figure A.1.

# **3.5. X-ray Diffraction**

According to X-Ray Diffraction results, the narrower and more concentrated peaks are associated with the crystal regions, while the larger and less dense peaks are associated with the amorphous regions (Brown, 1966). X-ray diffraction analysis taken at 0 day and 28 days of storage are shown in Figure 3-1. For all samples, characteristic fractures were observed around 18-24° band. X-ray diffraction pattern of starch granules have been previously reported in some researches pointing the peaks in similar bands (Dankar et al., 2018; Das et al., 2010; Demirkesen et al., 2014; Nagaraj et al., 2017; Ozkoc et al., 2009; Ribotta et al., 2004). For this reason, high density peaks observed in the 18 °-24 ° range were associated with retrogradation of starch. In the case of 30% sucrose (11\_S0\_R0), the number of narrow peaks was large, whereas in the sample with 30% D-allulose (11\_S0\_R30), the broad and less number of peaks were observed at the end of 28 days of storage (Figure 3-1). This was associated with the high crystallinity of sucrose and high retrogradation tendency of starch in the presence of sucrose. The diffraction pattern of formulations of 11\_S0\_R0 and 9\_S2\_R0 which were prepared by using 30% sucrose showed peaks around 15.6°, 18.9°, and 22.2° corresponding to B-type structure (Figure 3-1.(b)-(d)). This was indicative of recrystallization of amylopectin during storage (Ozkoc et al., 2009). Similar behavior has been previously reported and peaks corresponding to 15.0-15.8, 17.0-18, 22.0-22.8, and 24.0 were associated with the B-type structure (Demirkesen et al., 2014; Ribotta et al., 2004). In the literature, it was reported that crystallinity of

sucrose could be seen as distinct peaks at 11.6°, 13.6°, 18.8°, 19.6°, and 24.6° degrees and might shift left or right if non-homogeneous crystals were present in the system (Leinen & Labuza, 2006; Li, Zhou, & Labuza, 2009). Figure 3-1.(b) and Figure 3-1.(d) showed that after 28 days of storage, distinct peaks were observed at approximately same bands which was associated with crystallization of sucrose molecules and light shifts might have resulted from non-homogeneous crystal sizes. Results showed that D-allulose containing samples generally showed peaks around 20.0° and 23.2°, however there was no report of X-ray diffraction pattern of D-allulose in starch samples in literature. Therefore, it was hypothesized that peaks corresponding these angles could be associated with the D-allulose crystals.



Figure 3.1. X-Ray Diffraction Pattern of starch based soft candies (a)-(c) at the  $0^{th}$  day of storage (b)-(d)  $28^{th}$  day of storage (e)-(f) change in pattern as a result of SPI addition

Recrystallization of starch is an important parameter to be controlled and affected by many factors like amylose-amylopectin ratio, water-starch ratio, storage time, temperature and presence of non-starch components. In this regard, sugar has a great impact on starch retrogradation. The formation of crystal, and increase in crystallinity has been related to re-association of amylopectin and amylose fractions during storage (Demirkesen et al., 2014).



Figure 3.2. Calculated Total Crystallinity of formulations at the 28th day of storage

Total crystallinity of samples after 28 days storage was calculated to detect the effect of sugar type and addition of SPI, and results were given in Figure 3-2. According to results, replacement of D-allulose had significant effect on total crystallinity, while addition of SPI did not (p<0.05). As illustrated in Figure 3-2., the highest crystallinity was obtained in the gels prepared with SPI and sucrose (9\_S2\_R0) indicating higher retrogradation of starch molecules in the presence of sucrose. As reported in the research conducted by Wang et al (2016), as hydroxyl groups increased, hydrogen bonding with water molecules increased and this led a decrease in the degree of relative crystallinity. In other words, effect of reducing sugar on the crystallinity of starch gels can be explained by the more potential steric hindrance than sucrose that occurs as a result of the interaction of sugar with water existing on the molecular surface of starch and thereby preventing starch molecules from combining (Guo & Du, 2014). This approach has been compromised with the result of this study, and after 28 days of storage, formulations containing sucrose were found to be more susceptible to crystallization of sugar and retrogradation of starch.

#### **3.6. Differential Scanning Calorimetry**

The glass transition temperature is a critical parameter associated with the quality and stability of confection gels. Generally, confection gels are found in amorphous metastable state where both glassy and rubbery state of sugars are present in materials. Glassy state is more hygroscopic and susceptible to moisture uptake from environment whereas rubbery state shows more fluid like behavior (Ergun et al., 2010). While, the higher  $T_g$  of a food is associated with easier water uptake during storage, low- $T_g$  gels are more desirable to have soft and elastic structures (Kirtil, Aydogdu, & Oztop, 2016).

 $T_g$  values of formulations varied between -35 °C to -41 °C (Table 3-5.), thus all formulations were in the desired rubbery gel structure and far away from glassy state. Tg values of formulations showed decrease or increase depending on their water content which was known to have a plasticizing effect. An interesting finding was that contrary to expectations, at the initial day of measurement, replacement of sucrose with D-allulose did not change  $T_g$  significantly for SPI free formulations (p>0.05) whereas, significant decrease in Tg was observed as the amount of D-allulose increased for the formulations containing SPI (p < 0.05). It is known that molecular weight, degree of cross linking of polymers, and concentration of water as a plasticizer affect glass transition temperature (De Graaf et al., 1993)(De Graaf et al., 1993). According to a research conducted by Roos & Karel (1991), higher concentration of hydrophilic amino acids on the protein chain provided enhanced plasticization and resulted in higher glass transition temperatures (De Graaf et al., 1993). From this point of view, it was thought that hydrophobic nature and rapid insolubilization of soy protein upon heating (Jideani, 2011) might have caused a decrease in T<sub>g</sub>. Moreover, it was stated that each sugar type found in confectionery products had a different Tg and was highly affected from the amount of water present in the system (Ergun et al., 2010, 2017). Also, water release as a result of increased Maillard reaction between Dallulose and SPI could affect the T<sub>g</sub>.

There was only significant change in formulations of  $11\_S0\_R20$  and  $9\_S2\_R20$  (p<0.05) upon 28 days of storage. Therefore, it is important to note that starch based soft candies were capable of preserving their gel matrix upon storage except, approximately 2°C of decrease on glass transition temperature of 20% D-allulose containing samples. This case will be discussed again in the TGA section for clarification.

	Tg	(°C)
Time (days)	0	28
11_S0_R0	$-36.68 \pm 1.34^{ab,A}$	$-35.19 \pm 4.70^{a,A}$
11_S0_R10	$-39.91 \pm 0.73^{\text{b,A}}$	$-39.39 \pm 1.00^{a,A}$
11_S0_R20	$-37.83 \pm 0.06^{ab,A}$	$-39.96 \pm 0.69^{a,B}$
11_S0_R30	$\textbf{-39.24}~\pm~1.40^{\rm~b,A}$	$\textbf{-39.88}~\pm~0.42~^{\rm a,A}$
9_S2_R0	$-35.12 \pm 0.14^{a,A}$	$-37.93 \pm 2.68$ <sup>a,A</sup>
9_S2_R10	$\textbf{-39.30}~\pm~1.16^{\rm~b,A}$	$\text{-40.30}~\pm~0.02^{\text{ a,a}}$
9_S2_R20	$\textbf{-38.00}~\pm~0.37~^{\text{ab,A}}$	$\text{-40.52}~\pm~0.16^{\text{ a,B}}$
9_S2_R30	$-39.07 \pm 0.95$ <sup>b,A</sup>	$-39.69 \pm 0.43$ <sup>a,A</sup>

 Table 3.5. Glass Transition Temperature (Tg) of starch based confections at the 0th and 28th days of storage

Means within the same column, followed by the different small letters (a–b) are significantly different for each sample (p < 0.05) Means within the same row, followed by the different capital letters (A–B) are significantly different for each storage day (p < 0.05)

#### 3.7. Thermogravimetric Analysis

TGA is a widely used method to determine the moisture content and the state of water in a food matrix. Many researches have been conducted on the use of TGA to evaluate the kinetic profile of starch alone and starch containing food systems (Fisher, Ahn-Jarvis, Gu, Weghorst, & Vodovotz, 2014; Stawski, 2008; Tian et al., 2011; Tomassetti et al., 1989; Zhiqiang et al., 1999). In this study TGA analysis was also conducted for different formulations. A typical TGA curve is given in Figure 3-3.

Mass Loss (%)	Time (days)			
Name	0	28		
11_S0_R0	$11.62 \pm 1.20^{a,A}$	$10.27~\pm~0.51~^{ab,A}$		
11_S0_R10	$09.11~\pm~0.03^{\text{ ab,A}}$	$09.31~\pm~0.13^{\rm~ab,A}$		
11_S0_R20	$07.56~\pm~0.67^{\rm~b,A}$	$08.15~\pm~1.25^{\rm~b,A}$		
11_S0_R30	$09.66~\pm~0.97~^{\scriptscriptstyle ab,A}$	$10.59~\pm~0.35^{\rm~a,A}$		
9_S2_R0	$10.41~\pm~0.52~^{\text{ab,A}}$	$09.66~\pm~0.97^{\rm~ab,A}$		
9_S2_R10	$07.98~\pm~0.04^{\rm~b,B}$	$09.61~\pm~0.10^{\rm~ab,A}$		
9_S2_R20	$07.64~\pm~0.65^{\rm~b,B}$	$10.21~\pm~0.26^{~ab,A}$		
9_S2_R30	$07.58~\pm~1.32^{\rm~b,A}$	$09.95~\pm~0.05^{\rm~ab,A}$		

Table 3.6. Mass loss at first decomposition stage in TGA experiments

Means within the same column, followed by the different small letters (a–b) are significantly different for each sample (p < 0.05) Means within the same row, followed by the different capital letters (A–B) are significantly different for each storage day (p < 0.05)

In a thermogravimetric analysis, mass loss (%) up to 150 °C can be assumed to be water while mass loss above that temperature is mostly related with decomposition (Fisher et al., 2014). Therefore, mass loss up to 150 °C was used to determine the water content of samples. Mass losses at the first decomposition stage varied between 7.58 (%) and 11.62 (%) for fresh samples (t=0), while it was between 8.15 (%) and 10.59 (%) after 28 days of storage (Table 3-6). Results showed that as the amount of D-allulose and SPI increased, mass loss decreased, and consequently water content (%) were found to be lower (p < 0.05).

As can be seen from Table 3-6., mass loss (%) showed a significant increase (p < 0.05) during 28 days of storage for the samples 9\_S2\_R10 and 9\_S2\_R20. It is important to note that the sample of 9\_S2\_R20 experienced mass loss relatively at a higher rate compared to 9\_S2\_R10. This observation can be supported by the research where it was stated that bound water was found positively correlated with the retrogradation degree of the samples and higher mass loss was observed for retrograded samples than freshly gelatinized starch samples (Tian et al., 2011). Therefore, it was concluded that 9\_S2\_R20 was more likely to be retrograded. This finding could be also supported by 2 °C decrease in T<sub>g</sub> temperature of the same sample which was attributed to the higher retrogradation of starch molecules in the presence of D-allulose and SPI.

Peak Temperature (°C)	Time (days)
Name	0
11_S0_R0	$119.75 ~\pm~ 5.72$ <sup>d</sup>
11_S0_R10	$130.37 ~\pm~ 1.53$ <sup>bc</sup>
11_S0_R20	$131.19~\pm~0.07~^{\rm bc}$
11_S0_R30	$141.07~\pm~0.49~^{\rm a}$
9_S2_R0	$123.15~\pm~3.08~^{\rm cd}$
9_S2_R10	$128.89~\pm~0.34^{\rm~bcd}$
9_S2_R20	$133.48~\pm~0.30^{\rm~ab}$
9_S2_R30	$133.68~\pm~0.71$ <sup>ab</sup>

 Table 3.7. Peak temperatures obtained from derivative weight loss curves of different formulation at initial day of measurement

Means within the same column, followed by the different small letters (a-d) are significantly different for each sample (p < 0.05)

In a TGA analysis in addition to weight loss curves, derivative curves are also utilized. In a previous study, where effect of SPI concentration on starch based confections was discussed, it was stated that derivative weight loss peaks shifted to lower temperatures with the addition of SPI by indicating weaker water association (Siegwein et al., 2011). However, results showed, addition of SPI did not significantly affect the peak temperature (p>0.05), whereas accelerated mass loss shifted to a higher temperature as D-allulose amount in the system increased (p<0.05) (Figure 3-3.) (Table 3-7.) According to the observed shift in TGA thermogram, water can be attributed as tightly bound to starch molecules in the presence of high amount of D-allulose. By considering the effect of D-allulose on promoting gelatinization (Ikeda et al., 2014), the result was not surprising.



*Figure 3.3.* TGA thermogram of starch based soft candies (a) replacement of D-allulose for 11% starch and (b) replacement of D-allulose for 9% Starch

# 3.8. Optical Microscopy

Light microscopy has been used for evaluation of morphology of the samples. Microscopic images could be used for understanding the effect of other ingredients on the gelatinization of starch. When starch is gelatinized, granules become disrupted and dissolved in water, they lose their rigid appearance and start to swell. As stated before, starch's behavior in a matrix is affected by components such as protein or sugar (Koganti, Mitchell, Macnaughtan, Hill, & Foster, 2015; Ratnayake, Wassinger, & Jackson, 2007).



Figure 3.4. Optical microscopic images of starch based soft candies

Figure 3-4 showed that starch granules were completely dissolved for all formulations. Images exhibited circles with a dark out-layer line which can be interpreted as the granules that remained visibly intact. However, it has been stated that starch granules are completely dissolved when they were kept at 95 °C for 23 min (Koganti et al., 2015). When the preparation procedure of the study has been considered (140 °C oil bath, 20-25 min) and not obtaining any gelatinization peak corresponding to partial gelatinization in DSC thermograms, it was hypothesized that circles might be air bubbles entrapped in gel network as result of homogenization or thermal process

(boiling). An interesting finding was that air bubbles in the images belonging to 11\_S0\_R30 were smaller in size and well distributed compared to 11\_S0\_R0. This might suggest that gel network was more homogeneous in the presence of D-allulose.

## **3.9. Nuclear Magnetic Resonance Relaxometry**

#### **3.9.1.** T<sub>1</sub> (Spin-Lattice) Relaxation Time

 $T_1$  which is called as longitudinal relaxation time is defined as the time takes for spins to give energy back received from radiofrequency pulse and is strongly related to mobility of water protons (Ozel, Dag, et al., 2017). Low resolution time domain NMR has been used to characterize mobility of water molecules and interaction of water with lipids, starch or proteins. There are several studies involving NMR relaxometry about systems containing starch, sugar and protein (Botlan & Desbois, 1995; Farhat, Loisel, Saez, Derbyshire, & Blanshard, 1997; Teo & Seow, 1992). In this study, T<sub>1</sub> relaxation times of the starch-based confections with different formulations were measured and the results are shown in Table 3-8. The addition of SPI to formulation showed an increasing trend in T<sub>1</sub> values indicating higher mobility of the water molecules. This phenomenon can be explained by the change in starch gelatinization in the presence of SPI. It is well known that during gelatinization mobility of water protons were reduced because of increase in H-bonding between water and starch molecules which lead to the formation of a gel network (Ozel, Dag, et al., 2017). However, interaction of protein and polysaccharides affects gel structure depending on polymer concentration and compatibility of polymers (Burey et al., 2009). It was reported that SPI formed aggregates rather than forming a gel when amount of SPI was not enough and interrupted the starch gel network (Puppo & Añón, 1999; C. Tang et al., 2005). Therefore, longer  $T_1$  can be associated with disrupted starch gel network upon displacement of SPI.

T1 (ms)			Time (days)		
Name	0	7	14	21	28
11_S0_R0	$49,68 \pm 0,75^{\text{b,A}}$	$51,02 \pm 1,09^{bc,A}$	$51,07 \pm 0,16^{\text{bc,A}}$	$49,46~\pm~0,10^{\rm~bc,A}$	$49,57 \pm 0,63^{b,A}$
11_S0_R10	$48,\!20~\pm~0,\!72^{\rm~bc,A}$	$47{,}49~\pm~0{,}00^{\rm~d,A}$	$47,92 \pm 0,02^{\text{ cde,A}}$	$47,05 \pm 0,45^{\circ,A}$	$47,03 \pm 0,58^{\circ,A}$
11_S0_R20	$45,90 \pm 0,48^{\circ,A}$	$44,87 \pm 0,35^{e,A}$	$45,20 \pm 0,49^{\circ,A}$	$46,88 \pm 1,15^{\circ,A}$	$46,75 \pm 0,05^{\circ,A}$
11_S0_R30	$41,30 \pm 0,31^{d,A}$	$41,74 \pm 0,22^{f,A}$	$41,48 \pm 1,02^{f,A}$	$41,99 \pm 1,42^{\text{d,A}}$	$41,51 \pm 0,65^{d,A}$
9_S2_R0	$50{,}95~\pm~0{,}78^{\rm~b,A}$	$51,57 \pm 0,42^{\text{ b,A}}$	$51,57 \pm 0,21$ <sup>b,A</sup>	$51,88 \pm 0,54^{\text{b,A}}$	$51,33 \pm 0,35^{\text{b,A}}$
9_S2_R10	$54,88 \pm 0,69^{a,A}$	$56,10 \pm 0,00^{a,A}$	$57,20 \pm 0,84$ <sup>a,A</sup>	$57,30 \pm 0,56^{a,A}$	$55,10 \pm 0,83^{a,A}$
9_S2_R20	$49,79 \pm 1,42^{}^{}_{}^{}_{}^{}$	$48,95~\pm~0,49^{\rm~cd,A}$	$50,02 \pm 1,16^{\text{bcd},A}$	$52,44 \pm 1,70^{b,A}$	$49,63 \pm 0,48^{b,A}$
9_S2_R30	$46,34 \pm 0,13^{\circ,A}$	$46,98 \pm 0,95^{\text{de},A}$	$47,47 \pm 1,51^{\text{de,A}}$	$48,49 \pm 0,98^{bc,A}$	$46,09 \pm 0,40^{\circ,A}$

Table 3.8. T1 relaxation times of starch based soft candies upon 28 days of storage

Means within the same column, followed by the different small letters (a–f) are significantly different for each sample (p < 0.05) Means within the same row, followed by the different capital letters are significantly different for each storage day (p < 0.05)

Results showed that, while  $T_1$  was highly affected by D-allulose substitution and showed a decreasing trend as D-allulose concentration increased for each day of measurement during storage (p<0.05), significant changes were not observed during storage when each formulation was considered itself (p>0.05). As cited before, researches have shown that D-allulose promoted gelatinization by providing greater amount of water for starch gelatinization which made retrogradation slower (Ikeda et al., 2014). Therefore, the reason of obtaining shorter  $T_1$  values with the displacement of sucrose by D-allulose could be formation of better starch gel network and less mobility of water molecules. On the other hand, as cited in moisture content section, D-allulose showed less water binding abilities compared to sucrose (Ikeda et al., 2014). Considering the decrease in moisture content with the displacement by Dallulose on the first day of measurement, it could be stated that, water in the system might have been lost by evaporation during the preparation of the sugar syrup mixture due to less binding of D-allulose with water. Therefore, final products contained less mobile water in the presence of D-allulose and shorter  $T_1$  values were observed.

Spin-lattice relaxation times can be also used to characterize crystal structure of solid phases. According to a research conducted by Botlan et al. (1998) recrystallization of sugar could be detected by  $T_1$  values obtained by time domain NMR (Botlan, Casseron, & Lantier, 1998). Results of the study showed that crystallization resulted

in longer  $T_1$  relaxation times. In our case, at the same moisture content, increase in  $T_1$ values could be associated with increased crystalline region. When the data recorded at 7<sup>th</sup> and 14<sup>th</sup> days of storage were examined, it was observed that while moisture content of formulation did not change (p>0.05), there was significant change on  $T_1$ values (p < 0.05). It can be clearly seen that while 30% sucrose containing samples  $(11_S0_R0)$  had the longest T<sub>1</sub> values among only starch containing samples, 20% sucrose containing samples (9\_S2\_R10) had the longest  $T_1$  values among 2% soy protein isolate containing samples. Longer T<sub>1</sub> values of starch-sucrose gels were explained by contribution of signal from solid state in the presence of sucrose and less gelatinization of starch molecules (Botlan & Desbois, 1995). Therefore, it can be clearly said that crystalline regions were more dominant at higher sucrose concentrations. Also, the difference in T<sub>1</sub> values of 11\_S0\_R0 and 11\_S0\_R30 at the end of 28 days of storage indicated that crystallinity of 11\_S0\_R0 sample was higher than 11\_S0\_R30 and this result could also be supported by the X-ray diffraction pattern (Figure 3-1. (a)-(b)). Characteristic properties of crystallization which were sharp and narrow peaks with high intensity were not observed in the diffraction pattern of 11\_S0\_R30 which indicated the presence of less amount of less crystalline region. In a study conducted by Ikeda et al (2014), it was stated that that in the limited water, more enhanced re-association of starch molecules were obtained in the presence of sucrose than D-allulose during storage (Ikeda et al., 2014). Therefore, it could be concluded that results of this study were consistent with the literature. Moreover, the results were validated by another method that is  $T_1$  NMR relaxometry. When each formulation was examined individually, T<sub>1</sub> values of formulations did not show significant change during 28 days of storage (p>0.05). This result was also parallel with glass transition temperature results that did not change as well (p>0.05) except for 11\_S0\_R20 and 9\_S2\_R20 samples (Table 3-8).

# 3.9.2. T<sub>2</sub> Relaxation Times

Time required for transverse magnetization to reach the equilibrium value of zero is called as transverse relaxation time, T<sub>2</sub>, or spin-spin relaxation time. It provides information about the mobility of hydrogen molecules by attributing to immobile structure in case of short  $T_2$ , whereas mobile components in long  $T_2$  (Ozel, Dag, et al., 2017). Food products generally show multi-compartmental proton distribution and transverse magnetization decaying curve could be used to obtain one dimensional distribution, T<sub>2</sub> relaxation spectra, by Laplace transformation. Change in relaxation spectrum could be used in characterization of proton related changes within food systems (Kirtil et al., 2014). In complex food systems at least two relaxation times were identified which belonged to non-exchangeable and exchangeable protons. In the literature there are several studies about the effect of biopolymers on relaxation behavior (Choi, Kim, Hanna, Weller, & Kerr, 2003; Mariette & Lucas, 2005; Tang, Godward, & Hills, 2000). According to the studies, while SPI films showed biexponential T<sub>2</sub> behavior (S. G. Choi et al., 2003), multi-exponential behavior was detected for starch molecules (Tang et al., 2000). Figures 3-5. shows representative 1D NMR T<sub>2</sub> relaxation spectra of the starch based soft candies at the 0<sup>th</sup> day (Figure 3.5 (a-d)) and 28<sup>th</sup> day (Figure 3-5.(e)-(f)) of storage obtained by Non-Negative-Least-Square (NNLS) analysis and overall results are given in Table 3-5.(b)-(c). Total of three or four distinct peaks with different T<sub>2</sub> (spin-lattice) relaxation times were observed depending on the formulations. Relative Areas (RAs) of the corresponding peaks were also given.

	(ms)	Time (days)					
	Name	0	7	14	21	28	
	11_S0_R0	0.19 <sup>a,A</sup>	0.20 <sup>a,A</sup>	0.20 <sup>a,A</sup>	0.20 <sup>a,A</sup>	0.20 <sup>ab,A</sup>	
	11_S0_R10	0.21 <sup>a,A</sup>	0.20 <sup>a,A</sup>	0.21 <sup>a,A</sup>	0.20 <sup>a,A</sup>	0.21 <sup>a,A</sup>	
	11_S0_R20	0.20 a,A	0.21 <sup>a,A</sup>	0.20 a,A	0.18 a,A	0.19 <sup>ab,A</sup>	
ık 1	11_S0_R30	0.19 a,A	0.19 <sup>ab,A</sup>	0.19 ab,A	0.19 <sup>a,A</sup>	0.21 <sup>a,A</sup>	
Pe	9_S2_R0	0.18 <sup>a,A</sup>	0.19 <sup>ab,A</sup>	0.20 <sup>a,A</sup>	0.17 <sup>a,A</sup>	0.19 <sup>ab,A</sup>	
	9_S2_R10	0.14 <sup>b,A</sup>	0.13 c,A	0.14 <sup>b,A</sup>	0.14 a,A	0.16 <sup>b,A</sup>	
	9_S2_R20	0.18 a,A	0.17 <sup>b,A</sup>	0.17 <sup>ab,A</sup>	0.16 <sup>a,A</sup>	$0.17  {}^{\mathrm{ab,A}}$	
	9_S2_R30	0.20 <sup>a,A</sup>	0.20 <sup>a,A</sup>	0.19 ab,A	0.18 <sup>a,A</sup>	0.16 <sup>b,A</sup>	
	11 S0 R0	0.49 bc,A	0.82 ab,A	0.77 <sup>ab,A</sup>	0.78 ab,A	0.73 bc,A	
Peak 2	11_S0_R10	0.61 bc,B	0.47 <sup>b,B</sup>	0.53 bc,B	0.87 <sup>ab,A</sup>	0.91 <sup>ab,A</sup>	
	11_S0_R20	0.97 <sup>a,A</sup>	1.02 <sup>a,A</sup>	0.99 <sup>a,A</sup>	0.74 <sup>ab,A</sup>	$0.77 \ ^{bc,A}$	
	11_S0_R30	0.65 <sup>abc,B</sup>	0.77 <sup>ab,B</sup>	0.77 <sup>ab,B</sup>	0.63 <sup>b,B</sup>	1.15 <sup>a,A</sup>	
	9_S2_R0	0.74 <sup>ab,A</sup>	0.70 <sup>ab,A</sup>	0.79 <sup>ab,A</sup>	0.70 <sup>ab,A</sup>	0.63 <sup>c,A</sup>	
	9_S2_R10	0.38 <sup>c,B</sup>	0.44 <sup>b,B</sup>	0.44 <sup>c,B</sup>	1.10 <sup>a,A</sup>	0.57 <sup>c,B</sup>	
	9_S2_R20	0.64 <sup>abc,A</sup>	0.59 <sup>ab,A</sup>	0.59 bc,A	0.63 <sup>b,A</sup>	0.55 c,A	
	9_S2_R30	$0.70^{\text{ abc,A}}$	0.68 <sup>ab,A</sup>	$0.70  {}^{\mathrm{abc,A}}$	0.61 <sup>b,A</sup>	0.63 <sup>c,A</sup>	
	11_S0_R0	1.30 d,B	4.25 a,A	4.40 a,A	3.70 a,A	4.40 ab,A	
	11_S0_R10	1.35 <sup>d,C</sup>	1.25 <sup>d,C</sup>	1.20 e,C	3.70 <sup>a,B</sup>	4.40 ab,A	
	11_S0_R20	4.25 <sup>a,A</sup>	4.25 <sup>a,A</sup>	3.85 ab,AB	2.90 abc,B	3.35 bc,AB	
k 3	11_S0_R30	1.90 cd,B	2.70 bc,B	2.75 c,B	1.65 <sup>d,B</sup>	5.00 a,A	
Pea	9_S2_R0	3.30 <sup>b,A</sup>	3.20 <sup>ab,A</sup>	3.10 bc,A	2.70 abcd,A	3.35 bc,A	
_	9_S2_R10	1.55 <sup>d,B</sup>	1.60 <sup>cd,B</sup>	1.50 de,B	3.40 ab,A	1.75 <sup>d,B</sup>	
	9_S2_R20	2.40 <sup>c,A</sup>	2.40  bcd,A	2.25 <sup>cd,A</sup>	2.05 <sup>cd,A</sup>	2.30 cd,A	
	9_S2_R30	2.65 bc,A	2.55  bcd,A	2.65 c,A	2.25  bcd, A	2.60 cd,A	
	11_S0_R0	5.70 <sup>a,A</sup>	*	*	*	*	
	11_S0_R10	5.30 <sup>b,A</sup>	5.15 <sup>a,A</sup>	4.55 <sup>b,C</sup>	*	*	
	11_S0_R20	*	*	*	*	*	
k 4	11_S0_R30	5.90 a,A	15.00 a,A	16.00 a,A	5.70 <sup>a,A</sup>	*	
Pea	9_S2_R0	*	*	*	*	*	
-	9_S2_R10	*	*	*	*	*	
	9_S2_R20	*	*	*	*	*	
	9_S2_R30	*	*	*	*	*	

Table 3.9. T2 (spin-spin) relaxation times of each compartment observed in relaxation spectrum

Means within the same column, followed by the different small letters (a–d) are significantly different for each sample (p < 0.05) Means within the same row, followed by the different capital letters(A-C) are significantly different for each storage day (p < 0.05)

	(%)			Time (days)		
	Name	0	7	14	21	28
	11_S0_R0	36.21 cd,A	40.11 <sup>d,A</sup>	45.71 <sup>cd,A</sup>	48.00 bc,A	37.13 bc,A
	11_S0_R10	37.46 <sup>c,AB</sup>	31.03 e,B	35.93 <sup>e,B</sup>	43.83 <sup>c,A</sup>	36.88 bc,AB
	11_S0_R20	38.03 bc,AB	39.57 <sup>d,AB</sup>	39.38 de, AB	42.14 c,A	36.49 bc,B
RA 1	11_S0_R30	24.24 <sup>d,A</sup>	25.30 f,A	24.77 <sup>f,A</sup>	27.08 <sup>d,A</sup>	25.82 <sup>d,A</sup>
	9_S2_R0	50.16 ab,B	52.52 <sup>b,AB</sup>	54.21 ab,AB	55.83 ab,A	40.48 <sup>b,C</sup>
	9_S2_R10	53.33 a,A	58.54 <sup>a,A</sup>	59.68 a,A	64.16 <sup>a,A</sup>	60.96 a,A
	9_S2_R20	47.56 abc,B	46.08 c,B	48.43 bc,B	56.14 ab,A	42.23 <sup>b,B</sup>
	9_S2_R30	38.73 bc,B	39.88 d,AB	39.73 de,AB	44.57 <sup>c,A</sup>	32.41 c,C
	11 SO RO	11 12 c.B	30 54 ab,A	25 Q6 ab,AB	73 73 abcd,AB	33 06 abc.A
	11_50_R0	13 55 c,B	31 03 a,A	13 38 c,B	27.67 abc,A	32 29 bc,A
	11_50_R10	32 93 a,A	32 58 a,A	32 98 a,A	30 35 ab,B	33.82 ab,A
17	11_S0_R20	20 84 bc,A	26.82 ab,A	26 90 ab,A	20.15 cd,A	37 65 <sup>a,A</sup>
RA	9 S2 R0	21.71  bc,B	18 24 bc,BC	18 13 bc,BC	15 69 <sup>d,C</sup>	28 42 c,A
	9 S2 R10	18.27 bc,A	13.57 <sup>c,AB</sup>	11.66 <sup>c,AB</sup>	31.97 <sup>a,C</sup>	10.90 <sup>d,BC</sup>
	9 S2 R20	26.45 <sup>ab,A</sup>	28.52 <sup>ab,A</sup>	26.11 ag,A	22.39 bcd,B	29.74 bc,A
	9_S2_R30	34.40 a,B	33.68 <sup>a,B</sup>	35.79 a,A	30.96 ab,B	37.41 <sup>a,A</sup>
	11 S0 R0	22.86 a,A	29.37 <sup>b,A</sup>	28.34 <sup>b,A</sup>	28.27 ab,A	29.82 <sup>b,A</sup>
	11 S0 R10	21.93 <sup>a,C</sup>	19.37 <sup>d,D</sup>	23.52 <sup>b,C</sup>	28.35 ab,B	30.85 <sup>b,A</sup>
	11_S0_R20	29.05 a,AB	27.86 bc,B	27.64 <sup>b,B</sup>	27.52 <sup>ab,B</sup>	29.70 <sup>b,A</sup>
e	11_S0_R30	28.81 a,A	33.92 <sup>a,A</sup>	36.19 <sup>a,A</sup>	32.70 <sup>a,A</sup>	36.54 <sup>a,A</sup>
RA	9_S2_R0	28.13 a,BC	29.25 <sup>b,B</sup>	27.61 <sup>b,C</sup>	28.49 ab,BC	31.10 <sup>b,A</sup>
	9_S2_R10	28.41 <sup>a,A</sup>	27.90 bc,A	28.64 <sup>b,A</sup>	3.88 <sup>d,B</sup>	28.14 <sup>b,A</sup>
	9_S2_R20	26.00 a,A	25.41 <sup>c,A</sup>	25.46 <sup>b,A</sup>	21.48 <sup>c,B</sup>	28.05 b,A
	9_S2_R30	26.87 <sup>a,AB</sup>	26.46  bc,AB	24.50 <sup>b,B</sup>	24.48 <sup>cd,B</sup>	30.18 <sup>b,A</sup>
	11 S0 R0	26.52 a,A	*	*	*	*
	11_S0_R10	27.06 a,A	26.76 <sup>a,A</sup>	27.17 <sup>a,A</sup>	*	*
	11_S0_R20	*	*	*	*	*
4	11_S0_R30	25.24 <sup>a,A</sup>	13.97 <sup>b,AB</sup>	12.15 a,AB	20.08 a,A	*
RA	9_S2_R0	*	*	*	*	*
	9_S2_R10	*	*	*	*	*
	9_S2_R20	*	*	*	*	*
	9_S2_R30	*	*	*	*	*

Table 3.10. Relative area (RA) of each peak observed in relaxation spectrum for starch based soft

candies

Means within the same column, followed by the different small letters (a–d) are significantly different for each sample (p < 0.05) Means within the same row, followed by the different capital letters(A-C) are significantly different for each storage day (p < 0.05)
Relaxation spectrum analysis provides detailed information about the contribution of each proton pool. The first peak seen in the spectrum which has the lowest relaxation time can be attributed to solid-solid interaction like interactions between polymers in the system, while final peak which has the highest relaxation time can be treated as water entrapped in gel network. Besides, intermediate peaks can be associated with interaction of polymers in the system with water (Ozel, Dag, et al., 2017). Since the system in this study contains starch and SPI as gelling agents and high amount of sugar, formulations can be attributed as composite gel system and similar approach can be used to analyze the samples. A short echo time (40 us) was used in the experiments thus detection of small relaxation times became possible. Obtained peak and relative areas were given in Table 3-9. and 3-10, respectively. T<sub>2</sub> relaxation times with the highest relative area and relaxation times changing between 0.13-0.21 ms were associated with solid-solid interactions. It can be attributed to sugar-starch, sugar-protein, sugar-sugar or protein-starch interactions (Aroulmoji, Mathlouthi, Feruglio, Murano, & Grassi, 2011; Kirtil et al., 2014). Although, relaxation time (T<sub>2</sub>) of the first peak did not change significantly (p>0.05) during 28 days of storage, the relative areas of first peak varied depending on the day of measurement (p < 0.05). Results showed that shortest  $T_2$  relaxation time and highest relative area  $RA_1$  were observed for the sample 9\_S2\_R10. Among all formulations, shortest T<sub>2</sub> relaxation time of peak 1 and highest relative area RA<sub>1</sub> were observed for the sample 9\_S2\_R10 which indicated higher solid-solid interaction. It is not surprising to obtain higher solid-solid interaction in such a complex system containing 3 types of sugar component (glucose syrup, sucrose, D-allulose) and 2 types of gelling agents due to high competitive environment for water. Also, as mentioned before, presence of soy protein in the system could have disrupted the gel structure of starch and this case might have resulted in higher solid-solid interactions. It was reported that starch protons showed solid like behavior when it was not gelatinized and more liquid like behavior when fully gelatinized (François Mariette, 2009). Therefore, it was

hypothesized that starch molecules showed more solid like behavior and exhibited high relative area in T<sub>2</sub> relaxation spectra in the presence of SPI. The reason of not observing such a result in 9\_S2\_R20 and higher D-allulose concentration might be explained by the gelatinization promoting behavior of D-allulose (Ikeda et al., 2014) which led starch molecules to exhibit liquid a like behavior and this case reflected as a second peak in the relaxation spectrum. Also, higher solid-solid interaction (Figure 3-5.(a)) detected in 11\_S0\_R0 compared to 11\_S0\_R30 can be explained with same phenomena.

Presence of intermediate peaks indicated that polymer-water interactions can be starch-water, sugar-water or soy protein-water for this study. As shown in Figure 3-5 and Table 3-10, relative area of the intermediate peaks increased with D-allulose substitution. Also relaxation spectra of D-allulose containing formulations shifted to right (Figure 3-5.(a)) indicating longer relaxation times. It was reported that sucrose had slower relaxation rates (shorter relaxation times) compared to D-glucose and Dfructose because of its higher molecular weight and more exchangeable -OH groups which could affect the contribution of the exchange. It is important to mention here that chemical exchange with -OH groups of the sugar can also contribute to the relaxation behavior as water protons (Aroulmoji, Mathlouthi, Feruglio, Murano, & Grassi, 2011). Hence, longer relaxation times in the presence of D-allulose could be explained by enhanced polymer-water and sugar-water interaction. Figure 3-5(b)-(d) showed that, addition of soy protein resulted in disappearance of one of the peaks. To see this clearly, formulations of 11\_S0\_R30 and 9\_S2\_R30 can be examined. While 4 peaks were observed in 11\_S0\_R30 sample, 3 peaks were observed in 9\_S2\_R30 and the disappearance of one of the peaks that was associated with starch-water interaction with the partial displacement of starch by SPI could be explained by sugarprotein interaction, in other words with Maillard reaction. With the displacement by SPI, reducing sugars present in the system could participate in Maillard reaction which could result in new interactions between the molecules and consequently creation of new proton pools in the system. Because of Maillard reaction, polymer-water interaction became more complex and thereby resulted in merging of the proton pools. Also, it is not surprising to observe the disappearance of starch-water interaction peak following the displacement of SPI. As considered before soy protein was found to have a disruptive effect on the on starch-water network. Figure 3-5.(d) shows that Dallulose exhibited a more distinct proton population with a higher relative area (p<0.05). It can be associated with elevated Maillard reaction in the presence of Dallulose (O'Charoen et al., 2015; Y. Sun et al., 2004; Yuanxia Sun et al., 2006). The final peak which had the longest relaxation time was attributed to the mobile water entrapped in gel matrix. While relaxation times of different formulations did not show any noticeable change during 28 days of storage (p>0.05) (Table 3-9.), relative areas of the proton populations changed (p<0.05). Results showed that sucrose containing formulation relaxed faster than D-allulose containing sample indicating less polymerwater interaction and less mobile water entrapped in the gel network. It was proposed that less polymer water interaction could be followed by faster re-association of starch molecules upon storage in the presence of sucrose compared to D-allulose. As a result of retrogradation and syneresis, mobile water in the gel network was lost more in the samples formulated with sucrose during 28 days of storage. Therefore, it is worth to hypothesize that D-allulose prevented retrogradation and enabled to hold more water in the gel network compared to sucrose



*Figure 3.5.* Representative T2 Relaxation Spectrum of starch based soft candies at the 0th day of storage (a)-(c) as a result of D-allulose replacement (b)-(d) as a result of SPI replacement (e)-(f) at the 28th days of storage as a result of D-allulose replacement

## 3.10. Fast Field Cycling Relaxometry

Confectionery systems generally consist of considerable water content as plasticizer and different biopolymers as structural components. It is known that product stability is highly affected by the exchange between bulk and entrapped water molecules during processing and further storage. Therefore, determination of dynamics in hydration layers is important to characterize structure and molecular order of matrix (Satheesh, Galkin, Sykora, & Ferrante, 2001). Fast field cycling NMR is one of the prominent techniques that stands out in that point due to its sensitivity of translational motion of water molecules and dynamics of water molecule with its vicinity (Godefroy et al., 2003).

As mentioned in introduction, the FFC technique based on measurement of spin-lattice relaxation rate,  $1/T_1$ , along a wider range of frequencies than standard NMR relaxometry by providing enhance characterization of molecular dynamics of variety of substances (Kimmich & Anoardo, 2004; Neudert et al., 2018). In order to characterize the effect of sugar type and addition of a new macromolecules to system, <sup>1</sup>H relaxation dispersion data of and spin-lattice relaxation time curves of 4 formulations (11\_S0\_R0, 11\_S0\_R30, 9\_S2\_R0, 9\_S2\_R30) were recorded at a frequency range of 4 kHz – 30 MHz. It is stated that small differences in structure and composition for polymer containing system can be discriminated easily for lower fields (lower than 10 MHz) compare to higher fields (Pasin & Ferrante, 2017). Also, considering relaxation behavior of formulations did not change for frequencies lower than 0.01 MHz and higher than 10 MHz, experimental data were represented for that frequency range and given in Figure 3-6 & Figure 3-7.

Differences in molecular mobility which was a consequence of composition resulted in different  $T_1$  dispersion and rate ( $R_1$ ) profiles especially at lower frequency than 1 MHz as it has been discussed in previous researches (Pasin & Ferrante, 2017). It was stated that for food systems especially for gel systems, relaxation of water resulted from relaxation of bulk or entrapped water rather than water at hydration level as water molecules at hydration level was less mobile than bulk water (Chávez & Halle, 2006). Therefore, it can be concluded that situation of bulk water should be examined to interpret water relaxation dispersion curves.

It can be clearly seen that  $T_1$  relaxation for only starch and D-Allulose containing confectionery (11\_R30) were longer than the other three formulations. Longer spinlattice relaxation time referred longer correlation times which indicated motions of different molecular chain organizations and further intermolecular interaction (Sebastião et al., 2016). Also, it is mentioned that polymer network of hydrogels can be classified as homogeneous or heterogeneous depending on polymer water interaction. In homogeneous gels, water is surrounded by polymer chains which result in one highly mobile phase, while in heterogenous hydrogels two or more phase are created where restricted solute movements observed (Bellich, Borgogna, Cok, & Cesàro, 2011). Considering the relation between higher water content and longer  $T_1$ , it can be concluded that 11\_S0\_R30 formulations have a more homogeneous structure and therefore more mobility than other formulations indicating better gel network.



Figure 3.6. <sup>1</sup>H spin-lattice relaxation time curves of starch based confectionery products

According to NMRD profile, replacement of SPI did not affect dispersion profile when sucrose is used as sugar type (compare 11\_S0\_R0 and 9\_S2\_R0), but rate of dispersion increases when D-allulose is used in formulations (compare 11\_S0\_R30 and 9\_S2\_R30). Increase in rate of dispersion resulted from increase in solid-solid interaction due to quick relaxation of solids in the systems. This can be explained by the fact that the protein binding with D-allulose increases the solid-solid interaction in the system compared to sucrose containing formulations.



Figure 3.7. <sup>1</sup>H relaxation dispersion data of starch based confectionery products

Moreover, NMRD curves also showed that addition of D-allulose to the formulations resulted in slower relaxation, pointing out a better gel structure as discussed previously with the  $T_1$  dispersion curves.

Besides obtaining experimental data, representing the data with a proper model is essential for the characterization of system. As mentioned before, Renormalized Rouse Model are generally used when polymer chain dynamics is not dominated because of neighboring chains confinement (Kimmich & Anoardo, 2004). Presence of more than one gelling agent and high sugar concentration create competition for water and may restrict chain dynamics in confectionery products. In this regard, it can be said that Renormalized Rouse Model could be useful to model data and understand molecular dynamics in different frequency ranges. Representative models for different formulations and model constants were given in Figure 3-8 and Table 3-1, respectively.



*Figure 3.8.* .Renormalized Rouse Model for <sup>1</sup>H spin-lattice relaxation time curves of starch based confectionery products

When table is examined, f represents the frequency where f0 and f1 are the highest and lowest characteristic frequency in Hz respectively. P values explain the exponents at different frequency regimes where p0, p1 and p3 denote exponent of high, intermediate and low frequency regimes, respectively.

Formulation	<b>a</b> 1	fo	f1	p0	p1	p2
11_S30	7.67E+07	3.32E+05	1	-8.96E-01	-2.74E-02	-1.05E-03
11_R30	7.08E+06	5.95E+05	1	-7.39E-01	-5.50E-02	-1.05E-03
9_S30	7.30E+07	3.36E+05	1	-8.93E-01	-1.86E-02	-1.05E-03
9_R30	8.73E+07	3.77E+05	1	-8.93E-01	-3.51E-02	-1.05E-03

Table 3.11. Renormalized Rouse model constants

Relaxation models are generally described by Fourier transform of function decaying with time with a specific time constant  $\tau$ , correlation time. Relaxation model for renormalized Rouse model can be described as follow;

$$\tau_{1}(f) = A \begin{cases} f^{p_{1}}, & f \geq f_{M} \\ f_{M}^{p_{1}-p_{2}}f^{p_{2}}, & f_{m} \leq f \leq f_{M} \\ f_{M}^{p_{1}-p_{2}}f^{p_{3}-p_{2}}f^{p_{2}}, & f \leq f_{m} \end{cases}$$

## **CHAPTER 4**

## CONCLUSION

This study was built on the design of a confectionery product containing starch and SPI as gelling agents and examined the role of D-allulose in a biopolymer based composite gel matrix.

Several physical measurements were conducted and advanced characterization techniques were utilized to understand the interactions in the gel matrix.

Both water activity and moisture content of the formulations significantly decreased by D-allulose substitution. TGA thermograms revealed that, accelerated mass loss shifted to a higher temperature with the use of D-allulose which was associated with tightly bound water molecules to starch, indicating better gel network. This constituted that presence of D-allulose in the formulation have contributed gel formation. This hypothesis have been proved with the enhanced textural properties of formulations with the use of D-allulose showing smaller changes upon storage by providing better gel network and slower retrogradation. There was no reported research of X-ray diffraction pattern of D-allulose in starch samples in the literature. The striking outcome of X-ray results at this point was that D-allulose containing samples generally revealed peaks around 20.0° and 23.2°. Therefore, it was hypothesized that peaks corresponding these angles could be associated with the D-allulose crystals. T<sub>2</sub> relaxation spectra showed that four distinct peaks observed in only starch containing formulations reduced to three peaks with the addition of SPI. This was explained by more complex polymer water interaction through Maillard reaction thereby resulted in merging of the proton pools. Time domain NMR relaxometry and FFC measurement were found to be useful for characterization of confectionery products for both initial and during storage. Signal obtained from samples showed different trends with respect to the sugar type and additional polymer due to change in matrix.

To conclude, use of D-allulose resulted in better gel network and less retrogradation during storage. By considering low calorie intake and gelatinization promoting behavior of D-allulose, rare sugar can be good substitute for other sugar types used in industry. This study showed that TD-NMR and FFC measurement were also simple and accurate methods for examination of water distribution of complex composite gel systems.

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## **APPENDICES**

## **ANOVA TABLES**

## A. Analysis of variance for effect of change formulation

Table A. 1. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on (1) water activity (aw); (2) moisture content (MC %); (3) T1; (4) T2 using adjusted SS for Tests for day 0

## (1) General Linear Model: Water Activity (aw) versus Starch, Rare Sugar

```
Factor
           Туре
                  Levels Values
                         9, 11
Starch
           fixed
                      2
                       4 0, 10, 20, 30
Rare Sugar fixed
Analysis of Variance for aw, using Adjusted SS for Tests
                  DF
                         Seq SS
                                    Adj SS
                                              Adj MS
                                                           F
Source
                                                                  Ρ
                   1 0.0156313 0.0156313 0.0156313 532.12 0.000
Starch
Rare Sugar
                   3 0.0216743 0.0216743 0.0072248 245.94 0.000
                  3 0.0021123 0.0021123 0.0007041
                                                      23.97 0.000
Starch*Rare Sugar
                      0.0002350
                                 0.0002350 0.0000294
Error
                   8
Total
                  15
                      0.0396528
S = 0.00541993 R-Sq = 99.41% R-Sq(adj) = 98.89%
Grouping Information Using Tukey Method and 95.0% Confidence
Starch N Mean Grouping
          0.6 A
       8
11
 9
       8
           0.6
                  R
Means that do not share a letter are significantly different.
Grouping Information Using Tukey Method and 95.0% Confidence
Rare
Sugar N Mean Grouping
0
      4
          0.7
               А
10
       4
          0.6
                 В
20
       4
          0.6
                   С
30
       4
          0.6
                     D
Means that do not share a letter are significantly different.
Grouping Information Using Tukey Method and 95.0% Confidence
       Rare
Starch Sugar N Mean Grouping
11
        0
              2
                  0.7
                      А
 9
        0
              2
                  0.7
                         В
              2
                 0.7
11
       10
                         В
11
       20
              2
                 0.6
                           С
```

11	30	2	0.6	С
9	10	2	0.6	D
9	20	2	0.6	D
9	30	2	0.5	E

Means that do not share a letter are significantly different.

## (2) General Linear Model: Moisture Content (MC %) versus Starch, Rare Sugar

Factor Starch Rare Sugar	Type fixed fixed	Levels 2 4	Val 9, 0,	ues 11 10,	20,	30				
Analysis o Source Starch Rare Sugar Starch*Rare Error Total	f Varian Ə Sugar	DF Se 1 17. 3 4. 3 3. 8 3. 15 28.	4C % <b>,</b> 2673 5783 0593 4547 3595	us 3 1 3	ing Adj 7.26 4.57 3.05 3.45	Adju SS 73 83 93 47	sted Adj 17.26 1.52 1.01 0.43	SS f MS 73 61 98 18	or Test F 39.99 3.53 2.36	P 0.000 0.068 0.147
S = 0.6571	45 R-S	Sq = 87.8	32%	R-	Sq(a	dj) :	= 77.	16%		
Grouping I	nformati	ion Using	g Tuk	ey 1	Meth	od a:	nd 95	.0%	Confide	ence
Starch N 11 8 9 8	Mean ( 14.9 <i>P</i> 12.8	Grouping A B								
Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence										
Rare Sugar N I 0 4 : 20 4 : 10 4 : 30 4 :	Mean G1 14.5 A 13.9 A 13.8 A 13.0	couping B B B								
Means that Grouping In	do not nformati	share a Lon Using	lett g Tuk	er ey 1	are Meth	sign od a	ifica nd 95	ntly .0%	diffe: Confide	rent. ence
Ra: Starch Sud 11 20 11 10 11 0 9 0 11 30 9 10 9 20 9 30	re gar N 2 2 2 2 2 2 2 2 2 2 2 2 2	Mean G1 15.4 A 15.2 A 14.9 A 14.1 A 13.8 A 12.4 12.4 12.2	B B C B C B C C C	.ng						

## (3) General Linear Model: T1 versus Starch, Rare Sugar

Туре Levels Values Factor 2 9, 11 4 0, 10, 20, 30 Starch fixed Rare Sugar fixed Analysis of Variance for T1, using Adjusted SS for Tests Adj SS Adj MS F P 70.707 70.707 124.74 0.000 Source DF Seq SS 70.707 Starch 1 Rare Sugar 3 139.141 139.141 46.380 81.82 0.000 Starch\*Rare Sugar 3 15.597 15.597 5.199 9.17 0.006 4.535 0.567 8 4.535 Error 15 229.980 Total S = 0.752885 R-Sq = 98.03% R-Sq(adj) = 96.30% Grouping Information Using Tukey Method and 95.0% Confidence Starch N Mean Grouping 9 8 50.5 A 11 8 46.3 В Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Sugar N Mean Grouping 4 51.5 A 10 0 4 50.3 A 4 47.9 B 20 30 4 43.8 С Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Starch Sugar N Mean Grouping 9 10 2 54.9 A 9 2 50.9 0 В 9 20 2 49.8 В 2 49.7 11 0 В 11 10 2 48.2 вС 9 30 2 46.3 С 2 46.0 11 20 С 2 41.3 11 30 D Means that do not share a letter are significantly different.

## (4) General Linear Model: T<sub>2</sub> versus Starch, Rare Sugar

Factor Ty Starch f: Rare Sugar f:	<pre>/pe Levels Values ixed 2 9, 11 ixed 4 0, 10, 20, 30</pre>
Analysis of Va	ariance for T2, using Adjusted SS for Tests
Source Starch Rare Sugar Starch*Rare Su Error Total	DF Seq SS Adj SS Adj MS F P 1 2.96270 2.96270 2.96270 337.33 0.000 3 0.36604 0.36604 0.12201 13.89 0.002 1gar 3 0.30764 0.30764 0.10255 11.68 0.003 8 0.07026 0.07026 0.00878 15 3.70664
S = 0.0937160	R-Sq = 98.10% R-Sq(adj) = 96.45%
Grouping Info	rmation Using Tukey Method and 95.0% Confidence
Starch         N         Mea           11         8         2           9         8         1	an Grouping .0 A .1 B
Means that do	not share a letter are significantly different.
Grouping Info	rmation Using Tukey Method and 95.0% Confidence
Rare Sugar N Mean 0 4 1. 30 4 1. 20 4 1. 10 4 1.	n Grouping 7 A 5 A 4 B 4 B
Means that do	not share a letter are significantly different.
Grouping Info	rmation Using Tukey Method and 95.0% Confidence
RareStarchSugar11301101110112090930920910	N Mean Grouping 2 2.2 A 2 2.0 A B 2 2.0 A B 2 1.8 B C 2 1.5 C 2 1.1 D 2 1.0 D 2 0.8 D

Table A. 2. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on (1) water activity (aw); (2) moisture content (MC %); (3) T1; (4) T2 using adjusted SS for Tests for day 7

### (1) General Linear Model: Water activity (aw) versus Starch, Rare Sugar

Factor Туре Levels Values 2 9, 11 Starch fixed 4 0, 10, 20, 30 Rare Sugar fixed Analysis of Variance for aw\_day 7, using Adjusted SS for Tests DF Seq SS Adj SS Source Adj MS F Ρ 1 0.0065894 0.0065894 0.0065894 177.04 0.000 Starch Rare Sugar 3 0.0176537 0.0176537 0.0058846 158.10 0.000 3 0.0005389 0.0005389 0.0001796 4.83 0.033 Starch\*Rare Sugar Error 8 0.0002978 0.0002978 0.0000372 15 0.0250797 Total S = 0.00610087 R-Sq = 98.81% R-Sq(adj) = 97.77% Grouping Information Using Tukey Method and 95.0% Confidence Starch N Mean Grouping 8 0.6 A 11 9 8 0.6 В Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Sugar N Mean Grouping 0 4 0.6 A 10 4 0.6 B 4 20 0.6 B 30 4 0.6 С Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Starch Sugar N Mean Grouping 0.7 A 11 0 2 2 В 9 0 0.6 11 10 2 0.6 вС 20 2 0.6 C D 11 2 11 30 0.6 D 9 20 2 0.5 Ε 9 10 2 0.5 Ε 9 30 Ε 2 0.5 Means that do not share a letter are significantly different.

# (2) General Linear Model: Moisture Content (MC %) versus Starch, Rare Sugar

Levels Values Туре Factor 2 9, 11 4 0, 10, 20, 30 fixed Starch Rare Sugar fixed Analysis of Variance for MC day 7, using Adjusted SS for Tests Source DF Seq SS Adj SS Adj MS F Ρ 0.007 0.01 0.941 0.007 0.007 Starch 1 1.252 1.03 0.428 Rare Sugar 3 3.756 3.756 Starch\*Rare Sugar 3 4.758 4.758 1.586 1.31 0.337 9.690 9.690 1.211 Error 8 Total 15 18.211 S = 1.10059 R-Sq = 46.79% R-Sq(adj) = 0.23% Grouping Information Using Tukey Method and 95.0% Confidence Starch N Mean Grouping 8 14.0 A 11 8 13.9 A 9 Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Sugar N Mean Grouping 10 4 14.8 A 4 13.7 A 0 4 13.7 A 4 13.6 A 20 30 Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Starch Sugar N Mean Grouping 2 14.9 A 9 10 14.7 11 10 2 А 14.4 11 30 2 А 2 14.4 A 9 0 11 20 2 13.7 A 20 2 13.7 A 9 11 0 2 13.0 A 30 2 12.7 А 9

## (3) General Linear Model: T1 versus Starch, Rare Sugar

Levels Values Factor Туре 2 9, 11 Starch fixed 4 0, 10, 20, 30 Rare Sugar fixed Analysis of Variance for T1 day 7, using Adjusted SS for Tests DF Seq SS Adj SS Adj MS F Ρ Source 85.438 85.438 85.438 254.57 0.000 Starch 1 Rare Sugar 3 153.106 153.106 51.035 152.06 0.000 33.200 33.200 11.067 Starch\*Rare Sugar 3 32.97 0.000 8 2.685 0.336 Error 2.685 15 274.428 Total S = 0.579325R-Sq = 99.02% R-Sq(adj) = 98.17%Grouping Information Using Tukey Method and 95.0% Confidence Starch N Mean Grouping 8 50.9 A 8 46.3 9 11 В Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Sugar N Mean Grouping 10 4 51.8 A 4 51.3 A 0 20 4 46.9 В 30 4 44.4 С Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Starch Sugar N Mean Grouping 9 10 2 56.1 A 9 0 2 51.6 В 2 51.0 в С 11 0 20 9 2 49.0 СD 11 10 2 47.5 D 30 2 47.0 DΕ 9 20 2 11 44.9 Ε 11 30 2 41.7 F

## (4) General Linear Model: T2\_day 7 versus Starch, Rare Sugar

Levels Values Factor Туре 2 9, 11 Starch fixed Rare Sugar fixed 4 0, 10, 20, 30 Analysis of Variance for T2 day 7, using Adjusted SS for Tests Source DF Seq SS Adj SS Adj MS F Ρ Starch 1 6.3353 6.3353 6.3353 1413.34 0.000 Rare Sugar 3 0.7830 0.7830 0.2610 58.23 0.000 3 0.4057 0.4057 0.1352 Starch\*Rare Sugar 30.17 0.000 8 0.0359 0.0359 0.0045 Error 15 7.5599 Total S = 0.0669515 R-Sq = 99.53% R-Sq(adj) = 99.11% Grouping Information Using Tukey Method and 95.0% Confidence Starch N Mean Grouping 2.4 A 8 11 9 8 1.1 В Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Sugar N Mean Grouping 0 4 2.0 A 30 4 1.9 A 10 4 1.6 В 20 4 1.5 В Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Starch Sugar N Mean Grouping 11 30 2 2.7 А 11 0 2 2.5 А 10 2 2.4 11 Α 11 20 2 1.9 В 9 0 2 1.5 С 9 30 2 1.2 D 9 20 2 1.0 D 9 10 2 0.8 Е
Table A. 3. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on (1) water activity (aw); (2) moisture content (MC %); (3) T1; (4) T2 using adjusted SS for tests for day 14

#### (1) General Linear Model: Water acitivity versus Starch, Rare Sugar

Levels Values Factor Туре Starch fixed 2 9, 11 4 0, 10, 20, 30 Rare Sugar fixed Analysis of Variance for aw\_day 14, using Adjusted SS for Tests Source DF Seq SS Adj SS Adj MS F Ρ 1 0.0111725 0.0111725 0.0111725 63.09 0.000 Starch Rare Sugar 3 0.0159640 0.0159640 0.0053213 30.05 0.000 Starch\*Rare Sugar 3 0.0023407 0.0023407 0.0007802 4.41 0.042 8 0.0014167 0.0014167 0.0001771 Error Total 15 0.0308939 S = 0.0133074 R-Sq = 95.41% R-Sq(adj) = 91.40% Grouping Information Using Tukey Method and 95.0% Confidence Starch N Mean Grouping 8 0.6 A 11 8 0.6 9 B Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Sugar N Mean Grouping 0.6 A 0 4 20 4 0.6 В 10 4 0.6 В 4 30 0.5 С Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Starch Sugar N Mean Grouping 11 0 2 0.6 A 2 11 10 0.6 A 9 0 2 0.6 A B 11 20 2 0.6 A B C вср 2 11 30 0.6 9 20 2 0.6 СDЕ 9 10 2 0.5 DΕ 9 30 2 0.5 E Means that do not share a letter are significantly different.

### (2) General Linear Model: Moisture Content (MC%) versus Starch, Rare Sugar

Туре Levels Values Factor 2 9, 11 4 0, 10, 20, 30 fixed Starch Rare Sugar fixed Analysis of Variance for MC day 14, using Adjusted SS for Tests DF Seq SS Adj SS Adj MS F P 1 0.4158 0.4158 0.4158 1.44 0.265 Source Starch 3 3.1118 3.1118 1.0373 3.58 0.066 Rare Sugar Starch\*Rare Sugar 3 1.0601 1.0601 0.3534 1.22 0.364 8 2.3177 2.3177 0.2897 Error Total 15 6.9053 S = 0.538245 R-Sq = 66.44% R-Sq(adj) = 37.07% Grouping Information Using Tukey Method and 95.0% Confidence Starch N Mean Grouping 8 12.5 A 11 8 12.2 A 9 Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Sugar N Mean Grouping 4 13.1 A 0 20 4 12.3 A 4 12.0 A 10 30 4 12.0 A Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Starch Sugar N Mean Grouping 11 0 2 13.2 A 0 2 13.0 A 9 12.5 12.5 20 11 2 А 11 30 2 А 2 12.2 9 10 А 9 20 2 12.2 A 2 11.8 A 11 10 9 30 2 11.5 A

### (3) General Linear Model: T1 versus Starch, Rare Sugar

Factor Type Levels Values Starch fixed 2 9, 11 Rare Sugar fixed 4 0, 10, 20, 30
Analysis of Variance for T1_day 14, using Adjusted SS for Tests
Source         DF         Seq SS         Adj SS         Adj MS         F         P           Starch         1         106.136         106.136         106.136         149.10         0.000           Rare Sugar         3         161.829         161.829         53.943         75.78         0.000           Starch*Rare Sugar         3         39.617         39.617         13.206         18.55         0.001           Error         8         5.695         5.695         0.712         1000         1000         1000           Total         15         313.278         1000         1000         1000         1000         1000
S = 0.843718 R-Sq = 98.18% R-Sq(adj) = 96.59%
Grouping Information Using Tukey Method and 95.0% Confidence
Starch         N         Mean         Grouping           9         8         51.6         A           11         8         46.4         B
Means that do not share a letter are significantly different.
Grouping Information Using Tukey Method and 95.0% Confidence
Rare         Sugar       N       Mean       Grouping         10       4       52.6       A         0       4       51.3       A         20       4       47.6       B         30       4       44.5       C
Means that do not share a letter are significantly different.
Grouping Information Using Tukey Method and 95.0% Confidence
Rare         Starch       Sugar       N       Mean       Grouping         9       10       2       57.2       A         9       0       2       51.6       B         11       0       2       51.1       B C         9       20       2       50.0       B C D         11       10       2       47.9       C D E         9       30       2       47.5       D E         11       20       2       45.2       E         11       30       2       41.5       F
Means that do not share a letter are significantly different.

#### (4) General Linear Model: T2 versus Starch, Rare Sugar

Levels Values 2 9, 11 Factor Туре Starch fixed 4 0, 10, 20, 30 Rare Sugar fixed Analysis of Variance for T2 day 14, using Adjusted SS for Tests Source DF Seq SS Adj SS Adj MS F Ρ Starch 1 2.25300 2.25300 2.25300 244.18 0.000 Rare Sugar 3 0.40171 0.40171 0.13390 14.51 0.001 3 0.26717 9.65 0.005 Starch\*Rare Sugar 0.26717 0.08906 8 0.07381 0.07381 0.00923 Error 15 2.99569 Total S = 0.0960553 R-Sq = 97.54% R-Sq(adj) = 95.38% Grouping Information Using Tukey Method and 95.0% Confidence Starch N Mean Grouping 1.8 A 8 11 9 8 1.0 В Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Sugar N Mean Grouping 0 4 1.6 A 30 4 1.5 A 4 1.2 20 В 10 4 1.2 В Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Starch Sugar N Mean Grouping 2.0 A 11 30 2 11 0 2 1.8 A B 10 2 1.7 11 АB 11 20 2 1.6 В 9 0 2 1.4 В 9 30 2 1.0 С 9 20 2 0.9 С 9 10 2 0.8 С Means that do not share a letter are significantly different.

Table A. 4. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on (1) water activity (aw); (2) moisture content (MC %); (3) T1; (4) T2 using adjusted SS for Tests for day 21

#### (1) General Linear Model: Water activity versus Starch, Rare Sugar

FactorTypeLevelsValuesStarchfixed29, 11Rare Sugarfixed40, 10, 20, 30
Analysis of Variance for aw_day 21, using Adjusted SS for Tests
Source         DF         Seq SS         Adj SS         Adj MS         F         D           Starch         1         0.0095355         0.0095355         0.0095355         51.32         0.00           Rare Sugar         3         0.0254231         0.0254231         0.0084744         45.61         0.000           Starch*Rare Sugar         3         0.0003591         0.0001197         0.64         0.603           Error         8         0.0014865         0.0014865         0.0001858           Total         15         0.0368042
S = 0.0136311 R-Sq = 95.96% R-Sq(adj) = 92.43%
Grouping Information Using Tukey Method and 95.0% Confidence
Starch N Mean Grouping 11 8 0.6 A 9 8 0.5 B
Means that do not share a letter are significantly different.
Grouping Information Using Tukey Method and 95.0% Confidence
Rare Sugar N Mean Grouping 0 4 0.6 A 10 4 0.5 B 20 4 0.5 B 30 4 0.5 B
Means that do not share a letter are significantly different.
Grouping Information Using Tukey Method and 95.0% Confidence
Rare         Starch       Sugar       N       Mean       Grouping         11       0       2       0.7       A         9       0       2       0.6       B         11       10       2       0.6       B C         11       20       2       0.6       B C         11       30       2       0.6       B C D         9       20       2       0.5       C D         9       10       2       0.5       C D         9       30       2       0.5       D

Means that do not share a letter are significantly different.

#### (2) General Linear Model: Moisture Content (MC %) versus Starch, Rare Sugar

Factor Levels Values Type 2 9, 11 Starch fixed 4 0, 10, 20, 30 Rare Sugar fixed Analysis of Variance for Mc day 21, using Adjusted SS for Tests Source DF Seq SS Adj SS Adj MS F Ρ Starch 1 0.6672 0.6672 0.6672 3.98 0.081 3 3.8209 3.8209 1.2736 7.59 0.010 Rare Sugar 3 1.7852 1.7852 0.5951 3.55 0.068 8 1.3417 1.3417 0.1677 Starch\*Rare Sugar Error 15 7.6151 Total S = 0.409531 R-Sq = 82.38% R-Sq(adj) = 66.96% Grouping Information Using Tukey Method and 95.0% Confidence Starch N Mean Grouping 8 12.3 A 8 11.9 A 11 9 Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Sugar N Mean Grouping 4 12.9 A 0 30 4 12.0 A B 20 4 11.8 В 10 4 11.7 В Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Starch Sugar N Mean Grouping 13.2 A 12.6 A B 9 0 2 11 0 2 30 2 12.5 A B 11 10 2 12.2 A B 11 2 12.0 A B 11 20 9 20 2 11.7 АB 9 30 2 11.6 В 2 11.1 9 10 В

#### (3) General Linear Model: T1 versus Starch, Rare Sugar

Levels Values Factor Туре fixed 2 9, 11 Starch Rare Sugar fixed 4 0, 10, 20, 30 Analysis of Variance for T1\_day 21, using Adjusted SS for Tests DF Seq SS Adj SS Adj MS Source F Ρ Starch 1 152.992 152.992 152.992 152.71 0.000 3106.759106.75935.58635.520.000331.12331.12310.37410.360.004 Rare Sugar Starch\*Rare Sugar Error 8 8.015 8.015 1.002 Total 15 298.889 S = 1.00091 R-Sq = 97.32% R-Sq(adj) = 94.97% Grouping Information Using Tukey Method and 95.0% Confidence Starch N Mean Grouping 8 52.5 A 8 46.3 9 11 B Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Sugar N Mean Grouping 4 52.2 A 10 4 50.7 A B 0 20 В 4 49.7 45.2 С 30 4 Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Starch Sugar N Mean Grouping 57.3 A 9 10 2 9 2 52.4 20 В 9 0 2 51.9 В 11 0 2 49.5 вС 9 30 2 48.5 в С 47.0 11 10 2 С 11 20 2 46.9 С 2 42.0 11 D 30

#### (4) General Linear Model: T2 versus Starch, Rare Sugar

Туре

Factor

Levels Values 2 9, 11 Starch fixed 4 0, 10, 20, 30 Rare Sugar fixed Analysis of Variance for T2 day 21, using Adjusted SS for Tests DF Seq SS Adj SS Adj MS F Ρ Source Starch 1 2.46961 2.46961 2.46961 262.83 0.000 Rare Sugar 3 0.71516 0.71516 0.23839 25.37 0.000 3 0.27235 0.27235 0.09078 Starch\*Rare Sugar 9.66 0.005 8 0.07517 0.07517 0.00940 Error 15 3.53230 Total S = 0.0969343 R-Sq = 97.87% R-Sq(adj) = 96.01% R denotes an observation with a large standardized residual. Grouping Information Using Tukey Method and 95.0% Confidence Starch N Mean Grouping 1.6 A 8 11 9 8 0.8 В Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Sugar N Mean Grouping 0 4 1.5 А 30 1.4 A B 4 10 4 1.2 ВC 4 0.9 20 С Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Starch Sugar N Mean Grouping 11 30 2 1.8 A 11 0 2 1.7 A 10 2 1.7 A 11 2 9 0 1.2 В 11 20 2 1.2 В 2 0.9 в С 9 30 9 20 2 0.7 С 9 10 2 0.6 С Means that do not share a letter are significantly different.

Table A. 5. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on (1) water activity (aw); (2) moisture content (MC %); (3) T1; (4) T2 using adjusted SS for Tests for day 28

#### (1) General Linear Model: Water activity versus Starch, Rare Sugar

Factor Starch Rare Sugar	Type Levels Values fixed 2 9, 11 fixed 4 0, 10, 20, 30
Analysis of	Variance for aw_day 28, using Adjusted SS for Tests
Source Starch Rare Sugar Starch*Rare Error Total	DF Seq SS Adj SS Adj MS F P 1 0.0031894 0.0031894 0.0031894 109.60 0.000 3 0.0119506 0.0119506 0.0039835 136.89 0.000 Sugar 3 0.0003129 0.0003129 0.0001043 3.58 0.066 8 0.0002328 0.0002328 0.0000291 15 0.0156857
S = 0.005394	138 R-Sq = 98.52% R-Sq(adj) = 97.22%
Grouping Inf	Formation Using Tukey Method and 95.0% Confidence
Starch N M 11 8 9 8	Mean Grouping 0.6 A 0.6 B
Means that o	do not share a letter are significantly different.
Grouping Inf	Formation Using Tukey Method and 95.0% Confidence
Rare Sugar N Me 0 4 0 10 4 0 20 4 0 30 4 0	ean Grouping 0.6 A 0.6 B 0.6 C 0.6 C
Means that o	do not share a letter are significantly different.
Grouping Inf	formation Using Tukey Method and 95.0% Confidence
Rare Starch Suga 11 0 9 0 11 10 11 20 11 30 9 10 9 20 9 30	Ar       N       Mean       Grouping         2       0.6       A         2       0.6       A         2       0.6       B         2       0.6       C         2       0.6       C         2       0.6       C         2       0.6       C         2       0.6       C         2       0.6       D         2       0.5       E
Means that d	lo not share a letter are significantly different.

#### (2) General Linear Model: Moisture Content (MC %) versus Starch, Rare Sugar

Factor Levels Values Type 2 9, 11 Starch fixed 4 0, 10, 20, 30 Rare Sugar fixed Analysis of Variance for mc day 28, using Adjusted SS for Tests Source DF Seq SS Adj SS Adj MS F Ρ Starch 1 0.8754 0.8754 0.8754 1.59 0.242 3 4.0344 4.0344 1.3448 2.45 0.138 Rare Sugar 3 0.4759 0.4759 0.1586 0.29 0.832 8 4.3910 4.3910 0.5489 Starch\*Rare Sugar Error 15 9.7767 Total S = 0.740863 R-Sq = 55.09% R-Sq(adj) = 15.79% Grouping Information Using Tukey Method and 95.0% Confidence Starch N Mean Grouping 8 12.3 A 8 11.9 A 11 9 Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Sugar N Mean Grouping 30 4 12.7 A 4 12.3 A 20 4 12.0 0 А 10 4 11.4 Α Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Starch Sugar N Mean Grouping 11 30 2 13.1 A 20 2 11 12.5 A 11 0 2 12.3 А 9 30 2 12.3 А 9 2 12.1 20 А 9 0 2 11.7 A 9 10 2 11.4 A 11 10 2 11.3 A

#### (3) General Linear Model: T1 versus Starch, Rare Sugar

Levels Values Factor Туре 2 9, 11 Starch fixed 4 0, 10, 20, 30 Rare Sugar fixed Analysis of Variance for T1 day 28, using Adjusted SS for Tests DF Seq SS Adj SS Adj MS F Ρ Source 76.545 76.545 76.545 259.88 0.000 Starch 1 Rare Sugar 3 131.754 131.754 43.918 149.10 0.000 21.758 7.253 Starch\*Rare Sugar 3 21.758 24.62 0.000 8 2.356 2.356 0.295 Error 232.414 Total 15 S = 0.542720R-Sq = 98.99% R-Sq(adj) = 98.10%Grouping Information Using Tukey Method and 95.0% Confidence Starch N Mean Grouping 8 50.6 A 9 11 8 46.2 В Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Sugar N Mean Grouping 10 4 51.1 A 4 50.5 A 0 20 4 48.2 В 30 4 43.8 С Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Starch Sugar N Mean Grouping 2 55.1 A 9 10 9 0 2 51.5 В 9 20 2 49.6 В 11 0 2 49.6 В С 11 10 2 47.0 20 2 46.8 11 С 2 9 30 46.1 С 11 30 2 41.5 D

#### (4) General Linear Model: T2 versus Starch, Rare Sugar

Levels Values 2 9, 11 Factor Туре Starch fixed 4 0, 10, 20, 30 Rare Sugar fixed Analysis of Variance for T2 day 28, using Adjusted SS for Tests Source DF Seq SS Adj SS Adj MS F Ρ Starch 1 5.4459 5.4459 5.4459 444.09 0.000 Rare Sugar 3 1.1217 1.1217 0.3739 30.49 0.000 30.66780.66780.222680.09810.09810.0123 Starch\*Rare Sugar 18.15 0.001 Error 15 7.3336 Total S = 0.110739 R-Sq = 98.66% R-Sq(adj) = 97.49% Grouping Information Using Tukey Method and 95.0% Confidence Starch N Mean Grouping 2.1 A 8 11 9 8 1.0 В Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Sugar N Mean Grouping 30 4 2.0 A 4 1.5 0 В 4 В 10 1.4 20 4 1.3 В Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Starch Sugar N Mean Grouping 2.8 A 11 30 2 11 10 2 2.1 В 2 2.0 11 0 В 20 С 11 2 1.6 9 30 2 1.1 СD 9 20 2 1.0 D 9 2 0 1.0 D 9 10 2 0.8 D Means that do not share a letter are significantly different.

Table A. 6. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on hardness using adjusted SS for Tests; day0

#### General Linear Model: Hardness versus Starch, RareSugar

Туре Levels Values Factor Starch h fixed 2 9, 11 Rare h fixed 4 0, 10, 20, 30 Analysis of Variance for Hardness day 0, using Adjusted SS for Tests DF Seq SS Adj SS Adj MS F Source Ρ 1 294.13 294.13 294.13 239.32 0.000 Starch h 

 3
 322.97
 322.97
 107.66

 3
 147.54
 147.54
 49.18

 8
 9.83
 9.83
 1.23

 Rare h 87.59 0.000 Starch h\*Rare h 40.02 0.000 Error 15 774.47 Total S = 1.10862 R-Sq = 98.73% R-Sq(adj) = 97.62% Grouping Information Using Tukey Method and 95.0% Confidence Starch h N Mean Grouping 9 8 13.6 A 5.0 11 8 В Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare h N Mean Grouping 4 15.0 A 0 В 10 4 12.4 20 4 5.5 С 30 4.3 С 4 Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Starch h Rare h N Mean Grouping 2 23.9 A 9 0 9 10 2 17.5 В 11 10 2 7.3 С 2 6.9 СD 9 20 СD 11 0 2 6.1 9 30 2 6.1 СD 11 20 2 4.1 СD 11 30 2 2.6 D

Table A. 7. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on hardness using adjusted SS for Tests; day 10

General Linear Model: Hardness versus Starch, Rare Sugar Туре Levels Values Factor 2 9, 11 Starch h fixed 4 0, 10, 20, 30 Rare\_h fixed Analysis of Variance for Hardness day 10, using Adjusted SS for Tests DF Seq SS Adj SS Adj MS F Source Ρ 1 377.75 377.75 377.75 887.65 0.000 Starch h 3 355.64 355.64 118.55 278.56 0.000 Rare h 3 184.43 184.43 61.48 Starch h\*Rare h 144.46 0.000 Error 8 3.40 3.40 0.43 15 921.23 Total S = 0.652355 R-Sq = 99.63% R-Sq(adj) = 99.31% Grouping Information Using Tukey Method and 95.0% Confidence Starch h N Mean Grouping 8 14.8 A 11 9 8 5.1 В Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare\_h N Mean Grouping 10 4 16.3 A 0 4 12.4 В 20 4 7.0 С 30 4 4.1 D Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Starch h Rare h N Mean Grouping 11 10 2 25.3 A 2 19.5 11 В 0 11 20 2 9.9 С 9 10 2 7.4 СD 5.2 9 2 DΕ 0 30 11 2 4.5 Ε 9 20 2 4.2 Ε 30 9 2 3.7 Ε Means that do not share a letter are significantly different.

Table A. 8. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on hardness using adjusted SS for Tests day 20

#### General Linear Model: Hardness versus Starch, Rare Sugar Levels Values 2 9, 11 Туре Factor Starch\_h fixed 4 0, 10, 20, 30 Rare\_h fixed Analysis of Variance for Hardness\_day 20, using Adjusted SS for Tests Seq SS Adj SS Adj MS Source DF ਸ Ρ 1 14.54 14.54 14.54 1.51 0.255 Starch h 3 2706.37 2706.37 902.12 93.47 0.000 Rare h 154.72 51.57 Starch\_h\*Rare\_h 3 154.72 5.34 0.026 Error 8 77.21 77.21 9.65 15 2952.84 Total S = 3.10673 R-Sq = 97.39% R-Sq(adj) = 95.10% Grouping Information Using Tukey Method and 95.0% Confidence Starch h N Mean Grouping 8 22.0 A 11 9 8 20.1 A Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare\_h N Mean Grouping 0 4 38.9 A 10 4 27.8 В 20 4 10.9 С 30 4 6.6 С Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Starch h Rare h N Mean Grouping 2 41.9 A 9 0 11 0 2 35.9 A 2 33.0 A B 11 10 ВC 10 2 22.6 9 2 13.2 СD 20 11 9 20 2 8.5 D 9 30 2 7.4 D 2 5.8 11 30 D Means that do not share a letter are significantly different.

Table A. 9. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on hardness using adjusted SS for Tests day 28

General Linear Model: Hardness versus Starch, Rare Туре Levels Values Factor 2 9, 11 Starch\_h fixed 4 0, 10, 20, 30 Rare h fixed Analysis of Variance for Hardness day 28, using Adjusted SS for Tests Adj SS Adj MS Source DF Seq SS F Ρ 177.95 177.95 177.95 71.74 0.000 Starch h 1 3 3739.42 3739.42 1246.47 502.49 0.000 Rare h 3 213.77 213.77 71.26 28.73 0.000 Starch h\*Rare h Error 8 19.84 19.84 2.48 15 4150.99 Total S = 1.57499 R-Sq = 99.52% R-Sq(adj) = 99.10% Grouping Information Using Tukey Method and 95.0% Confidence Starch h N Mean Grouping 11 8 26.4 Α 8 19.8 9 B Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare\_h N Mean Grouping 0 4 45.0 A 4 29.6 10 В 20 4 11.2 С 30 4 6.6 D Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Starch h Rare h N Mean Grouping 11 0 2 46.4 A 9 0 2 43.5 A B 10 11 2 39.1 В 9 10 2 20.2 С 11 20 2 13.8 D 20 2 DΕ 9 8.5 9 30 2 6.8 E 11 30 2 6.4 Ε Means that do not share a letter are significantly different.

Table A. 10. Analysis of Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on glass transition Tg using adjusted SS for Tests; day 0

General Linear Model: Glass transition (Tg) versus Starch, Rare Sugar

Levels Values Factor Туре Starch Tg fixed 2 9, 11 4 0, 10, 20, 30 Rare Sugar\_Tg fixed Analysis of Variance for Tg\_ day 0, using Adjusted SS for Tests DF Seq SS Adj SS Adj MS Ρ Source F 1.41 0.269 2.91 0.101 Starch Tg 1 1.1827 1.1827 1.1827 Rare Sugar Tg 7.3195 2.4398 3 7.3195 3 27.2890 27.2890 9.0963 10.84 0.003 Starch Tg\*Rare Sugar Tg 6.7154 6.7154 0.8394 Error 8 Total 15 42.5064 S = 0.916198 R-Sq = 84.20% R-Sq(adj) = 70.38% Grouping Information Using Tukey Method and 95.0% Confidence Starch\_Tg N Mean Grouping 9 8 -37.9 Α 8 -38.4 A 11 Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Sugar Tg N Mean Grouping 4 -37.2 A 30 0 4 -37.9 Α 20 4 -38.6 А -39.0 A 10 4 Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Starch Tg Sugar Tg N Mean Grouping 9 2 -35.1 A 30 11 0 2 -36.7 АB 2 -37.8 A B 11 20 9 10 2 -38.0 A B 2 -39.1 9 0 В 11 30 2 -39.2 В -39.3 9 20 2 В 11 10 2 -39.9 В

Table A. 11. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on glass transition Tg using adjusted SS for Tests; day 28

#### General Linear Model: Glass transition (Tg) versus Starch, Rare Sugar

Levels Values Factor Туре Starch Tg fixed 2 9, 11 Rare Sugar Tg fixed 4 0, 10, 20, 30 Analysis of Variance for Tg\_day 28, using Adjusted SS for Tests DF Seq SS Adj SS Adj MS Source F Ρ Starch Tq 4.030 4.030 4.030 1.03 0.339 1 3 18.396 18.396 Rare Sugar Tg 6.132 1.57 0.270 3 21.412 21.412 7.137 1.83 0.219 Starch\_Tg\*Rare Sugar\_Tg 8 31.166 31.166 3.896 Error Total 15 75.004 S = 1.97378 R-Sq = 58.45% R-Sq(adj) = 22.09% Grouping Information Using Tukey Method and 95.0% Confidence Starch Tg N Mean Grouping 8 -38.6 A 11 8 -39.6 A 9 Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Sugar\_Tg N Mean Grouping 0 4 -37.4 Α -38.9 A 30 4 -40.0 A 10 4 20 4 -40.1 A Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence Rare Starch Tg Sugar Tg N Mean Grouping 11 0 2 -35.2 А 9 30 2 -37.9 Α 11 10 2 -39.4 A 9 0 2 -39.7 А -39.9 11 30 2 Α -40.0 20 2 11 Α 9 20 2 -40.3 A 2 -40.5 A 9 10 Means that do not share a letter are significantly different.

Table A. 12. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on T2 (spin-spin) relaxation times of each compartment (peaks) obtained by NNLS using adjusted SS for Tests; day 0

# General Linear Model: Peak\_1, Peak 2, Peak 3, Peak 4 versus Starch, Rare Sugar

Factor Starch Rare Sugar	Type fixed fixed	Levels 2 4	Value 9, 11 0, 10	es , 20,	30				
Analysis of	Variano	ce for P	eak_1,	using	Adjust	ted SS	for T	ests	
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF 1 0.0 3 0.0 3 0.0 8 0.0 15 0.0	Seq SS 022562 012187 031687 005500 071937	A 0.00 0.00 0.00 0.00 0.00	dj SS 22562 12187 31687 05500	Adj 0.0022 0.0004 0.0010 0.0000	MS 562 062 562 687	F 32.82 5.91 15.36	P 0.000 0.020 0.001
S = 0.008292	156 R-	-Sq = 92	.35%	R-Sq (	adj) =	85.66%			
Analysis of	Variano	ce for P	eak 2,	using	Adjust	ted SS	for T	ests	
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF S 1 0.0 3 0.2 3 0.2 8 0.0 15 0.4	eq SS 17556 02569 14619 58650 93394	Adj 0.017 0.202 0.214 0.058	SS 556 0 569 0 619 0 650 0	Adj MS .017556 .067523 .071540 .007331	2.3 9.2 9.7	F 9 0.16 1 0.00 6 0.00	P 50 06 05
S = 0.085622	27 R-S	Sq = 88.	11%	R-Sq(a	dj) =	77.71%			
Analysis of	Variand	ce for P	eak 3,	using	Adjust	ted SS	for T	ests	
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF Se 1 0. 3 7. 3 7. 8 0. 15 15.	q SS 3025 0725 7225 3400 4375	Adj SS 0.3025 7.0725 7.7225 0.3400	Adj M 0.302 2.35 2.574 0.042	4S 25 7. 75 55. 42 60. 25	F 12 0 47 0 57 0	P .028 .000 .000	
S = 0.206155	ō R-So	g = 97.8	0% F	₹-Sq(ad	j) = 95	5.87%			
Analysis of	Variano	ce for P	eak 4,	using	Adjust	ted SS	for T	ests	
Source Starch Rare Sugar Starch*Rare	Sugar	DF Se 1 71 3 23 3 23	q SS .402 .987 .987	Adj SS 71.402 23.987 23.987	Adj 1 71.40 7.99 7.99	MS 02 714 96 79 96 79	F 0.25 9.58 9.58	P 0.000 0.000 0.000	

Error 8 0.080 0.080 0.010 15 119.457 Total S = 0.1 R-Sq = 99.93% R-Sq(adj) = 99.87% Grouping Information Using Tukey Method and 95.0% Confidence for Peak 1 Starch N Mean Grouping 0.2 A 11 8 В 0.2 9 8 Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence for Peak 1 Rare Sugar N Mean Grouping 30 0.2 A 4 20 4 0.2 A 0 4 0.2 A B 0.2 10 4 В Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence for Peak 1 Rare Starch Sugar N Mean Grouping 11 10 2 0.2 А 11 20 2 0.2 А 2 0.2 A 9 30 2 0.2 A 11 30 11 0 2 0.2 A 20 2 0.2 A 9 9 0 2 0.2 А 9 2 0.1 В 10 Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence for Peak 2 Starch N Mean Grouping 0.7 A 11 8 9 8 0.6 A Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence for Peak 2

Rare Sugar N Mean Grouping 20 4 0.8 A 30 4 0.7 A B 0 4 0.6 A B 10 4 0.5 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for Peak  $2\,$ 

	-				
	Rare				
Starch	Sugar	Ν	Mean	Gro	uping
11	20	2	1.0	A	
9	0	2	0.7	АB	
9	30	2	0.7	АB	С
11	30	2	0.6	АB	С
9	20	2	0.6	АB	С
11	10	2	0.6	В	С
11	0	2	0.5	В	С
9	10	2	0.4		С

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for Peak  ${\tt 3}$ 

 Starch
 N
 Mean
 Grouping

 9
 8
 2.5
 A

 11
 8
 2.2
 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for Peak  $\mathbf 3$ 

Rare Sugar N Mean Grouping 20 4 3.3 A 0 4 2.3 B 30 4 2.3 B 10 4 1.5 C

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for Peak  $\mathbf 3$ 

	Rare			
Starch	Sugar	Ν	Mean	Grouping
11	20	2	4.3	A
9	0	2	3.3	В
9	30	2	2.7	ВC
9	20	2	2.4	С
11	30	2	1.9	СD

D 2 2 9 10 1.6 11 10 1.3 D 0 2 11 1.3 D Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence for Peak 4 Starch N Mean Grouping 8 4.2 A 8 0.0 B 11 9 Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence for Peak 4 Rare Sugar N Mean Grouping 30 4 3.0 A 4 2.8 A B 0 В 2.6 10 4 С 20 4 Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence for Peak 4 Rare

	TIGTO			
Starch	Sugar	Ν	Mean	Grouping
11	30	2	5.9	A
11	0	2	5.7	A
11	10	2	5.3	В
9	20	2	0.0	С
11	20	2	0.0	С
9	30	2	0.0	С
9	0	2	-0.0	С
9	10	2	-0.0	С

Table A. 13. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on T2 (spin-spin) relaxation times of each compartment (peaks) obtained by NNLS using adjusted SS for Tests; day 7

## General Linear Model: Peak 1, Peak 2, Peak 3, Peak 4 versus Starch, Rare Sugar

Factor Starch Rare Sugar	Type fixed fixed	Levels 2 4	Values 9, 11 0, 10,	20, 30	)			
Analysis of	Varianc	e for Pe	eak_1_da	ay 7, u	ising A	djusted	SS for T	ests
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF 5 1 0.00 3 0.00 3 0.00 8 0.00 15 0.00	Seq SS 033063 026687 030687 003500 093937	Adj 0.0033 0.0026 0.0030 0.0003	SS 3063 0 3687 0 3687 0 3500 0	Adj M. .003306 .000889 .001022 .000043	S F 3 75.57 6 20.33 9 23.38 8	F 0.000 0.000 0.000
S = 0.006614	438 R-	Sq = 96.	27% 1	R-Sq (ad	lj) = 9	3.01%		
Analysis of	Varianc	e for Pe	ak 2_da	ay 7, u	sing A	djusted	SS for T	ests
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF Sec 1 0.11 3 0.30 3 0.09 8 0.11 15 0.62	I SS 2 .391 0 .367 0 .532 0 .425 0 .714	Adj SS .11391 .30367 .09532 .11425	Adj 1 0.113 0.101 0.031 0.014	MS 91 7.9 22 7.0 77 2.2 28	F P 8 0.022 9 0.012 2 0.163	
S = 0.119504	4 R-Sq	= 81.78	8% R-1	Sq(adj)	= 65.	84%		
Analysis of	Varianc	e for Pe	eak 3_da	ay 7, u	ising A	djusted	SS for T	ests
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF Sec 1 1.8 3 12.2 3 2.8 8 1.0 15 17.8	I SS 2 2225 2 2000 1 3475 2 3000 2 3700	Adj SS 1.8225 2.2000 2.8475 1.0000	Adj M 1.822 4.066 0.949 0.125	S 14.5 5 14.5 7 32.5 2 7.5 0	F P 8 0.005 3 0.000 9 0.010	
s = 0.353553	3 R-Sq	g = 94.40	% R−;	Sq(adj)	= 89.	51%		
Analysis of	Varianc	e for Pe	eak 4_da	ay 7, u	sing A	djusted	SS for T	ests
Source Starch Rare Sugar Starch*Rare	Sugar	DF Seq 1 101. 3 150. 3 150.	SS Ad 51 10 02 15 02 15	j SS A 1.51 1 0.02 0.02	dj MS 01.51 50.01 50.01	F 6.34 3.12 3.12	P 0.036 0.088 0.088	

Error 8 128.04 128.04 16.01 Total 15 529.58

S = 4.00070 R-Sq = 75.82% R-Sq(adj) = 54.67%

Grouping Information Using Tukey Method and 95.0% Confidence for  $\texttt{Peak}\_1\_\texttt{day}\ 7$ 

Starch N Mean Grouping 11 8 0.2 A 9 8 0.2 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for  $\texttt{Peak}\_1\_\texttt{day}\ 7$ 

Rare Sugar N Mean Grouping 0 4 0.2 A 30 4 0.2 A 20 4 0.2 A 10 4 0.2 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for Peak\_1\_day 7  $\,$ 

	Rare			
Starch	Sugar	Ν	Mean	Grouping
11	20	2	0.2	A
11	0	2	0.2	A
9	30	2	0.2	A
11	10	2	0.2	A
11	30	2	0.2	АB
9	0	2	0.2	АB
9	20	2	0.2	В
9	10	2	0.1	С

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for Peak 2\_day 7  $\,$ 

Starch N Mean Grouping 11 8 0.8 A 9 8 0.6 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for Peak 2\_day 7  $\,$ 

Rare Sugar N Mean Grouping 20 4 0.8 A 0 4 0.8 A 30 4 0.7 A 10 4 0.4 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for Peak  $2\_day\ 7$ 

	Rare			
Starch	Sugar	Ν	Mean	Grouping
11	20	2	1.0	A
11	0	2	0.8	АB
11	30	2	0.8	АB
9	0	2	0.7	АB
9	30	2	0.7	АB
9	20	2	0.6	АB
11	10	2	0.5	В
9	10	2	0.4	В

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for Peak  $3\_day\ 7$ 

Starch N Mean Grouping 11 8 3.1 A 9 8 2.4 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for Peak  $3\_day\ 7$ 

Rare Sugar N Mean Grouping 0 4 3.7 A 20 4 3.3 A B 30 4 2.6 B 10 4 1.4 C

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for Peak  $3\_day\ 7$ 

	Rare			
Starch	Sugar	Ν	Mean	Grouping
11	20	2	4.3	A
11	0	2	4.2	A
9	0	2	3.2	АB
11	30	2	2.7	ВC
9	30	2	2.6	вср

2 9 20 2.4 B C D C D 9 2 10 1.6 10 2 11 1.2 D Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence for Peak 4\_day 7 Starch N Mean Grouping 8 5.0 A 8 -0.0 B 11 9 Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence for Peak 4\_day 7 Rare Sugar N Mean Grouping 30 4 7.5 A 4 2.6 A 10 4 0.0 A 4 -0.0 A 20 0 Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence for Peak 4 day 7

Starch 11 11	Rare Sugar 30 10	N 2 2	Mean 15.0 5.1	Grouping A A
9	20	2	0.0	A
11	20	2	0.0	A
9	0	2	0.0	A
9	10	2	-0.0	A
11	0	2	-0.0	A
9	30	2	-0.0	A

Table A. 14. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on T2 (spin-spin) relaxation times of each compartment (peaks) obtained by NNLS using adjusted SS for Tests; day 14

### General Linear Model: Peak 1, Peak 2, Peak 3, Peak4 versus Starch, Rare Sugar

Factor Starch Rare Sugar	Type fixed fixed	Levels 2 4	Valu 9, 1 0, 1	es 1 0, 20,	30			
Analysis of	Variano	ce for	Peak1_	day 14,	using	Adjusted	SS for	Tests
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF 1 0. 3 0. 3 0. 8 0. 15 0.	Seq S. 003025 001525 003125 001500 009175	S Z 0 0.00 0 0.00 0 0.00 0 0.00	Adj SS 030250 015250 031250 015000	Adj M 0.003025 0.000508 0.001041 0.000187	S E 0 16.13 3 2.71 7 5.56 5	P 0.004 0.115 0.023
S = 0.013693	81 R-S	Sq = 83	.65%	R-Sq(a	adj) = 6	59.35%		
Analysis of	Variand	ce for	Peak2_	day 14,	using	Adjusted	SS for	Tests
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF 1 0. 3 0. 3 0. 8 0. 15 0.	Seq SS 074256 249369 096819 055350 475794	Ad 0.074 0.249 0.096 0.055	SS 256 0. 369 0. 5819 0. 5350 0.	Adj MS 074256 083123 032273 006919	F 10.73 ( 12.01 ( 4.66 (	P 0.011 0.002 0.036
S = 0.083179	90 R-S	Sq = 88	.37%	R-Sq(a	adj) = 7	'8 <b>.</b> 19%		
Analysis of	Variand	ce for	Peak3_	day 14,	using	Adjusted	SS for	Tests
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF S 1 1 3 12 3 2 8 0 15 17	eq SS .8225 .1875 .5275 .5400 .0775	Adj 5 1.822 12.187 2.527 0.540	Adj 1.82 5 4.06 5 0.84 00 0.06	MS 225 27.0 525 60.1 125 12.4 575	F E 0 0.001 9 0.000 8 0.002	- - -
S = 0.259808	8 R-Sc	g = 96.	84% :	R-Sq(ac	lj) = 94	1.07%		
Analysis of	Variand	ce for	Peak 4 <sub>.</sub>	_day 14	, using	g Adjuste	d SS for	Tests
Source Starch Rare Sugar Starch*Rare Error	Sugar	DF S 1 10 3 17 3 17 8	eq SS 5.576 1.127 1.127 0.045	Adj 8 105.57 171.12 171.12 0.04	S Ad 76 105. 27 57. 27 57. 15 0.	MS 576 187 042 101 042 101 006	F 69.00 40.85 40.85 0	P .000 .000 .000

Total 15 447.874 S = 0.075 R-Sq = 99.99% R-Sq(adj) = 99.98% Grouping Information Using Tukey Method and 95.0% Confidence for Peak1\_day 14 Starch N Mean Grouping 0.2 A 11 8 В 9 8 0.2 Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence for Peak1 day 14 Rare Sugar N Mean Grouping 0 4 0.2 A 30 4 0.2 A 0.2 A 20 4 10 4 0.2 A Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence for Peak1\_day 14 Rare Starch Sugar N Mean Grouping 10 11 2 0.2 A 11 20 2 0.2 A 11 0 2 0.2 А 2 0.2 A 0 9 9 30 2 0.2 A B 11 30 2 0.2 A B 20 2 0.2 A B 9 9 10 2 0.1 В Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence for Peak2\_day 14 Starch N Mean Grouping 11 8 0.8 A 8 0.6 9 B Means that do not share a letter are significantly different. Grouping Information Using Tukey Method and 95.0% Confidence for Peak2\_day 14 Rare

 Sugar
 N
 Mean
 Grouping

 20
 4
 0.8
 A

 0
 4
 0.8
 A

 30
 4
 0.7
 A

 10
 4
 0.5
 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for Peak2\_day 14  $\,$ 

	Rare			
Starch	Sugar	Ν	Mean	Grouping
11	20	2	1.0	A
9	0	2	0.8	АB
11	30	2	0.8	АB
11	0	2	0.8	АB
9	30	2	0.7	АВС
9	20	2	0.6	вС
11	10	2	0.5	в С
9	10	2	0.4	С

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for <code>Peak3\_day 14</code>

 Starch
 N
 Mean
 Grouping

 11
 8
 3.0
 A

 9
 8
 2.4
 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for <code>Peak3\_day 14</code>

Rare			
Sugar	Ν	Mean	Grouping
0	4	3.7	A
20	4	3.0	В
30	4	2.7	В
10	4	1.3	С

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for <code>Peak3\_day 14</code>

	Rare			
Starch	Sugar	Ν	Mean	Grouping
11	0	2	4.4	A
11	20	2	3.8	АB
9	0	2	3.1	ВC
11	30	2	2.7	С
9	30	2	2.7	С
9	20	2	2.3	СD

9 10 2 1.5 DE 11 10 2 1.2 E

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for Peak  $4\_day~14$ 

 Starch
 N
 Mean
 Grouping

 11
 8
 5.1
 A

 9
 8
 0.0
 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for Peak  $4\_day~14$ 

Rare Sugar N Mean Grouping 30 4 8.0 A 10 4 2.3 B 20 4 0.0 C 0 4 0.0 C

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for Peak  $4\_day~14$ 

	Rare			
Starch	Sugar	Ν	Mean	Grouping
11	30	2	16.0	A
11	10	2	4.5	В
9	20	2	0.0	С
9	0	2	0.0	С
11	20	2	0.0	С
9	10	2	-0.0	С
11	0	2	-0.0	С
9	30	2	-0.0	С

Table A. 15. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on T2 (spin-spin) relaxation times of each compartment (peaks) obtained by NNLS using adjusted SS for Tests; day 21

## General Linear Model: Peak 1, Peak 2, Peak 3, Peak 4 versus Starch, Rare Sugar

Factor Starch Rare Sugar	Type I fixed fixed	Levels V. 2 9 4 0	alues , 11 , 10, 20,	30		
Analysis of	Variance	e for Pea	k1_day 21,	using A	djusted S	S for Tests
Source Starch Rare Sugar Starch*Rare Error Total	I Sugar	DF Set 1 0.003 3 0.000 3 0.001 8 0.002 15 0.008	q SS Z 0250 0.00 6750 0.00 8750 0.00 8000 0.00 3750	Adj SS 030250 0 006750 0 018750 0 028000 0	Adj MS .0030250 .0002250 .0006250 .0003500	F P 8.64 0.019 0.64 0.609 1.79 0.228
S = 0.018708	33 R-So	q = 66.57	∦ R−Sq(a	adj) = 37	.31%	
Analysis of	Variance	e for pea	k2_day 21,	using A	djusted S	S for Tests
Source Starch Rare Sugar Starch*Rare Error Total	I Sugar	DF Seq 3 1 0.000 3 0.312 3 0.072 8 0.112 15 0.498	SS Adj S 06 0.0000 62 0.3126 37 0.0728 65 0.1126 19	Adj 06 0.000 52 0.104 37 0.024 55 0.014	MS F 06 0.00 21 7.40 29 1.72 08	P 0.951 0.011 0.239
S = 0.118664	l R-Sq	= 77.39%	R-Sq(ac	dj) = 57.	60%	
Analysis of	Variance	e for pea	k3_day 21,	using A	djusted S	S for Tests
Source Starch Rare Sugar Starch*Rare Error Total	I Sugar	DF Seq S 1 0.600 3 6.201 3 1.571 8 0.775 15 9.149	<ul> <li>Adj SS</li> <li>0.6006</li> <li>6.2019</li> <li>1.5719</li> <li>0.7750</li> </ul>	Adj MS 0.6006 2.0673 0.5240 0.0969	F 6.20 0 21.34 0 5.41 0	P .038 .000 .025
S = 0.311247	7 R-Sq	= 91.53%	R-Sq(ac	dj) = 84.	12%	
Grouping Inf Peak1_day 21	formation L	n Using T	ukey Metho	od and 95	.0% Confid	dence for
Starch N M 11 8 9 8	1ean Gro 0.2 A 0.2 H	ouping B				
Means that d	do not sl	hare a le	tter are s	significa	ntly diffe	erent.

Grouping Information Using Tukey Method and 95.0% Confidence for <code>Peak1\_day 21</code>

Rare Sugar N Mean Grouping 0 4 0.2 A 30 4 0.2 A 20 4 0.2 A 10 4 0.2 A

-

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for Peak1\_day 21

	Rare			
Starch	Sugar	Ν	Mean	Grouping
11	10	2	0.2	A
11	0	2	0.2	A
9	30	2	0.2	A
11	30	2	0.2	A
11	20	2	0.2	A
9	0	2	0.2	A
9	20	2	0.2	A
9	10	2	0.1	A

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for peak2 day 21  $\,$ 

Starch N Mean Grouping 9 8 0.8 A 11 8 0.8 A

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for  $\tt peak2\_day$  21

Rare Sugar N Mean Grouping 10 4 1.0 А 0.7 A B 0 4 20 0.7 4 В 30 4 0.6 В

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for  $\tt peak2\_day$  21

Rare Starch Sugar N Mean Grouping

9	10	2	1.1	А	
11	10	2	0.9	А	В
11	0	2	0.8	А	В
11	20	2	0.7	А	В
9	0	2	0.7	А	В
11	30	2	0.6		В
9	20	2	0.6		В
9	30	2	0.6		В

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for peak3\_day 21  $\,$ 

Starch N Mean Grouping 11 8 3.0 A 9 8 2.6 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for peak3\_day 21  $\,$ 

Rare Sugar N Mean Grouping 4 3.5 A 10 0 4 3.2 A 20 4 2.5 В 30 4 2.0 В

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for peak3\_day 21  $\,$ 

	Rare			
Starch	Sugar	Ν	Mean	Grouping
11	10	2	3.7	A
11	0	2	3.7	A
9	10	2	3.4	АB
11	20	2	2.9	АВС
9	0	2	2.7	АВСD
9	30	2	2.3	вср
9	20	2	2.0	СD
11	30	2	1.7	D

Table A. 16. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on T2 (spin-spin) relaxation times of each compartment (peaks) obtained by NNLS using adjusted SS for Tests; day 28

### General Linear Model: Peak 1, Peak 2, Peak 3, Peak 4 versus Starch, Rare Sugar

Factor Starch Rare Sugar	Type fixed fixed	Levels 2 4	Valu 9, 1 0, 1	ies 11 10, 20,	, 30			
Analysis of	Varianc	e for	peak1_	_day 28	8, using	g Adjuste	d SS fo:	r Tests
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF 1 0. 3 0. 3 0. 8 0. 15 0.	Seq 5 003906 000818 001868 001150 007743	55 52 0.0 37 0.0 37 0.0 37	Adj SS 0039062 0008187 0018687 0011500	Adj 1 0.00390 0.00027 0.00062 0.00014	MS 62 27.3 29 1.9 29 4.3 37	F P 17 0.001 90 0.208 33 0.043
S = 0.011989	96 R-S	Sq = 85	.15%	R-Sq	(adj) =	72.15%		
Unusual Obse	ervation	ns for	peak1_	_day 2	3			
Obs peak1_c 7 0.1 8 0.2	lay 28 90000 230000	F 0.2100 0.2100	'it 100 0. 100 0.	SE Fi .008478 .008478	t Resi 3 -0.02 3 0.02	dual St 20000 20000	Resid -2.36 1 2.36 1	R R
R denotes an	n observ	vation	with a	a large	e standa	ardized r	esidual	
Analysis of	Varianc	e for	peak2_	_day 28	8, using	g Adjuste	d SS fo:	r Tests
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF 1 0. 3 0. 3 0. 8 0. 15 0.	Seq SS 348100 132600 096300 035000 612000	5 A 0 0.3 0 0.1 0 0.0 0 0.0 0 0.0 0	dj SS 48100 ( 32600 ( 96300 ( 35000 (	Adj MS ).348100 ).044200 ).032100 ).004375	F 79.57 10.10 7.34	P 0.000 0.004 0.011
S = 0.066143	88 R-S	Sq = 94	.28%	R-Sq	(adj) =	89.28%		
Analysis of	Varianc	e for	peak3_	_day 28	8, using	g Adjuste	d SS fo:	r Tests
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF S 1 12 3 3 3 2 8 0 15 18	seq SS .7806 .2869 .2069 .6350 .9094	Adj 12.78 3.28 2.20 0.63	SS Ac 306 12. 369 1. 069 0. 350 0.	lj MS 7806 16 0956 1 7356 0794	F 1.02 0 3.80 0 9.27 0	P .000 .002 .006

S = 0.281736 R-Sq = 96.64% R-Sq(adj) = 93.70%

Grouping Information Using Tukey Method and 95.0% Confidence for peak1\_day 28  $\,$ 

 Starch
 N
 Mean
 Grouping

 11
 8
 0.2
 A

 9
 8
 0.2
 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for peak1\_day 28  $\,$ 

Rare Sugar N Mean Grouping 0 4 0.2 A 0.2 A 30 4 0.2 10 4 Α 20 4 0.2 Α

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for peak1\_day 28  $\,$ 

	Rare			
Starch	Sugar	Ν	Mean	Grouping
11	30	2	0.2	A
11	10	2	0.2	A
11	0	2	0.2	АB
9	0	2	0.2	АB
11	20	2	0.2	АB
9	20	2	0.2	АB
9	30	2	0.2	В
9	10	2	0.2	В

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for peak2\_day 28  $\,$ 

Starch N Mean Grouping 11 8 0.9 A 9 8 0.6 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for peak2\_day 28  $\,$ 

Rare Sugar N Mean Grouping 30 4 0.9 A 10 4 0.7 B

0	4	0.7	В
20	4	0.7	В

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for  $\texttt{peak2}\_\texttt{day}\ \texttt{28}$ 

	Rare			
Starch	Sugar	Ν	Mean	Grouping
11	30	2	1.2	A
11	10	2	0.9	АB
11	20	2	0.8	вС
11	0	2	0.7	вС
9	30	2	0.6	С
9	0	2	0.6	С
9	10	2	0.6	С
9	20	2	0.6	С

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for peak3\_day 28  $\,$ 

Starch N Mean Grouping 11 8 4.3 A 9 8 2.5 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for peak3\_day 28  $\,$ 

Rare Sugar N Mean Grouping 0 4 3.9 A 30 4 3.8 A 10 4 3.1 B 20 4 2.8 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for peak3\_day 28  $\,$ 

	Rare			
Starch	Sugar	Ν	Mean	Grouping
11	30	2	5.0	A
11	10	2	4.4	АB
11	0	2	4.4	АB
11	20	2	3.4	ВC
9	0	2	3.3	ВC
9	30	2	2.6	C D
9	20	2	2.3	СD
9	10	2	1.8	D
Table A. 17. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on relative area of each compartment (peaks) obtained by NNLS using adjusted SS for Tests; day 0

# General Linear Model: RA1, RA2, RA3, RA4 versus Starch, Rare Sugar

Factor Starch Rare Sugar	Type fixed fixed	Level	s 2 4	Val 9, 0,	ues 11 10,	20,	30					
Analysis of	Variano	ce for	RA	1,	usi	ng Ad	just	ed S	S fo	r Te	ests	
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF 1 3 8 15 1	Seq 724 470 22 76 293	1 SS .55 .00 2.60 5.80 5.80 8.94	A A A A A A A A A A A A A A A A A A A	lj SS 24.55 70.00 22.60 76.80	Ad 72 15	4.55 6.67 7.53 9.60	75 16 0	F .48 .32 .78	0.0	P 000 001 535
S = 3.09829	R-Sq	= 94.	07%	5	R-So	q(adj	) =	88.8	7%			
Analysis of	Variano	ce for	RA	<u>2</u> ,	usi	ng Ad	just	ed S	S fo	r Te	ests	
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF S 1 3 5 3 2 8 15 9	91. 62. 10. 56.	SS 15 28 16 85 45	Ad 92 562 210 50	) SS .15 2.28 ).16 5.85	Adj 91 187 70 7	MS .15 .43 .05 .11	12. 26. 9.	F 83 37 86	0.00	P )7 )0 )5
S = 2.66583	R-Sq	= 93.	82%	5	R-S¢	ł(adj	) =	88.4	2%			
Analysis of	Variano	ce for	RA	3,	usi	ng Ad	just	ed S	S fo	r Te	ests	
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF 1 3 8 15 1	Seq 11. 22. 71. 64.	( SS 408 479 452 658 997	A ( 11) 22) 22) 71) 64	lj SS .408 2.479 .452 1.658	Ad 11 23 8	j MS .408 .493 .817 .082	1. 0. 2.	F 41 93 95	0.20	P 59 71 98
S = 2.84293	R-Sq	= 61.	97%	5	R-S¢	q(adj	) =	28.6	8%			
Analysis of	Variano	ce for	RA	4,	usi	ng Ad	just	ed S	S fo	r Te	ests	
Source Starch Rare Sugar Starch*Rare Error	Sugar	DF 1 1 3 3 8	Seq 552 519 519 18	1 SS 2.75 9.34 9.34 9.34		Adj S 552.7 519.3 519.3 18.8	S 5 1 4 9	Adj 552. 173. 173. 2.	MS 75 11 11 36	657. 73. 73.	F 58 31 31	P 0.000 0.000 0.000

#### Total 15 2610.32

S = 1.53666 R-Sq = 99.28% R-Sq(adj) = 98.64%

Grouping Information Using Tukey Method and 95.0% Confidence for RA1

Starch N Mean Grouping 9 8 47.4 A 11 8 34.0 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA1

Rare			
Sugar	Ν	Mean	Grouping
10	4	45.4	A
0	4	43.2	A
20	4	42.8	A
30	4	31.5	В

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA1

	Rare			
Starch	Sugar	Ν	Mean	Grouping
9	10	2	53.3	A
9	0	2	50.2	АB
9	20	2	47.6	АВС
9	30	2	38.7	ВC
11	20	2	38.0	ВC
11	10	2	37.5	С
11	0	2	36.2	СD
11	30	2	24.2	D

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA2

Starch	Ν	Mean	Grouping
9	8	25.2	A
11	8	20.4	В

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA2  $\,$ 

Rare			
Sugar	Ν	Mean	Grouping
20	4	29.7	A
30	4	27.6	A
0	4	18.1	В
10	4	15.9	В

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA2

	Rare			
Starch	Sugar	Ν	Mean	Grouping
9	30	2	34.4	A
11	20	2	32.9	A
9	20	2	26.4	АB
9	0	2	21.7	ВC
11	30	2	20.8	ВC
9	10	2	18.3	ВC
11	0	2	14.4	С
11	10	2	13.6	С

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA3

Starch	Ν	Mean	Grouping
9	8	27.4	A
11	8	25.7	А

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA3

Rare Sugar N Mean Grouping 30 4 27.8 A 20 4 27.5 A 0 4 25.5 A 10 4 25.2 A

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA3

	Rare			
Starch	Sugar	Ν	Mean	Grouping
11	20	2	29.1	A
11	30	2	28.8	A
9	10	2	28.4	A
9	0	2	28.1	A
9	30	2	26.9	A
9	20	2	26.0	A
11	0	2	22.9	A
11	10	2	21.9	A

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA4  $\,$ 

Starch N Mean Grouping 11 8 19.7 A 9 8 0.0 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA4 Rare Sugar N Mean Grouping 10 4 13.5 A 0 4 13.3 A 30 4 12.6 A 20 4 0.0 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA4

	Rare			
Starch	Sugar	Ν	Mean	Grouping
11	10	2	27.1	A
11	0	2	26.5	A
11	30	2	25.2	A
9	20	2	0.0	В
9	30	2	0.0	В
9	0	2	0.0	В
9	10	2	0.0	В
11	20	2	-0.0	В

Table A. 18. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on relative area of each compartment (peaks) obtained by NNLS using adjusted SS for Tests; day 7

# General Linear Model: RA1\_day 7, RA2\_day 7, ... versus Starch, Rare Sugar

Factor Starch Rare Sugar	Type fixed fixed	Levels 2 4	Value 9, 11 0, 10	es 1 ), 20, 3	0		
Analysis of	Varian	ce for H	RA1_day	7, usi	ng Adjust	ted SS :	for Tests
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF Se 1 93 3 40 3 23 8 3 15 163	eq SS 30.56 50.17 35.19 10.85 36.77	Adj SS 930.56 460.17 235.19 10.85	Adj MS 930.56 153.39 78.40 1.36	F 685.83 113.05 57.78	P 0.000 0.000 0.000
S = 1.16483	R-Sq	= 99.34	1% R-	-Sq(adj)	= 98.76	20	
Analysis of	Varian	ce for H	RA2_day	7, usi	ng Adjust	ted SS :	for Tests
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF Sec 1 18: 3 208 3 33' 8 8: 15 810	A SS 7 64 1 3.10 2 7.81 3 2.90 ).45	Adj SS 2 81.64 208.10 337.81 82.90	Adj MS 181.64 : 69.37 112.60 : 10.36	F 17.53 ( 6.69 ( 10.87 (	P 0.003 0.014 0.003
S = 3.21909	R-Sq	= 89.7	1% R-	-Sq(adj)	= 80.82	00	
Analysis of	Varian	ce for H	RA3_day	7, usi	ng Adjust	ted SS :	for Tests
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF Se 1 ( 3 104 3 133 8 4 15 243	eq SS ).562 4.589 3.867 4.662 3.681	Adj SS 0.562 104.589 133.867 4.662	Adj MS 0.562 34.863 44.622 0.583	F 0.97 59.82 76.57	P 0.355 0.000 0.000
S = 0.763389 R-Sq = 98.09% R-Sq(adj) = 96.41%							
Analysis of Variance for RA4_day 7, using Adjusted SS for Tests							
Source Starch Rare Sugar Starch*Rare Error	Sugar	DF Se 1 42 3 49 3 49 8	eq SS 4.53 96.32 96.32 78.38	Adj SS 414.53 496.32 496.32 78.38	Adj MS 414.53 165.44 165.44 9.80	F 42.31 16.89 16.89	P 0.000 0.001 0.001

Total 15 1485.55

S = 3.13006 R-Sq = 94.72% R-Sq(adj) = 90.11%

Grouping Information Using Tukey Method and 95.0% Confidence for RA1\_day 7  $\,$ 

 Starch
 N
 Mean
 Grouping

 9
 8
 49.3
 A

 11
 8
 34.0
 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA1\_day 7  $\,$ 

Rare Sugar N Mean Grouping 0 4 46.3 A 10 4 44.8 A B 20 4 42.8 B 30 4 32.6 C

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA1\_day 7  $\,$ 

Rare			
Sugar	Ν	Mean	Grouping
10	2	58.5	A
0	2	52.5	В
20	2	46.1	С
0	2	40.1	D
30	2	39.9	D
20	2	39.6	D
10	2	31.0	E
30	2	25.3	
	Rare Sugar 10 0 20 0 30 20 10 30	Rare Sugar N 10 2 0 2 20 2 0 2 30 2 20 2 10 2 30 2	RareSugarNMean10258.50252.520246.10240.130239.920239.610231.030225.3

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA2\_day 7  $\,$ 

F

Starch N Mean Grouping 11 8 30.2 A 9 8 23.5 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA2\_day 7  $\,$ 

Rare

 Sugar
 N
 Mean
 Grouping

 20
 4
 30.5
 A

 30
 4
 30.2
 A

 0
 4
 24.4
 A

 10
 4
 22.3
 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA2\_day 7  $\,$ 

	Rare			
Starch	Sugar	Ν	Mean	Grouping
9	30	2	33.7	A
11	20	2	32.6	A
11	10	2	31.0	A
11	0	2	30.5	АB
9	20	2	28.5	АB
11	30	2	26.8	АB
9	0	2	18.2	вС
9	10	2	13.6	С

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA3\_day 7  $\,$ 

 Starch
 N
 Mean
 Grouping

 11
 8
 27.6
 A

 9
 8
 27.3
 A

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA3\_day 7  $\,$ 

Rare Sugar N Mean Grouping 30 4 30.2 A 0 4 29.3 A 20 4 26.6 B 10 4 23.6 C

Dama

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA3\_day 7  $\,$ 

	Rare			
Starch	Sugar	Ν	Mean	Grouping
11	30	2	33.9	A
11	0	2	29.4	В
9	0	2	29.2	В
9	10	2	27.9	вС
11	20	2	27.9	ВC
9	30	2	26.5	ВC

9	20	2	25.4	С
11	10	2	19.4	D

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA4\_day 7  $\,$ 

 Starch
 N
 Mean
 Grouping

 11
 8
 10.2
 A

 9
 8
 0.0
 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA4\_day 7  $\,$ 

Rare Sugar N Mean Grouping 10 4 13.4 A 30 4 7.0 A B 0 4 0.0 B 20 4 -0.0 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA4\_day 7  $\,$ 

Rare			
Sugar	Ν	Mean	Grouping
10	2	26.8	A
30	2	14.0	В
0	2	0.0	С
10	2	0.0	С
20	2	0.0	С
20	2	-0.0	С
0	2	-0.0	С
30	2	-0.0	С
	Rare Sugar 10 30 0 10 20 20 0 30	Rare           Sugar         N           10         2           30         2           0         2           10         2           20         2           20         2           0         2           30         2           30         2           30         2           30         2	Rare       Mean         Sugar       N       Mean         10       2       26.8         30       2       14.0         0       2       0.0         10       2       0.0         10       2       0.0         20       2       0.0         20       2       -0.0         0       2       -0.0         30       2       -0.0

Table A. 19. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on relative area of each compartment (peaks) obtained by NNLS using adjusted SS for Tests; day 0

# General Linear Model: RA1\_day 14, RA2\_day 14, ... versus Starch, Rare Sugar

Factor Starch Rare Sugar	Type fixed fixed	Levels 2 4	Value 9, 11 0, 10	es 1 0, 20, 30	D		
Analysis of	Varian	ce for R	A1_da	y 14, us:	ing Adju	sted SS	for Tests
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF Se 1 79 3 74 3 15 8 2 15 171	q SS 1.16 7.61 0.62 2.69 2.08	Adj SS 791.16 747.61 150.62 22.69	Adj MS 791.16 249.20 50.21 2.84	F 278.91 87.85 17.70	P 0.000 0.000 0.001
S = 1.68422	R-Sq	= 98.67	% R·	-Sq(adj)	= 97.51	0	
Analysis of	Varian	ce for R	A2_da	y 14, us:	ing Adju	sted SS	for Tests
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF Ser 1 1 3 88 3 17 8 6 15 113	q SS 4.18 0.94 6.32 4.93 6.37	Adj SS 14.18 880.94 176.32 64.93	Adj MS 14.18 293.65 58.77 8.12	F 1.75 36.18 7.24	P 0.223 0.000 0.011
S = 2.84901	R-Sq	= 94.29	% R	-Sq(adj)	= 89.29	0	
Analysis of	Varian	ce for R	A3_da	y 14, us:	ing Adju	sted SS	for Tests
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF Sev 1 22 3 44 3 145 8 23 15 236	q SS .515 .023 .707 .999 .244	Adj SS 22.515 44.023 145.707 23.999	Adj MS 22.515 14.674 48.569 3.000	F 7.51 4.89 16.19	P 0.025 0.032 0.001
S = 1.73201	R-Sq	= 89.84	% R∙	-Sq(adj)	= 80.95	20	
Analysis of	Varian	ce for R	A4_da	y 14, us:	ing Adju	sted SS	for Tests
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF Set 1 38 3 49 3 49 8 15 139	q SS 6.32 9.12 9.12 7.08 1.63	Adj SS 386.32 499.12 499.12 7.08	Adj MS 386.32 166.37 166.37 0.88	F 436.71 188.07 188.07	P 0.000 0.000 0.000

S = 0.940538 R-Sq = 99.49% R-Sq(adj) = 99.05%

Grouping Information Using Tukey Method and 95.0% Confidence for RA1 day 14  $\,$ 

Starch N Mean Grouping 9 8 50.5 A 11 8 36.4 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA1\_day 14  $\,$ 

Rare Sugar N Mean Grouping 0 4 50.0 A 10 4 47.8 A 20 4 43.9 B 30 4 32.2 C

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA1\_day 14  $\,$ 

	Rare			
Starch	Sugar	Ν	Mean	Grouping
9	10	2	59.7	A
9	0	2	54.2	АB
9	20	2	48.4	вС
11	0	2	45.7	СD
9	30	2	39.7	DE
11	20	2	39.4	DE
11	10	2	35.9	E
11	30	2	24.8	

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA2\_day 14  $\,$ 

F

Starch N Mean Grouping 11 8 24.8 A 9 8 22.9 A

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA2\_day 14  $\,$ 

Rare Sugar N Mean Grouping 30 4 31.3 A 20 4 29.5 A 0 4 22.0 B 10 4 12.5 C

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA2\_day 14  $\,$ 

	Rare			
Starch	Sugar	Ν	Mean	Grouping
9	30	2	35.8	A
11	20	2	33.0	A
11	30	2	26.9	АB
9	20	2	26.1	АB
11	0	2	26.0	АB
9	0	2	18.1	ВC
11	10	2	13.4	С
9	10	2	11.7	С

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA3\_day 14  $\,$ 

 Starch
 N
 Mean
 Grouping

 11
 8
 28.9
 A

 9
 8
 26.5
 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA3\_day 14  $\,$ 

Rare Sugar N Mean Grouping 30 4 30.3 A 0 4 28.0 A B 20 4 26.6 A B 10 4 26.1 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA3\_day 14  $\,$ 

	Rare			
Starch	Sugar	Ν	Mean	Grouping
11	30	2	36.2	A
9	10	2	28.6	В
11	0	2	28.3	В
11	20	2	27.6	В
9	0	2	27.6	В
9	20	2	25.5	В
9	30	2	24.5	В

#### 11 10 2 23.5 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA4\_day 14  $\,$ 

Starch N Mean Grouping 11 8 9.8 A 9 8 0.0 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA4\_day 14  $\,$ 

Rare			
Sugar	Ν	Mean	Grouping
10	4	13.6	A
30	4	6.1	В
0	4	0.0	С
20	4	-0.0	С

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA4\_day 14  $\,$ 

	Rare			
Starch	Sugar	Ν	Mean	Grouping
11	10	2	27.2	A
11	30	2	12.1	В
9	0	2	0.0	С
9	10	2	0.0	С
9	20	2	-0.0	С
11	20	2	-0.0	С
9	30	2	-0.0	С
11	0	2	-0.0	С

Table A. 20. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on relative area of each compartment (peaks) obtained by NNLS using adjusted SS for Tests; day 21

# General Linear Model: RA1\_day 21, RA2\_day 21, ... versus Starch, Rare Sugar

Factor Starch Rare Sugar	Type fixed fixed	Levels Values 2 9, 11 4 0, 10, 20, 30
Analysis of	Varian	ce for RA1_day 21, using Adjusted SS for Tests
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF Seq SS Adj SS Adj MS F P 1 889.38 889.38 889.38 133.43 0.000 3 802.16 802.16 267.39 40.11 0.000 3 86.87 86.87 28.96 4.34 0.043 8 53.33 53.33 6.67 15 1831.74
S = 2.58180	R-Sq	= 97.09% R-Sq(adj) = 94.54%
Analysis of	Varian	ce for RA2_day 21, using Adjusted SS for Tests
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DFSeq SSAdj SSAdj MSFP10.1980.1980.1980.040.8513211.489211.48970.49613.390.0023263.151263.15187.71716.660.001842.12242.1225.265515516.960
S = 2.29461	R-Sq	= 91.85% R-Sq(adj) = 84.72%
Analysis of	Varian	ce for RA3_day 21, using Adjusted SS for Tests
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF       Seq SS       Adj SS       Adj MS       F       P         1       370.66       370.66       370.66       197.08       0.000         3       408.03       408.03       136.01       72.32       0.000         3       332.08       332.08       110.69       58.86       0.000         8       15.05       1.88         15       1125.81
S = 1.37140	R-Sq	= 98.66% R-Sq(adj) = 97.49%
Analysis of	Varian	ce for RA4_day 21, using Adjusted SS for Tests
Source Starch Rare Sugar Starch*Rare Error Total	Sugar	DF       Seq SS       Adj SS       Adj MS       F       P         1       100.80       100.80       100.80       3487.94       0.000         3       302.40       302.40       100.80       3487.94       0.000         3       302.40       302.40       100.80       3487.94       0.000         3       0.23       0.23       0.03       3487.94       0.000         8       0.23       0.23       0.03       3487.94       0.000         15       705.84       0.23       0.03       0.03

S = 0.17 R-Sq = 99.97% R-Sq(adj) = 99.94%

Grouping Information Using Tukey Method and 95.0% Confidence for RA1 day 21  $\,$ 

Starch N Mean Grouping 9 8 55.2 A 11 8 40.3 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA1\_day 21  $\,$ 

Rare Sugar N Mean Grouping 10 4 54.0 A 0 4 51.9 A 20 4 49.1 A 30 4 35.8 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA1\_day 21  $\,$ 

	Rare			
Starch	Sugar	Ν	Mean	Grouping
9	10	2	64.2	A
9	20	2	56.1	АB
9	0	2	55.8	АB
11	0	2	48.0	вС
9	30	2	44.6	С
11	10	2	43.8	С
11	20	2	42.1	С
11	30	2	27.1	D

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA2 day 21  $\,$ 

Starch N Mean Grouping 11 8 25.5 A 9 8 25.3 A

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA2\_day 21  $\,$ 

Rare Sugar N Mean Grouping 10 4 29.8 A 20 4 26.4 A 30 4 25.6 A 0 4 19.7 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA2\_day 21  $\,$ 

	Rare			
Starch	Sugar	Ν	Mean	Grouping
9	10	2	32.0	A
9	30	2	31.0	АB
11	20	2	30.4	АB
11	10	2	27.7	АВС
11	0	2	23.7	АВСD
9	20	2	22.4	ВСD
11	30	2	20.2	СD
9	0	2	15.7	D

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA3\_day 21  $\,$ 

 Starch
 N
 Mean
 Grouping

 11
 8
 29.2
 A

 9
 8
 19.6
 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA3\_day 21  $\,$ 

Rare			
Sugar	Ν	Mean	Grouping
30	4	28.6	A
0	4	28.4	A
20	4	24.5	В
10	4	16.1	С

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA3\_day 21  $\,$ 

	Rare			
Starch	Sugar	Ν	Mean	Grouping
11	30	2	32.7	A
9	0	2	28.5	АB
11	10	2	28.4	АB
11	0	2	28.3	АB
11	20	2	27.5	АB
9	30	2	24.5	вС
9	20	2	21.5	С

9 10 2 3.9 D

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA4\_day 21  $\,$ 

 Starch
 N
 Mean
 Grouping

 11
 8
 5.0
 A

 9
 8
 0.0
 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA4\_day 21  $\,$ 

Rare			
Sugar	Ν	Mean	Grouping
30	4	10.0	A
20	4	0.0	В
10	4	-0.0	В
0	4	-0.0	В

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA4\_day 21  $\,$ 

	Rare			
Starch	Sugar	Ν	Mean	Grouping
11	30	2	20.1	A
9	20	2	0.0	В
9	0	2	0.0	В
11	20	2	0.0	В
9	30	2	0.0	В
11	10	2	-0.0	В
9	10	2	-0.0	В
11	0	2	-0.0	В

Table A. 21. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on relative area of each compartment (peaks) obtained by NNLS using adjusted SS for Tests; day 28

General Linear Model: RA1\_day 28, RA2\_day 28, ... versus Starch, Rare Sugar

Туре Levels Values Factor Starch fixed 2 9, 11 4 0, 10, 20, 30 Rare Sugar fixed Analysis of Variance for RA1 day 28, using Adjusted SS for Tests Source DF Seq SS Adj SS Adj MS Ρ F 395.31 395.31 161.91 0.000 Starch 1 395.31 784.91 784.91 261.64 107.16 0.000 Rare Sugar 3 Starch\*Rare Sugar 3 272.16 272.16 90.72 37.16 0.000 8 Error 19.53 19.53 2.44 Total 15 1471.91 S = 1.56253 R-Sq = 98.67% R-Sq(adj) = 97.51% Analysis of Variance for RA2 day 28, using Adjusted SS for Tests Source DF Seq SS Adj SS Adj MS F Ρ Starch 1 230.20 230.20 230.20 146.61 0.000 3 521.54 521.54 173.85 110.72 0.000 Rare Sugar 3 265.39 265.39 88.46 Starch\*Rare Sugar 56.34 0.000 1.57 Error 8 12.56 12.56 15 1029.70 Total S = 1.25306 R-Sq = 98.78% R-Sq(adj) = 97.71% Analysis of Variance for RA3 day 28, using Adjusted SS for Tests Source DF Seq SS Adj SS Adj MS Ρ F Starch 1 22.208 22.208 22.208 12.31 0.008 8.74 0.007 47.325 47.325 Rare Sugar 3 15.775 Starch\*Rare Sugar 5.52 0.024 3 29.869 29.869 9.956 8 14.433 14.433 1.804 Error Total 15 113.835 S = 1.34320 R-Sq = 87.32% R-Sq(adj) = 76.23% Grouping Information Using Tukey Method and 95.0% Confidence for RA1 day 28 Starch N Mean Grouping 9 8 44.0 А 11 8 34.1 B

Grouping Information Using Tukey Method and 95.0% Confidence for RA1\_day 28  $\,$ 

Rare			
Sugar	Ν	Mean	Grouping
10	4	48.9	A
20	4	39.4	В
0	4	38.8	В
30	4	29.1	С

\_

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA1\_day 28

	Rare			
Starch	Sugar	Ν	Mean	Grouping
9	10	2	61.0	A
9	20	2	42.2	В
9	0	2	40.5	В
11	0	2	37.1	вС
11	10	2	36.9	вС
11	20	2	36.5	ВC
9	30	2	32.4	С
11	30	2	25.8	D

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA2\_day 28  $\,$ 

Starch N Mean Grouping 11 8 34.2 A 9 8 26.6 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA2\_day 28  $\,$ 

Rare Sugar N Mean Grouping 30 4 37.5 A 20 4 31.8 B 0 4 30.7 B 10 4 21.6 C

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA2\_day 28  $\,$ 

Rare Starch Sugar N Mean Grouping 11 30 2 37.6 A

9	30	2	37.4	A		
11	20	2	33.8	ΑB	5	
11	0	2	33.1	ΑB	C	
11	10	2	32.3	В	C	
9	20	2	29.7	В	C	
9	0	2	28.4		С	
9	10	2	10.9			D

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA3\_day 28  $\,$ 

 Starch
 N
 Mean
 Grouping

 11
 8
 31.7
 A

 9
 8
 29.4
 B

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA3\_day 28  $\,$ 

Rare			
Sugar	Ν	Mean	Grouping
30	4	33.4	A
0	4	30.5	АB
10	4	29.5	В
20	4	28.9	В

Means that do not share a letter are significantly different.

Grouping Information Using Tukey Method and 95.0% Confidence for RA3\_day 28  $\,$ 

	Rare			
Starch	Sugar	Ν	Mean	Grouping
11	30	2	36.5	A
9	0	2	31.1	В
11	10	2	30.8	В
9	30	2	30.2	В
11	0	2	29.8	В
11	20	2	29.7	В
9	10	2	28.1	В
9	20	2	28.0	В

Table A. 22. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on peak temperature of TGA curves using adjusted SS for Tests

Table A. 23. Analysis of variance of starch based confectionery. Effect of starch and rare sugar concentration on calculated crystallinity based on X-ray diffraction results of formulation using adjusted SS for Tests

# General Linear Model: Crystallinity versus Rare, starch

Factor TypeLevelsValuesRarefixed20, 30starchfixed29, 11
Analysis of Variance for Crystallinity, using Adjusted SS for Tests
SourceDFSeq SSAdj SSAdj MSFPRare1112.500112.500112.50050.000.002starch14.5004.5004.5002.000.230Rare*starch150.00050.00050.00022.220.009Error49.0009.0002.250Total7176.000
S = 1.5 R-Sq = 94.89% R-Sq(adj) = 91.05%
Grouping Information Using Tukey Method and 95.0% Confidence
Rare N Mean Grouping 0 4 18.3 A 30 4 10.8 B
Means that do not share a letter are significantly different.
Grouping Information Using Tukey Method and 95.0% Confidence
starch N Mean Grouping 9 4 15.3 A 11 4 13.8 A
Means that do not share a letter are significantly different.
Grouping Information Using Tukey Method and 95.0% Confidence
Rare         starch         N         Mean         Grouping           0         9         2         21.5         A           0         11         2         15.0         B           30         11         2         12.5         B           30         9         2         9.0         B
Means that do not share a letter are significantly different.

## B. One way analysis of variance for effect of storage

Table B. 1. One way analysis of variance (ANOVA) for effect of storage on (1) water activity (aw); (2) moisture content (MC %); (3) T1; (4) T2 of each formulation using adjusted SS for Tests

#### (1.1) One-way ANOVA: Water activity of 11\_R0 versus Day

DaySSMSFPDay40,00340120,00085038,780,017Error50,00048410,0000968Total90.0038853 S = 0.009840 R-Sq = 87.54% R-Sq(adj) = 77.57% Individual 95% CIs For Mean Based on Pooled StDev Level N Mean 0 2 0.69065 0.00233 (-----) 2 0.65120 0.00750 (-----\*-----) 2 0.64350 0.00537 (-----\*-----) (-----) 7 14 2 0.66340 0.01980 21 (-----) 28 2 0.63930 0.00127 (----\*----) 0.625 0.650 0.675 0.700 Pooled StDev = 0.00984Grouping Information Using Tukey Method Day N Mean Grouping 2 0.69065 A 0 21 2 0.66340 A B 7 2 0.65120 A B 2 0.64350 B 2 0.63930 B 14 28 Means that do not share a letter are significantly different. (1.2) One-way ANOVA: Water activity of 11\_R10 versus Day Source DF SS MS F Ρ Day 4 0.0082542 0.0020635 94.41 0.000 Error 5 0.0001093 0.0000219 Total 9 0.0083635 S = 0.004675 R-Sq = 98.69% R-Sq(adj) = 97.65% Individual 95% CIs For Mean Based on Pooled StDev Level N Mean StDev (--\*--) 2 0.65930 0.00255 0

7	2	0.60265	0.00233		(*)		
14	2	0.63045	0.00544			(*)	
21	2	0.57460	0.00269	(*-)			
28	2	0.60290	0.00778		(*)		
				-+		+	+
				0.570	0.600	0.630	0.660

Pooled StDev = 0.00468

Grouping Information Using Tukey Method

 Day
 N
 Mean
 Grouping

 0
 2
 0.65930
 A

 14
 2
 0.63045
 B

 28
 2
 0.60290
 C

 7
 2
 0.60265
 C

 21
 2
 0.57460
 D

Means that do not share a letter are significantly different.

# (1.3) One-way ANOVA: Water activity of 11\_R20 versus Day

Sour	ce	DF		SS		MS	F		P			
Day		4	0.004	1589	0.001	147	10.65	0.0	012			
Erro	r	5	0.000	)538	0.000	108						
Tota	1	9	0.005	5127								
S = (	0.01	1038	8 R-8	Sq =	89.50%	R-	-Sq(ad	j) =	81.1	0%		
						Indi	lvidua	1 959	& CIs	For Mean	n Based on	
						Pool	led St	Dev				
Leve:	11	N	Mear	1	StDev	+-		+-		+	+	
0	4	20	.62150	) ()	.01018					(	*	-)
7	4	20	.5816	50	.00785		( –		*	)		
14	4	20	0.61060	) ()	.01428					(	*)	
21	4	2 (	).5627(	) ().	.01216	(	*-		)			
28	4	2 (	0.58135	о U.	.00460		( –		*	)		
						0 55	50	0 5	 75	0 600	0 625	
						0.00	0	0.0	/ 5	0.000	0.025	
Poole	ed s	St De	0 = v e	0101	38							
		0020										
Grou	oind	q Ir	nformat	cion	Using	Tukey	/ Meth	od				
-		-			2	-						
Day	Ν		Mean	Grou	uping							
0	2	0.6	52150	А								
14	2	0.6	51060	А								
7	2	0.5	58165	АB								
28	2	0.5	58135	АB								
21	2	0.5	56270	В								

#### (1.4) One-way ANOVA: Water activity of 11\_R30 versus Day

MS Source DF SS F Ρ Day 4 0.004010 0.001002 10.01 0.013 Error 5 0.000501 0.000100 Total 9 0.004510 S = 0.01001 R-Sq = 88.90% R-Sq(adj) = 80.02% Individual 95% CIs For Mean Based on Pooled StDev (-----) 2 0.61495 0.00955 0 

 2
 0.57305
 0.00092
 (-----\*

 2
 0.57565
 0.01831
 (-----\*

 2
 0.55330
 0.00735
 (-----\*

 2
 0.57660
 0.00438
 (-----\*

 7 · (-----) 14 21 (-----) 28 ----+----+-----+-----+-----+----0.550 0.575 0.600 0.625 Pooled StDev = 0.01001

Grouping Information Using Tukey Method

 Day
 N
 Mean
 Grouping

 0
 2
 0.61495
 A

 28
 2
 0.57660
 A B

 14
 2
 0.57565
 A B

 7
 2
 0.57305
 B

 21
 2
 0.55330
 B

Means that do not share a letter are significantly different.

#### (1.5) One-way ANOVA: Water activity of 9\_R0 versus Day

 Source
 DF
 SS
 MS
 F
 P

 Day
 4
 0.003715
 0.000929
 6.63
 0.031

 Error
 5
 0.000701
 0.000140
 0.00140

 Total
 9
 0.004416
 0.000140

S = 0.01184 R-Sq = 84.13% R-Sq(adj) = 71.44%



Pooled StDev = 0.01184 Grouping Information Using Tukey Method Day N Mean Grouping 0 2 0.66075 A 14 2 0.62425 A B 7 2 0.62395 A B 28 2 0.62295 A B 21 2 0.60080 B

Means that do not share a letter are significantly different.

# (1.6) One-way ANOVA: Water activity of 9\_R10 versus Day

Source Day Error Total	e D	F 4 0.0023 5 0.0004 9 0.0027	SS 226 0. 672 0. 898	MS 0005806 0000934	F 6.21	P 0.035		
S = 0.	009	667 R-S	q = 83.	25% R-	-Sq(adj	) = 69.85%		
				Indiv Poole	vidual ed StDe	95% CIs For v	Mean Base	d on
Level	Ν	Mean	StDe	v	+	+	+	+
0	2	0.56625	0.0020	5		(	(*-	)
7	2	0.54510	0.0021	2		(*-	)	
14	2	0.54510	0.0083	4		(*-	)	
21	2	0.52380	0.0193	7 (	*-	)		
28	2	0.56310	0.0036	8		(-	*	)
					+	+	+	+
					0.520	0.540	0.560	0.580

Pooled StDev = 0.00967

Grouping Information Using Tukey Method

DayNMeanGrouping020.566250A2820.563100A1420.545100A B720.545100A B2120.523800B

Means that do not share a letter are significantly different.

## (1.7) One-way ANOVA: Water activity of 9\_R20 versus Day

Source	DF	SS	MS	F	P
Day	4	0.002150	0.000538	4.75	0.059
Error	5	0.000566	0.000113		

Pooled StDev = 0.01064

Grouping Information Using Tukey Method

Day N Mean Grouping 14 2 0.56600 A 0 2 0.56550 A 28 2 0.55730 A 7 2 0.54865 A 21 2 0.52630 A

Means that do not share a letter are significantly different.

## (1.8) One-way ANOVA: Water activity of 9\_R30 versus Day

 Source
 DF
 SS
 MS
 F
 P

 Day
 4
 0.0022423
 0.0005606
 9.27
 0.016

 Error
 5
 0.0003024
 0.0000605
 7
 0.016

 Total
 9
 0.0025447
 7
 7
 1

S = 0.007777 R-Sq = 88.12% R-Sq(adj) = 78.61%

 

 Individual 95% CIs For Mean Based on Pooled StDev

 0
 2
 0.54385
 0.00474
 (-----+

 7
 2
 0.52850
 0.00382
 (-----+

 14
 2
 0.51345
 0.00714
 (-----+

 21
 2
 0.50780
 0.01457
 (-----+

 28
 2
 0.54385
 0.00148
 (-----+)

 0.500
 0.520
 0.540
 0.560

Pooled StDev = 0.00778

Grouping Information Using Tukey Method

Day N Mean Grouping 28 2 0.543850 A 0 2 0.543850 A 7 2 0.528500 A B 14 2 0.513450 A B 21 2 0.507800 B

Means that do not share a letter are significantly different.

# (2.1) One-way ANOVA: Moisture Content (MC%) of 11\_R0 versus Day

Source Day Error Total	D	F SS 4 8.36 5 5.78 9 14.14	MS 2.09 1.16	F 1.81	P 0.265			
S = 1.	075	R-Sq	= 59.12	% R-	Sq(adj)	= 26.42%		
				Indiv Poole	idual 9 d StDev	5% CIs Fo:	r Mean Bas	ed on
Level	Ν	Mean	StDev		+	+	+	+
0	2	14.945	0.007			(	*	-)
7	2	13.014	2.201	( -		_*	)	,
14	2	13.236	0.320	. (		*	)	
21	2	12.629	0.618	(	*		)	
28	2	12.319	0.670	(	*_	)		
					+	+	+	+-
					12.0	14.0	16.0	18.0

Pooled StDev = 1.075

Grouping Information Using Tukey Method

Day N Mean Grouping 0 2 14.945 A 14 2 13.236 A 7 2 13.014 A 21 2 12.629 A 28 2 12.319 A

Means that do not share a letter are significantly different.

# (2.2) One-way ANOVA: Moisture Content (MC%) of 11\_R10 versus Day

Source	DF	SS SS	S MS	S F	P			
Day	4	24.932	2 6.233	3 35.25	0.001			
Error	5	0.884	4 0.17	7				
Total	9	25.81	7					
S = 0.4	205	R-Sq	= 96.58	8% R-Sq	(adj) = 9	3.84%		
				Individua	al 95% CI	s For Me	ean Based	on Pooled
StDev								
Level	Ν	Mean	StDev	+	+	+-		+
0	2	15.204	0.199				(	-*)
7	2	14.668	0.030				(*	)

Pooled StDev = 0.421

Grouping Information Using Tukey Method

```
        Day
        N
        Mean
        Grouping

        0
        2
        15.2041
        A

        7
        2
        14.6681
        A

        21
        2
        12.2186
        B

        14
        2
        11.8234
        B

        28
        2
        11.3144
        B
```

Means that do not share a letter are significantly different.

#### (2.3) One-way ANOVA: Moisture Content (MC%) of 11\_R20 versus Day

Grouping Information Using Tukey Method

Day	Ν	Mean	Grouping
0	2	15.4439	A
7	2	13.6956	A
14	2	12.5335	A
28	2	12.5196	A
21	2	11.9653	A

## (2.4) One-way ANOVA: Moisture Content (MC%) of 11\_R30 versus Day

Source	D	F S	S	MS	F, b			
Day		4 5.740	0 1.43	50 17.5	7 0.004			
Error		5 0.408	4 0.08	17				
Total		9 6.148	4					
S = 0.	285	8 R-Sc	r = 93.3	6% R-S	$\sigma(adi) = 8$	8.04%		
	200	0 10 0		00 100	q(aaj) 0	0.010		
				Individ	ual 95% CT	s For Mean	Based on	Pooled
StDev				INGIVIO	.uur 900 Cr	5 IOI neun	Dabea on	roorca
Lovol	N	Moan	S+Dav	_+			+	
U	2	13 847	0 069	I	I	(*	)	
0	2	14 420	0.009			(	) (	`
/	2	14.428	0.14/	,			(^	)
14	2	12.523	0.040	(	*)			
21	2	12.479	0.410	(	*)			
28	2	13.149	0.461		(	*)		
				-+	+	+	+	
				12.00	12.80	13.60	14.40	
Pooled	St	Dev = 0.	286					

Grouping Information Using Tukey Method

DayNMeanGrouping7214.4277A0213.8473A B28213.1494B C14212.5235C21212.4789C

Means that do not share a letter are significantly different.

## (2.5) One-way ANOVA: Moisture Content (MC%) of 9\_R0 versus Day

Source	DF	SS	MS	F	P	
Day	4	9.192	2.298	6.30	0.034	
Error	5	1.825	0.365			
Total	9	11.016				
S = 0.6	041	R-Sq =	83.44%	R-So	q(adj)	= 70.19%

				Individual	95%	CIs	For	Mean	Based	on	Pooled
StDev											
Level	Ν	Mean	StDev	+	+-			-+	+	+	
0	2	14.092	0.011				(	'	*	-)	
7	2	14.366	0.616				( -		*	)	
14	2	12.954	0.895		(		_*	)	)		
21	2	13.239	0.499		(		*_		)		
28	2	11.652	0.628	(	_*	)	)				
				+	+-			-+	+	+	
				10.5	12.0		13	.5	15.0	)	

Pooled StDev = 0.604

Grouping Information Using Tukey Method

Day N Mean Grouping 7 2 14.3659 A 0 2 14.0924 A 21 2 13.2386 A B 14 2 12.9543 A B 28 2 11.6519 B

Means that do not share a letter are significantly different.

#### (2.6) One-way ANOVA: Moisture Content (MC%) of 9\_R10 versus Day

Source DF SS MS F Ρ 
 Day
 4
 17.591
 4.398
 5.16
 0.051

 Error
 5
 4.259
 0.852
 Total 9 21.849 S = 0.9229 R-Sq = 80.51% R-Sq(adj) = 64.91% Individual 95% CIs For Mean Based on Pooled StDev 

 2
 12.436
 0.116
 (------)

 2
 14.864
 1.818
 (------)

 2
 12.234
 0.718
 (------)

 0 (-----) 7 14 2 11.107 0.626 (----\*----) 21 28 2 11.386 0.184 (-----\*----) 10.0 12.0 14.0 16.0 Pooled StDev = 0.923Grouping Information Using Tukey Method Mean Grouping Day N 7 2 14.8635 A 0 2 12.4362 A B 14 2 12.2343 A B 2 11.3865 A B 2 11.1075 B 28 21

### Means that do not share a letter are significantly different.

#### (2.7) One-way ANOVA: Moisture Content (MC%) of 9\_R20 versus Day

Source DF SS MS F P Day 4 4.536 1.134 10.98 0.011 Error 5 0.517 0.103 Total 9 5.052 S = 0.3214 R-Sq = 89.78% R-Sq(adj) = 81.60%

Individual 95% CIs For Mean Based on Pooled StDev Level N Mean StDev 2 12.414 0.058 2 13.685 0.488 2 12.157 0.042 2 11.720 0.242 0 (-----) 7 (-----) (-----) 14 (-----) 21 2 12.090 0.464 28 (-----) 11.20 12.00 12.80 13.60

Pooled StDev = 0.321

Grouping Information Using Tukey Method

 Day
 N
 Mean
 Grouping

 7
 2
 13.6845
 A

 0
 2
 12.4138
 A
 B

 14
 2
 12.1569
 B
 B

 28
 2
 12.0895
 B
 B

 21
 2
 11.7195
 B
 B

Means that do not share a letter are significantly different.

## (2.8) One-way ANOVA: Moisture Content (MC%) of 9\_R30 versus Day

Source DF SS MS F P Day 4 2.140 0.535 0.85 0.551 Error 5 3.153 0.631 Total 9 5.293 S = 0.7941 R-Sq = 40.44% R-Sq(adj) = 0.00%

Pooled StDev = 0.794

Grouping Information Using Tukey Method

Day N Mean Grouping 7 2 12.7247 A 28 2 12.3028 A 0 2 12.1868 A 21 2 11.5925 A 14 2 11.4814 A

Means that do not share a letter are significantly different.

#### (3.1) One-way ANOVA: T1 of 11\_R0 versus Day

Source DF SS MS F P Day 4 5.288 1.322 3.00 0.129 Error 5 2.201 0.440 Total 9 7.490 S = 0.6635 R-Sq = 70.61% R-Sq(adj) = 47.10%

Individual 95% CIs For Mean Based on Pooled StDev Level N 2 49.6/7 0.754 (-----\*----) 2 51.020 1.092 0 (-----) 7 2 51.070 0.165 (-----) 14 21 2 49.458 0.096 (-----\*----) 2 49.566 0.634 (----\*----) 28 ----+ 49.2 50.4 51.6 52.8

Pooled StDev = 0.664

Grouping Information Using Tukey Method

Day N Mean Grouping 14 2 51.0695 A 7 2 51.0195 A 0 2 49.6775 A 28 2 49.5661 A 21 2 49.4580 A

Means that do not share a letter are significantly different.

#### (3.2) One-way ANOVA: T1 of 11\_R10 versus Day

Source DF SS MS F P Day 4 2.157 0.539 2.56 0.165 Error 5 1.053 0.211 Total 9 3.210 S = 0.4588 R-Sq = 67.20% R-Sq(adj) = 40.97%

Means that do not share a letter are significantly different.

### (3.3) One-way ANOVA: T1 of 11\_R20 versus Day

21 2 47.0480 A 28 2 47.0339 A

Source	DF	' SS	MS	F	P			
Day	4	6.440	1.610	4.18	0.074			
Error	5	1.928	0.386					
Total	9	8.368						
S = 0.0	6209	R-Sq	= 76.9	6% R-	Sq(adj)	= 58.	53%	
				Indivi Pooled	dual 959 StDev	& CIs	For Mean B	ased on
Level	Ν	Mean	StDev	+		+	+	+
0	2	45.963	0.480		(	*	)	
7	2	44.873	0.351	(	*	)		
14	2	45.200	0.490	(	*.		)	
21	2	46.875	1.154			(	*	)
28	2	46.752	0.048			(	*	)
				44.4	4	+ 5.6	46.8	48.0

Pooled StDev = 0.621

Grouping Information Using Tukey Method

Day N Mean Grouping 21 2 46.8750 A 28 2 46.7517 A 0 2 45.9635 A 14 2 45.1995 A 7 2 44.8730 A

Means that do not share a letter are significantly different.

## (3.4) One-way ANOVA: T1 of 11\_R30 versus Day

Source	DF	SS	MS	F	P
Day	4	0.564	0.141	0.19	0.931

Error 5 3.620 0.724 Total 9 4.184 S = 0.8509 R-Sq = 13.48% R-Sq(adj) = 0.00% Individual 95% CIs For Mean Based on Pooled StDev N Mean StDev 2 41.300 0.309 Level N (-----) 0 (-----) 2 41.738 0.218 7 2 41.475 1.022 (-----\*-----) 14 · (-----) (-----) 2 41.985 1.420 21 28 2 41.506 0.645 41.0 42.0 43.0 40.0

Pooled StDev = 0.851

Grouping Information Using Tukey Method

Day	Ν	Mean	Grouping
21	2	41.9850	A
7	2	41.7380	A
28	2	41.5063	A
14	2	41.4750	A
0	2	41.2995	A

Means that do not share a letter are significantly different.

# (3.5) One-way ANOVA: T1 of 9\_R0 versus Day

 Source
 DF
 SS
 MS
 F
 P

 Day
 4
 0.922
 0.231
 0.93
 0.516

 Error
 5
 1.246
 0.249

 Total
 9
 2.169

S = 0.4992 R-Sq = 42.54% R-Sq(adj) = 0.00%

				Individual	. 95% CIs	For Mean Ba	ased on
				Pooled StI	)ev		
Level	Ν	Mean	StDev	+	+	+	+
0	2	50.948	0.780	(	*	)	
7	2	51.569	0.424	(	[	*	)
14	2	51.566	0.206	(	[	*	)
21	2	51.883	0.542		(	*	)
28	2	51.530	0.348	( -		*	)
					+	+	+
				50.40	51.10	51.80	52.50

Pooled StDev = 0.499

Grouping Information Using Tukey Method

Day N Mean Grouping

21 2 51.8835 A 7 2 51.5690 A 14 2 51.5660 A 28 2 51.5297 A 0 2 50.9485 A

Means that do not share a letter are significantly different.

### (3.6) One-way ANOVA: T1 of 9\_R10 versus Day

Source DF MS SS F Ρ 4 10.235 2.559 5.85 0.040 5 2.187 0.437 9 12.422 Day Error Total S = 0.6614 R-Sq = 82.39% R-Sq(adj) = 68.31% Individual 95% CIs For Mean Based on Pooled StDev Mean StDev Level N 0 2 54.884 0.686 (-----\*----) 7 2 56.099 0.042 (-----) 2 57.204 0.845 2 57.295 0.557 2 55.104 0.831 (-----) 14 21 (-----) (-----) 28 54.0 55.5 57.0 58.5

Pooled StDev = 0.661

Grouping Information Using Tukey Method

Day N Mean Grouping 21 2 57.2950 A 14 2 57.2045 A 7 2 56.0990 A 28 2 55.1038 A 0 2 54.8840 A

Means that do not share a letter are significantly different.

## (3.7) One-way ANOVA: T1 of 9\_R20 versus Day



Pooled StDev = 1.161

Grouping Information Using Tukey Method

Day N Mean Grouping 21 2 52.437 A 14 2 50.019 A 0 2 49.785 A 28 2 49.628 A 7 2 48.954 A

Means that do not share a letter are significantly different.

### (3.8) One-way ANOVA: T1 of 9\_R30 versus Day

Source DF SS MS F Ρ Day 4 7.336 1.834 2.13 0.215 Error 5 4.313 0.863 Total 9 11.650 S = 0.9288 R-Sq = 62.98% R-Sq(adj) = 33.36% Individual 95% CIs For Mean Based on Pooled StDev Level N Mean StDev ----+-----+-----+------+------+------0 2 46.340 0.132 (-----) 7 (-----) 14 2 48.489 0.982 (------) 2 46.094 0.398 (-----) 21 28 45.0 46.5 48.0 49.5 Pooled StDev = 0.929Grouping Information Using Tukey Method Day N Mean Grouping 21 2 48.4885 A

 14
 2
 47.4745
 A

 7
 2
 46.9805
 A

 0
 2
 46.3405
 A

 28
 2
 46.0941
 A

Means that do not share a letter are significantly different.

## (4.1) One-way ANOVA: T2 of 11\_R0 versus Day
Source DF SS MS F P Day 4 0.8126 0.2032 12.73 0.008 Error 5 0.0798 0.0160 Total 9 0.8924 S = 0.1263 R-Sq = 91.06% R-Sq(adj) = 83.91%

				Individual 95% CIs For Mean Based on
				Pooled StDev
Level	Ν	Mean	StDev	+++++
0	2	1.9630	0.1344	()
7	2	2.5325	0.0983	()
14	2	1.7605	0.1294	()
21	2	1.7500	0.1188	()
28	2	2.0454	0.1456	()
				+++++
				1.75 2.10 2.45 2.80

Pooled StDev = 0.1263

Grouping Information Using Tukey Method

DayNMeanGrouping722.5325A2822.0454A B021.9630B1421.7605B2121.7500B

Means that do not share a letter are significantly different.

## (4.2) One-way ANOVA: T2 of 11\_R10 versus Day

Source	DF	SS	MS	F	Р
Day	4	0.69738	0.17434	129.19	0.000
Error	5	0.00675	0.00135		
Total	9	0.70413			
S = 0.03	3674	R-Sq =	99.04%	R-Sq(ad	) = 98.28%

				Individua	al 95% C	Is For	Mean	Based on
				Pooled St	tDev			
Level	Ν	Mean	StDev	+	+		+	+
0	2	1.9525	0.0007		(*	)		
7	2	2.4140	0.0325					(*-)
14	2	1.7030	0.0113	(*)				
21	2	1.7090	0.0325	(-*)				
28	2	2.0789	0.0671		(	*)		
				+	+		+	+
				1.75	2.0	0	2.25	2.50

Pooled StDev = 0.0367

Grouping Information Using Tukey Method

Day	Ν	Mean	Grouping
7	2	2.41400	A
28	2	2.07885	В
0	2	1.95250	В
21	2	1.70900	С
14	2	1.70300	С

Means that do not share a letter are significantly different.

## (4.3) One-way ANOVA: T2 of 11\_R20 versus Day

Source DF SS MS F Ρ Day 4 0.61080 0.15270 16.90 0.004 Error 5 0.04518 0.00904 Total 9 0.65598 S = 0.09506 R-Sq = 93.11% R-Sq(adj) = 87.60% Individual 95% CIs For Mean Based on Pooled StDev 2 1.5740 0.1032 (----) 14 21 2 1.2150 0.0933 (----\*----) (----\*----) 28 2 1.5564 0.0491 1.20 1.50 1.80 2.10

Pooled StDev = 0.0951

Grouping Information Using Tukey Method

Day	Ν	Mean	Grouping
7	2	1.9495	A
0	2	1.7835	АB
14	2	1.5740	АВС
28	2	1.5564	ВC
21	2	1.2150	С

Means that do not share a letter are significantly different.

#### (4.4) One-way ANOVA: T2 of 11\_R30 versus Day

Source DF SS MS F P Day 4 1.4364 0.3591 10.78 0.011 Error 5 0.1665 0.0333 Total 9 1.6029 S = 0.1825 R-Sq = 89.61% R-Sq(adj) = 81.30%

Individual 95% CIs For Mean Based on Pooled

StDev



Pooled StDev = 0.1825

Grouping Information Using Tukey Method

Day N Mean Grouping 28 2 2.8421 A 7 2 2.6515 A B 0 2 2.1610 A B C 14 2 2.0285 B C 21 2 1.8440 C

Means that do not share a letter are significantly different.

#### (4.5) One-way ANOVA: T2 of 9\_R0 versus Day

Source DF SS MS F P Day 4 0.46366 0.11591 76.81 0.000 Error 5 0.00755 0.00151 Total 9 0.47120 S = 0.03885 R-Sq = 98.40% R-Sq(adj) = 97.12% Individual 95% CIs For Mean Based on Pooled StDev 2 1.5190 0.0863 (---\*--) 0 --) (--\*--) ·-) 7 2 1.5420 0.0071 2 1.3955 0.0049 2 1.2445 0.0049 2 0.9564 0.0020 (---\*--) 14 21 (--\*--) 28 1.00 1.20 1.40 1.60 Pooled StDev = 0.0388Grouping Information Using Tukey Method Day N Mean Grouping

-					÷.
7	2	1.54200	А		
0	2	1.51900	А		
14	2	1.39550	А	В	
21	2	1.24450		В	
28	2	0.95640			С

#### (4.6) One-way ANOVA: T2 of 9\_R10 versus Day

MS Source DF SS F Ρ Day 4 0.061444 0.015361 108.37 0.000 Error 5 0.000709 0.000142 Total 9 0.062153 S = 0.01191 R-Sq = 98.86% R-Sq(adj) = 97.95% Individual 95% CIs For Mean Based on Pooled StDev Level N Mean StDev -----+-(---\*--) 0 2 0.81600 0.00849 2 0.76450 0.00636 2 0.75450 0.01768 2 0.59850 0.00778 2 0.80659 0.01494 (--\*--) 7 14 (--\*--) (--\*---) 21 28 (--\*--) ----+ 0.630 0.700 0.770 0.840 Pooled StDev = 0.01191

Grouping Information Using Tukey Method

 Day
 N
 Mean
 Grouping

 0
 2
 0.81600
 A

 28
 2
 0.80659
 A B

 7
 2
 0.76450
 B C

 14
 2
 0.75450
 C

 21
 2
 0.59850
 D

Means that do not share a letter are significantly different.

#### (4.7) One-way ANOVA: T2 of 9\_R20 versus Day

S = 0.06208 R-Sq = 90.72% R-Sq(adj) = 83.30%



Pooled StDev = 0.0621 Grouping Information Using Tukey Method Day N Mean Grouping 7 2 1.04700 A 0 2 1.00750 A 28 2 0.97350 A 14 2 0.90550 A B 21 2 0.66050 B

Means that do not share a letter are significantly different.

#### (4.8) One-way ANOVA: T2 of 9\_R30 versus Day

Source	DF	SS	MS	F	P	
Day	4	0.10198	0.02550	4.64	0.062	
Error	5	0.02746	0.00549			
Total	9	0.12944				

S = 0.07410 R-Sq = 78.79% R-Sq(adj) = 61.82%

Individual 95% CIs For Mean Based on Pooled StDev

Level	Ν	Mean	StDev	-+		+	+	
0	2	1.0750	0.0834		( –	*	)	
7	2	1.1600	0.0014			(	*	-)
14	2	1.0085	0.1039		(	*	-)	
21	2	0.8715	0.0573	(	*	)		
28	2	1.1188	0.0800			(	*)	
				-+		+	+	
				0.75	0.90	1.05	1.20	

Pooled StDev = 0.0741

Grouping Information Using Tukey Method

Day N Mean Grouping 7 2 1.16000 A 28 2 1.11880 A 0 2 1.07500 A 14 2 1.00850 A 21 2 0.87150 A

Table B. 2. Analysis of variance of starch based confectionery. Effect of storage on hardness of each formulations using adjusted SS for Tests

## (1) One-way ANOVA: Hardness of 11\_R0 versus Day

 
 Source
 DF
 SS
 MS
 F
 P

 Day
 3
 1897.61
 632.54
 468.56
 0.000

 Error
 4
 5.40
 1.35
 5
 1.35 Total 7 1903.01 S = 1.162 R-Sq = 99.72% R-Sq(adj) = 99.50% Individual 95% CIs For Mean Based on Pooled StDev 2 46,395 0,511 30 (-\*-) -----+-----+-----+------+------+---12 24 36 48 Pooled StDev = 1,162Grouping Information Using Tukey Method Day Ν Mean Grouping 2 46.395 A 30 2 35.904 в 20 2 19.543 C 10

Means that do not share a letter are significantly different.

#### (2) One-way ANOVA: Hardness of 11\_R10 versus Day

D

0

2

6.078

 Source
 DF
 SS
 MS
 F
 P

 Day
 3
 1139.67
 379.89
 47.80
 0.001

 Error
 4
 31.79
 7.95
 7.95

 Total
 7
 1171.45
 7

S = 2.819 R-Sq = 97.29% R-Sq(adj) = 95.25%

				Individual 95% CIs For Mean Based on Pooled StDev
Level	Ν	Mean	StDev	+
0	2	7.287	0.527	(*)
10	2	25.317	1.326	()
20	2	32.986	4.099	(*)
30	2	39.057	3.598	(*)
				+

Pooled StDev = 2.819 Grouping Information Using Tukey Method

Day N Mean Grouping 30 2 39.057 A 20 2 32.986 A B 10 2 25.317 B 0 2 7.287 C

Means that do not share a letter are significantly different.

#### (3) One-way ANOVA: Hardness of 11\_R20 versus Day

Source	DF	SS	MS	F	P	
Day	3	118.073	39.358	56.28	0.001	
Error	4	2.797	0.699			
Total	7	120.871				

S = 0.8363 R-Sq = 97.69% R-Sq(adj) = 95.95%



Pooled StDev = 0.836

Grouping Information Using Tukey Method

Day N Mean Grouping 30 2 13.819 A 20 2 13.226 A B 10 2 9.918 B 0 2 4.140 C

Means that do not share a letter are significantly different.

### (4) One-way ANOVA: Hardness of 11\_R30 versus Day

Source	DF	SS	MS	F	P
Day	3	17.3461	5.7820	175.70	0.000
Error	4	0.1316	0.0329		
Total	7	17.4777			
S = 0.1	814	R-Sq =	99.25%	R-Sq(ad	j) = 98.68%

Individual 95% CIs For Mean Based on



Pooled StDev = 0.1814

Grouping Information Using Tukey Method

 Day
 N
 Mean
 Grouping

 30
 2
 6.4256
 A

 20
 2
 5.8262
 A

 10
 2
 4.5394
 B

 0
 2
 2.5826
 C

Means that do not share a letter are significantly different.

#### (5) One-way ANOVA: Hardness of 9\_R0 versus Day

Source DF SS MS F P Day 3 1937.19 645.73 114.33 0.000 Error 4 22.59 5.65 Total 7 1959.78 S = 2.377 R-Sq = 98.85% R-Sq(adj) = 97.98% Individual 95% CIs For Mean Based on Pooled StDev 2 41.893 4.588 20 (---\*---) (---\*---) 30 2 43.513 0.789 0 12 24 36 Pooled StDev = 2.377

Grouping Information Using Tukey Method

Day	Ν	Mean	Grouping
30	2	43.513	A
20	2	41.893	A
0	2	23.919	В
10	2	5.200	С

#### (6) One-way ANOVA: Hardness of 9\_R10 versus Day

Source DF SS MS F Ρ 
 Day
 3
 269.0
 89.7
 8.15
 0.035

 Error
 4
 44.0
 11.0

 Total
 7
 313.1
 S = 3.318 R-Sq = 85.94% R-Sq(adj) = 75.39% Individual 95% CIs For Mean Based on Pooled StDev 0 2 17.453 2.819 (-----\*----) 

 10
 2
 7.352
 0.204
 (-----\*----)

 20
 2
 22.567
 5.715

 30
 2
 20.206
 1.838
 ( 
 (-----) · (-----) 8.0 16.0 24.0 32.0 Pooled StDev = 3.318Grouping Information Using Tukey Method Day N Mean Grouping 
 Day
 N
 Mean
 Group

 20
 2
 22.567
 A

 30
 2
 20.206
 A

 0
 2
 17.453
 A

Means that do not share a letter are significantly different.

#### (7) One-way ANOVA: Hardness of 9\_R20 versus Day

10 2 7.352 B

Source Day Error Total	DE 3 4 7	SS 25.193 1.899 27.092	5 MS 8 8.398 9 0.475	F 17.69	P 0.009			
S = 0.6	5890	R-Sq	= 92.99%	s R-Sq	(adj) =	= 87.73%		
				Individ Pooled	ual 95% StDev	S CIS FO	r Mean Ba	sed on
Level	Ν	Mean	StDev	+		+	+	+
0	2	6.9436	0.1524			(	*)	
10	2	4.1668	0.1184	(	*	- )	,	
20	2	8.4867	0.8881			,	(*	)
30	2	8.5363	1.0360				(*	)
				+		+	+	+
				4.0		6.0	8.0	10.0
Pooled	StI	ev = 0.6	5890					

Grouping Information Using Tukey Method

Day N Mean Grouping 30 2 8.5363 A 20 2 8.4867 A 0 2 6.9436 A B 10 2 4.1668 B

Means that do not share a letter are significantly different.

#### (8) One-way ANOVA: Hardness of 9\_R30 versus Day

Source DF SS MS F Р Day 3 15.254 5.085 12.23 0.018 Error 4 1.664 0.416 Total 7 16.918 S = 0.6449 R-Sq = 90.17% R-Sq(adj) = 82.79% Individual 95% CIs For Mean Based on Pooled StDev Level N Mean StDev 0 2 6.0728 0.5724 (-----\*-----) 2 3.7265 0.0827 (-----\*----) 10 2 7.3683 0.5075 20 (-----) ·----\*-----) · 2 6.7629 1.0351 30 3.2 4.8 6.4 8.0 Pooled StDev = 0.6449Grouping Information Using Tukey Method Day N Mean Grouping

20	2	7.3683	A
30	2	6.7629	A
0	2	6.0728	АB
10	2	3.7265	В

Table B. 3. Analysis of variance of starch based confectionery. Effect of storage on glass transition temperature  $(T_g)$  of each formulations using adjusted SS for Tests

## (1) One-way ANOVA: Tg of 11\_R0 versus Day

Day\_tg N Mean Grouping 28 2 -35.185 A 0 2 -36.680 A

Means that do not share a letter are significantly different.

## (2) One-way ANOVA: Tg\_11\_R10 versus Day\_tg

Source Day_tg Error Total	DF 1 2 3	SS 0.265 1.539 1.804	MS 0.265 0.769	F 0.34	P 0.617			
S = 0.8771 R-Sq = 14.70% R-Sq(adj) = 0.00%								
Level 0 28	N 2 - 2 -	Mean -39.905 -39.390	StDev 0.728 1.004	Indiv. Poole (	idual 95% d StDev  	CIS For M	Mean Based on 	1 - ) - — — — )
Pooled	Pooled StDev = $0.877$							

Grouping Information Using Tukey Method

Day\_tg N Mean Grouping 28 2 -39.3900 A 0 2 -39.9050 A

Means that do not share a letter are significantly different.

### (3) One-way ANOVA: Tg\_11\_R20 versus Day\_tg

Day\_tg N Mean Grouping 0 2 -37.8300 A 28 2 -39.9600 B

Means that do not share a letter are significantly different.

### (4) One-way ANOVA: Tg\_11\_R30 versus Day\_tg

Source DF SS MS F P Day\_tg 1 0.40 0.40 0.38 0.601 Error 2 2.13 1.07 Total 3 2.54 S = 1.033 R-Sq = 15.89% R-Sq(adj) = 0.00%

				Individua Pooled St	1 95% CI Dev	s For	Mean	Based	on
Level	Ν	Mean	StDev	+	+-		+		+
0	2	-39.240	1.400	(		*			)
28	2	-39.875	0.417	(	*			)	
				+	+-		+		+
				-42.0	-40.0	- 3	38.0	-36	5.0

Pooled StDev = 1.033 Grouping Information Using Tukey Method Day\_tg N Mean Grouping 0 2 -39.240 A 28 2 -39.875 A Means that do not share a letter are significantly different.

## (5) One-way ANOVA: Tg\_9\_R0 versus Day\_tg

Source DF SS MS F P Day\_tg 1 7.87 7.87 2.18 0.277 Error 2 7.20 3.60 Total 3 15.07

S = 1.898 R-Sq = 52.21% R-Sq(adj) = 28.31%

				Individual 95% CIs Pooled StDev	For Mean Base	d on
Level 0 28	N 2 2	Mean -35.120 -37.925	StDev 0.141 2.680	+	-++ *	+
20		07.020	2.000	-40.0 -36	-++ .0 -32.0	+

Pooled StDev = 1.898

Grouping Information Using Tukey Method

Day\_tg N Mean Grouping 0 2 -35.120 A 28 2 -37.925 A

Means that do not share a letter are significantly different.

### (6) One-way ANOVA: Tg\_9\_R10 versus Day\_tg

Pooled StDev = 0.820

Grouping Information Using Tukey Method

Day tg	Ν	Mean	Grouping
0 -	2	-39.3000	A
28	2	-40.2950	A

Means that do not share a letter are significantly different.

#### (7) One-way ANOVA: Tg\_9\_R20 versus Day\_tg

Source DF SS MS F P Day\_tg 1 6.3756 6.3756 77.44 0.013 Error 2 0.1647 0.0823 Total 3 6.5403 S = 0.2869 R-Sq = 97.48% R-Sq(adj) = 96.22% Individual 95% CIs For Mean Based on Pooled StDev

Level	Ν	Mean	StDev	+	+	+	+	
0	2	-37.995	0.375			(	*)	
28	2	-40.520	0.156	(*-	)			
				+	+	+	+	
				-40.8	-39.6	-38.4	-37.2	

Pooled StDev = 0.287

Grouping Information Using Tukey Method

Day\_tg N Mean Grouping 0 2 -37.9950 A 28 2 -40.5200 B

Means that do not share a letter are significantly different.

### (8) One-way ANOVA: Tg\_9\_R30 versus Day\_tg

Source DF SS MS F P Day\_tg 1 0.384 0.384 0.70 0.491 Error 2 1.097 0.549 Total 3 1.482 S = 0.7407 R-Sq = 25.94% R-Sq(adj) = 0.00%

Individual 95% CIs For Mean Based on Pooled

StDev

Level	Ν	Mean	StDev	+	+	+	+	
0 28	2 2	-39.065 -39.685	0.955 0.431	(+	(	*	) +	
-				-42.0	-40.5	-39.0	-37.5	
Pooled	St	Dev = 0.7	41					

Grouping Information Using Tukey Method

Day tg	Ν	Mean	Grouping
0 —	2	-39.0650	A
28	2	-39.6850	A

Table B. 4. Analysis of variance of starch based confectionery. Effect of storage on Peakl for each formulation using adjusted SS for Tests

(1) One-way ANOVA: 11\_R0 versus day

Source DF SS MS F Ρ 4 0.000160 0.000040 0.09 0.982 5 0.002250 0.000450 day Error 9 0.002410 Total S = 0.02121 R-Sq = 6.64% R-Sq(adj) = 0.00% Individual 95% CIs For Mean Based on Pooled StDev Level N Mean 0 7 14 21 28 2 0.19500 0.00707 (-----\*-----) 0.175 0.200 0.225 0.250 Pooled StDev = 0.02121Grouping Information Using Tukey Method dav N Mean Grouping

				_
21	2	0.20000	А	
14	2	0.20000	A	
7	2	0.20000	А	
28	2	0.19500	А	
0	2	0.19000	А	

Means that do not share a letter are significantly different.

#### (2) One-way ANOVA: 11\_R10 versus day

Source DF ਸ SS MS Ρ 0.0000650 2.17 0.209 4 0.0002600 5 0.0001500 day 0.0000300 Error 9 0.0004100 Total S = 0.005477 R-Sq = 63.41% R-Sq(adj) = 34.15% Individual 95% CIs For Mean Based on Pooled StDev StDev -----+-----+-----+-----+-----+-----Level N Mean

0	2	0.20500	0.00707	()
7	2	0.19500	0.00707	()
14	2	0.20500	0.00707	()
21	2	0.20000	0.00000	()

28		2 0.21000	0.00000		(	*	)
				0.190	0.200	0.210	0.220
Pool	ed	StDev = $0$ .	00548				
Grou	ıpin	g Informat	ion Using I	ukey Method	l		
day	Ν	Mean	Grouping				
28	2	0.210000	A				
14	2	0.205000	A				
0	2	0.205000	A				
21	2	0.200000	A				
7	2	0.195000	A				

Means that do not share a letter are significantly different.

### (3) One-way ANOVA: 11\_R20\_Peak 1 versus day

Source day Error Total		E 0.0014 5 0.0006 9 0.0020	SS 40 0.000 20 0.000 40	MS 360 3 120	F .00	P 0.130			
S = 0.0	S = 0.01095 R-Sq = 70.59% R-Sq(adj) = 47.06%								
Pooled	StI	Dev							
Level	N	Mean	StDev	+		+	+	+	
0 7	2 2	0.20000 0.21000	0.00000 0.00000			(	** (*	) *)	
14	2	0.20000	0.01414			(	*	)	
21	2	0.18000	0.01414	(		*	)		
28	2	0.18000	0.01414	(		*	)		
				+		+		+	
_				0.160		0.180	0.200	0.220	
Pooled	StI	Dev = 0.0	1095						

Grouping Information Using Tukey Method

dayNMeanGrouping720.21000A1420.20000A020.20000A2820.18000A2120.18000A

#### (4) One-way ANOVA: 11\_R30 versus day

F Source DF SS MS P 4 0.001040 0.000260 0.90 0.529 5 0.001450 0.000290 day Error Total 9 0.002490 S = 0.01703 R-Sq = 41.77% R-Sq(adj) = 0.00% Individual 95% CIs For Mean Based on Pooled StDev StDev Level N Mean (-----) (-----\*-----) Ο 2 0.19000 0.00000 7 2 0.19000 0.00000 (-----) 2 0.18500 0.02121 2 0.18000 0.01414 2 0.21000 0.02828 14 (-----) 21 28 (-----) 0.150 0.175 0.200 0.225 Pooled StDev = 0.01703

Grouping Information Using Tukey Method

day N Mean Grouping 28 2 0.21000 A 7 2 0.19000 A 0 2 0.19000 A 14 2 0.18500 A 21 2 0.18000 A

Means that do not share a letter are significantly different.

#### (5) One-way ANOVA: 9\_R0\_Peak 1 versus day

S = 0.007071 R-Sq = 76.19% R-Sq(adj) = 57.14%



Pooled StDev = 0.00707 Grouping Information Using Tukey Method day N Mean Grouping 14 2 0.195000 A 28 2 0.190000 A 7 2 0.190000 A 0 2 0.180000 A 21 2 0.170000 A

Means that do not share a letter are significantly different.

#### (6) One-way ANOVA: 9\_R10\_Peak 1 versus day

 
 SS
 MS
 F
 P

 4
 0.0007400
 0.0001850
 2.64
 0.158

 5
 0.0003500
 0.0000700
 9
 0.0010900
 Source DF day Error Total S = 0.008367 R-Sq = 67.89% R-Sq(adj) = 42.20% Individual 95% CIs For Mean Based on Pooled StDev Level N 2 0.13500 0.00707 (-----) 0 2 0.13000 0.00000 (------) 2 0.13500 0.00707 (-----\*-----) 7 -, (-----) (-----) 14 2 0.14000 0.01414 21 28 2 0.15500 0.00707 (-----) 0.120 0.135 0.150 0.165 Pooled StDev = 0.00837Grouping Information Using Tukey Method N Mean Grouping 2 0.155000 A day N 28 21 2 0.140000 A 14 2 0.135000 A 0 2 0.135000 A 7 2 0.130000 A

Means that do not share a letter are significantly different.

### (7) One-way ANOVA: 9\_R20\_Peak 1 versus day

Source	DF	SS	MS	F	P
day	4	0.000460	0.000115	1.05	0.468
Error	5	0.000550	0.000110		
Total	9	0.001010			
S = 0.0	1049	R-Sq =	45.54%	R-Sq(adj	) = 1.98%

Grouping Information Using Tukey Method

day N Mean Grouping 0 2 0.18000 A 28 2 0.16500 A 14 2 0.16500 A 7 2 0.16500 A 21 2 0.16000 A

Means that do not share a letter are significantly different.

### (8) One-way ANOVA: 9\_R30\_Peak 1 versus day

Source DF SS MS F P day 4 0.001660 0.000415 2.77 0.147 Error 5 0.000750 0.000150 Total 9 0.002410 S = 0.01225 R-Sq = 68.88% R-Sq(adj) = 43.98%

Individual 95% CIs For Mean Based on

Pooled	StI	Dev						
Level	Ν	Mean	StDev	-+	+	+	+	-
0	2	0.19500	0.00707			(	*)	)
7	2	0.19500	0.00707			(	*)	)
14	2	0.18500	0.02121		(	*_	)	
21	2	0.18000	0.01414		(	*	)	
28	2	0.16000	0.00000	(	*	)		
				-+		+	+	-
				0.140	0.160	0.180	0.200	

Pooled StDev = 0.01225

Grouping Information Using Tukey Method

day	Ν	Mean	Grouping
7	2	0.19500	A
0	2	0.19500	A
14	2	0.18500	A
21	2	0.18000	A
28	2	0.16000	A

Means that do not share a letter are significantly different.

Table B. 5. Analysis of variance of starch based confectionery. Effect of storage on Peak 2 for each formulation using adjusted SS for Tests

#### Source DF SS MS F Ρ day 4 0.1392 0.0348 0.83 0.561 Error 5 0.2108 0.0422 Total 9 0.3500 S = 0.2053 R-Sq = 39.78% R-Sq(adj) = 0.00% Individual 95% CIs For Mean Based on Pooled StDev Level N Mean 0 2 0.8150 0.2616 (-----) 7 2 0.7700 0.0707 (-----) 14 2120.77500.31822820.72500.1344 (------\*-----) 2 0.7250 0.1344 0.30 0.60 0.90 1.20

Pooled StDev = 0.2053

Grouping Information Using Tukey Method

(1) One-way ANOVA: 11\_R0\_Peak 2 versus day

day N Mean Grouping 7 2 0.8150 A 21 2 0.7750 A 14 2 0.7700 A 28 2 0.7250 A 0 2 0.4850 A

Means that do not share a letter are significantly different.

#### (2) One-way ANOVA: 11\_R10\_Peak 2 versus day

Source DF SS MS F P day 4 0.32190 0.08048 31.56 0.001 Error 5 0.01275 0.00255 Total 9 0.33465 S = 0.05050 R-Sq = 96.19% R-Sq(adj) = 93.14%

 Individual 95% CIs For Mean Based on Pooled StDev

 Level N Mean StDev

 0
 2
 0.60500
 0.03536
 (-----\*----)

 7
 2
 0.46500
 0.06364
 (-----\*----)

 14
 2
 0.53000
 0.07071
 (-----\*----)

(----) . 2120.870000.000002820.905000.04950 (----) 2 0.90500 0.04950 0.48 0.64 0.80 0.96 Pooled StDev = 0.05050Grouping Information Using Tukey Method day N Mean Grouping 28 2 0.90500 A 21 2 0.87000 A 0 2 0.60500 B 14 2 0.53000 B 7 2 0.46500 B

Means that do not share a letter are significantly different.

### (3) One-way ANOVA: 11\_R20\_Peak 2 versus day

JFSSMSFPday40.137960.034493.680.093Error50.046850.00937Total90.18481 S = 0.09680 R-Sq = 74.65% R-Sq(adj) = 54.37% Individual 95% CIs For Mean Based on Pooled StDev 0 2 0.9700 0.0424 (-----) 2 1.0200 0.1131 (-----2 0.9850 0.1626 (------· (-----) 7 (-----) 14 21 2 0.7700 0.0707 (-----) 28 0.64 0.80 0.96 1.12

Pooled StDev = 0.0968

Grouping Information Using Tukey Method

N Mean Grouping 2 1.02000 A day N 7 14 2 0.98500 A 0 2 0.97000 A 28 2 0.77000 A 2 0.74000 A 21

### (4) One-way ANOVA: 11\_R30\_Peak 2 versus day

Source DF SS MS F Р day 4 0.35436 0.08859 10.10 0.013 Error 5 0.04385 0.00877 Total 9 0.39821 S = 0.09365 R-Sq = 88.99% R-Sq(adj) = 80.18% Individual 95% CIs For Mean Based on Pooled StDev 2 0.6500 0.0990 (----\*----) 0 2 0.7700 0.1414 (-----\*----) 2 0.7700 0.0707 (-----\*----) 2 0.6250 0.0636 (-----\*----) 2 1.1500 0.0707 7 14 21 28 (-----) \_\_+\_\_\_\_+\_\_\_\_\_+\_\_\_\_\_\_+\_\_\_\_\_\_+\_\_\_\_\_ 0.50 0.75 1.00 1.25 Pooled StDev = 0.0936Grouping Information Using Tukey Method

dayNMeanGrouping2821.1500A1420.7700B720.7700B020.6500B2120.6250B

Means that do not share a letter are significantly different.

## (5) One-way ANOVA: 9\_R0\_Peak 2 versus day

Source day Error Total	DF 4 5	s 0.0299 0.0091 0.0390	S M 4 0.0074 5 0.0018 9	S F 9 4.09 3	1 0.077	7		
S = 0.	0427	'8 R-Sq	= 76.59%	R-Sq (	adj) =	= 57.87	o,o	
				Individ Pooled	ual 95 StDev	5% CIs	For Mean Ba	ased on
Level	Ν	Mean	StDev	+-		+	+	+
0	2	0.74000	0.02828		( -		*)	
7	2	0.69500	0.03536		(	*	)	
14	2	0.79000	0.04243			(	*	)
21	2	0.69500	0.03536		(	*	)	
28	2	0.62500	0.06364	(	_*	)	I	
				0.60		0.70	0.80	0.90

Pooled StDev = 0.04278

Grouping Information Using Tukey Method

day	Ν	Mean	Grouping
14	2	0.79000	A
0	2	0.74000	A
21	2	0.69500	A
7	2	0.69500	A
28	2	0.62500	A

Means that do not share a letter are significantly different.

### (6) One-way ANOVA: 9\_R10\_Peak 2 versus day

Source DF SS MS F P day 4 0.70936 0.17734 70.37 0.000 Error 5 0.01260 0.00252 Total 9 0.72196 S = 0.05020 R-Sq = 98.25% R-Sq(adj) = 96.86%

				Individual 95%	CIs For	Mean Based	lon
				Pooled StDev			
Level	Ν	Mean	StDev	+	+	+	+
0	2	0.3750	0.1061	(*)			
7	2	0.4350	0.0212	(*)			
14	2	0.4350	0.0212	(*)			
21	2	1.1000	0.0000			(	*)
28	2	0.5650	0.0212	(*-	-)		
				+	+	+	+
				0.50	0.75	1.00	1.25

Pooled StDev = 0.0502

Grouping Information Using Tukey Method

day	Ν	Mean	Grouping
21	2	1.1000	A
28	2	0.5650	В
14	2	0.4350	В
7	2	0.4350	В
0	2	0.3750	В

Means that do not share a letter are significantly different.

## (7) One-way ANOVA: 9\_R20\_Peak 2 versus day

Source	DF	SS	MS	F	P
day	4	0.00906	0.00226	0.45	0.767
Error	5	0.02490	0.00498		
Total	9	0.03396			
S = 0.07	057	R-Sq =	26.68%	R-Sq(a	adj) = 0.00%



Pooled StDev = 0.07057

Grouping Information Using Tukey Method

day N Mean Grouping 0 2 0.63500 A 21 2 0.62500 A 14 2 0.59000 A 7 2 0.59000 A 28 2 0.55000 A

Means that do not share a letter are significantly different.

### (8) One-way ANOVA: 9\_R30\_Peak 2 versus day

Source	DF	SS	MS	F	P	
day	4	0.01320	0.00330	1.10	0.448	
Error	5	0.01500	0.00300			
Total	9	0.02820				

S = 0.05477 R-Sq = 46.81% R-Sq(adj) = 4.26%



Pooled StDev = 0.05477

Grouping Information Using Tukey Method

Ν	Mean	Grouping
2	0.69500	A
2	0.69500	A
2	0.67500	A
2	0.63000	A
2	0.60500	A
	N 2 2 2 2 2	N Mean 2 0.69500 2 0.69500 2 0.67500 2 0.63000 2 0.60500

Means that do not share a letter are significantly different.

Table B. 6. Analysis of variance of starch based confectionery. Effect of storage on Peak 3 for each formulation using adjusted SS for Tests

#### (1) One-way ANOVA: 11\_R0\_Peak 3 versus day

Source DF SS MS F P day 4 14.004 3.501 21.75 0.002 5 0.805 0.161 Error Total 9 14.809 S = 0.4012 R-Sq = 94.56% R-Sq(adj) = 90.22% Individual 95% CIs For Mean Based on Pooled StDev Level N Mean StDev 2 1.3000 0.2828 (----\*----) 0 2 4.2500 0.2121 (-----) 7 14 2 4.4000 0.4243 (----) 2 3.7000 0.5657 2 4.4000 0.4243 (-----) 21 28 (----\*----) 1.2 2.4 3.6 4.8

Pooled StDev = 0.4012

Grouping Information Using Tukey Method

day	Ν	Mean	Grouping
28	2	4.4000	A
14	2	4.4000	A
7	2	4.2500	A
21	2	3.7000	A
0	2	1.3000	В

Means that do not share a letter are significantly different.

#### (2) One-way ANOVA: 11\_R10\_Peak 3 versus day

Source DF SS MS F Ρ 4 19.1060 4.7765 265.36 0.000 day 0.0900 0.0180 5 Error 9 19.1960 Total S = 0.1342 R-Sq = 99.53% R-Sq(adj) = 99.16% Individual 95% CIs For Mean Based on Pooled StDev Level N Mean StDev 0 2 1.3500 0.0707 7 2 1.2500 0.2121 14 2 1.2000 0.1414 (--\*-) (--\*-) (-\*-)



Means that do not share a letter are significantly different.

#### (3) One-way ANOVA: 11\_R20\_Peak 3 versus day

Source	DI	F S	S M	S F	P			
day	4	4 2.776	0 0.694	0 8.26	0.020			
Error	1	5 0.420	0 0.084	0				
Total	(	9 3.196	0					
S = 0.2	2898	8 R-Sq	= 86.86	% R-Sc	[(adj) = 7	76.35%		
				Individ Pooled	lual 95% ( StDev	CIs For	Mean Bas	ed on
Level	Ν	Mean	StDev	+		+	+	+
0	2	4.2500	0.2121			(	*	)
7	2	4.2500	0.2121			(	*	)
14	2	3.8500	0.3536		(	*.	)	
21	2	2.9000	0.2828	(	*)			
28	2	3.3500	0.3536	) +	*-	) -+	+	+
				2.8	3.	.50	4.20	4.90
Pooled	StI	Dev = 0.	2898					
	_	-						

Grouping Information Using Tukey Method

day N Mean Grouping 7 2 4.2500 A 0 2 4.2500 A 14 2 3.8500 A B 28 2 3.3500 A B 21 2 2.9000 B

Means that do not share a letter are significantly different.

#### (4) One-way ANOVA: 11\_R30\_Peak 3 versus day

Source DF SS MS F P

Pooled StDev = 0.4626

Grouping Information Using Tukey Method

day	Ν	Mean	Grouping
28	2	5.0000	A
14	2	2.7500	В
7	2	2.7000	В
0	2	1.9000	В
21	2	1.6500	В

Means that do not share a letter are significantly different.

### (5) One-way ANOVA: 9\_R0\_Peak 3 versus day

Source DF SS MS F P day 4 0.5360 0.1340 4.62 0.062 Error 5 0.1450 0.0290 Total 9 0.6810 S = 0.1703 R-Sq = 78.71% R-Sq(adj) = 61.67% Individual 95% CIs For Mean Based on Pooled StDev

				roorca	DCDCV			
Level	Ν	Mean	StDev	+	+			
0	2	3.3000	0.0000			(*	)	
7	2	3.2000	0.1414		( -	*	)	
14	2	3.1000	0.0000		(	*	——)	
21	2	2.7000	0.0000	(	*	-)		
28	2	3.3500	0.3536			(	_*	-)
				+	+	+	+	
				2.45	2.80	3.15	3.50	

Pooled StDev = 0.1703

Grouping Information Using Tukey Method

day N Mean Grouping 28 2 3.3500 A 0 2 3.3000 A 7 2 3.2000 A 14 2 3.1000 A 21 2 2.7000 A

Means that do not share a letter are significantly different.

### (6) One-way ANOVA: 9\_R10\_Peak 3 versus day

Source DF SS MS F P day 4 5.2540 1.3135 93.82 0.000 Error 5 0.0700 0.0140 Total 9 5.3240 S = 0.1183 R-Sq = 98.69% R-Sq(adj) = 97.63% Individual 95% CIs For Mean Based on Pooled StDev Level N Mean StDev -----+---+ 0 2 1.5500 0.2121 (---+--) 7 2 1.6000 0.0000 (---+--) 14 2 1.5000 0.0000 (---+--) 21 2 3.4000 0.1414 (---\*--) 2 1.7500 0.0707 28 (--\*---) -----+ 1.80 2.40 3.00 3.60 Pooled StDev = 0.1183Grouping Information Using Tukey Method

day N Mean Grouping 21 2 3.4000 A 28 2 1.7500 B 7 2 1.6000 B 0 2 1.5500 B 14 2 1.5000 B

Means that do not share a letter are significantly different.

#### (7) One-way ANOVA: 9\_R20\_Peak 3 versus day

Source	DF	SS	MS	F	P	
day	4	0.1660	0.0415	0.44	0.776	
Error	5	0.4700	0.0940			
Total	9	0.6360				
S = 0.3	066	R-Sq =	26.10%	R-Sq	(adj) =	0.00%

Individual 95% CIs For Mean Based on Pooled  $\ensuremath{\mathsf{StDev}}$ 



Pooled StDev = 0.3066

Grouping Information Using Tukey Method

day N Mean Grouping 7 2 2.4000 A 0 2 2.4000 A 28 2 2.3000 A 14 2 2.2500 A 21 2 2.0500 A

Means that do not share a letter are significantly different.

## (8) One-way ANOVA: 9\_R30\_Peak 3 versus day

Source DF SS MS ਸ P 4 0.2240 0.0560 1.27 0.391 5 0.2200 0.0440 9 0.4440 day Error Total S = 0.2098 R-Sq = 50.45% R-Sq(adj) = 10.81% Individual 95% CIs For Mean Based on Pooled StDev 2 2.6500 0.0707 (-----) 0 7 2 2.5500 0.2121 (-----) 2 2.6500 0.3536 2 2.2500 0.2121 2 2.6000 0.0000 (-----) 14 21 (-----) (-----) 28 2.10 2.40 2.70 3.00

Pooled StDev = 0.2098

Grouping Information Using Tukey Method

day	Ν	Mean	Grouping
0	2	2.6500	A
14	2	2.6500	A
28	2	2.6000	A
7	2	2.5500	A
21	2	2.2500	A

Table B. 7. Analysis of variance of starch based confectionery. Effect of storage on Peak 4 for each formulation using adjusted SS for Tests

(2) One-way ANOVA: 11\_R0\_Peak 4 versus day

 
 Source DF
 SS
 MS
 F
 P

 day
 4
 51.98400
 12.99600
 \*
 \*

 Error
 5
 0.00000
 0.00000
 Total
 9
 51.00000
 Total 9 51.98400 S = 0 R-Sq = 100.00% R-Sq(adj) = 100.00% Individual 95% CIs For Mean Based on Pooled StDev Level N Mean StDev 2 5.70000 0.00000 0 \* 2 0.00000 0.00000 7 14 2 0.00000 0.00000 \* 21 2 0.00000 0.00000 \* 28 2 0.00000 0.00000 \* 0.0 1.5 3.0 4.5 Pooled StDev = 0.00000 Grouping Information Using Tukey Method day N Mean Grouping 2 5.70000 A 2 0.00000 0 В 28 2 0.00000

Means that do not share a letter are significantly different.

#### (3) One-way ANOVA: 11\_R10\_Peak 4 versus day

С

D

E

21

14

7

2 0.00000

2 0.00000

Source	DF	SS	MS	F	Р	
day	4	60.6300	15.1575	842.08	0.000	
Error	5	0.0900	0.0180			
Total	9	60.7200				
S = 0.1	342	R-Sq =	99.85%	R-Sq(adj)	) = 99.73%	

Individual 95% CIs For Mean Based on Pooled StDev



```
Pooled StDev = 0.1342
```

Grouping Information Using Tukey Method

day N Mean Grouping 0 2 5.3000 A 7 2 5.1500 A 14 2 4.5500 B 28 2 0.0000 C 21 2 0.0000 C

Means that do not share a letter are significantly different.

## (4) One-way ANOVA: 11\_R20\_Peak 4 versus day

Source DF MS F P SS day 4 0.0000000 0.0000000 \* \* Error 5 0.0000000 0.0000000 Total 9 0.0000000 S = 0 R-Sq = \*% R-Sq(adj) = \*% N Mean StDev 2 0.00000000 0.00000000 Level N StDev 0 2 0.00000000 0.00000000 7 2 0.00000000 0.00000000 14 2 0.00000000 0.00000000 2 0.00000000 0.00000000 21 28 Individual 95% CIs For Mean Based on Pooled StDev Level 0 7 \* 14 21 28 0.000000 0.000010 0.000020 0.000030 Pooled StDev = 0.00000000Grouping Information Using Tukey Method day N Mean Grouping 28 2 0.00000000 A

21	2	0.000000000	В
14	2	0.000000000	С
7	2	0.000000000	D
0	2	0.000000000	E

Means that do not share a letter are significantly different.

# (5) One-way ANOVA: 11\_R30\_Peak 4 versus day

Source day Error Total		F SS 4 487.0 5 128.1 9 615.1	MS 121.7 25.6	F 4.75	P 0.059			
S = 5.0	061	R-Sq	= 79.18%	R-S	q(adj) =	= 62.52%		
				Indiv Poole	idual 95 d StDev	5% CIs For	Mean Based c	n
Level	Ν	Mean	StDev		+	+	+	+
0	2	5.900	0.283		(	*	- )	
7	2	15.000	11.314			(	-*)	
14	2	16.000	0.000			(	*)	
21	2	0.000	0.000	(	*	)		
28	2	0.000	0.000	(	*	)		
						+	+	+
					0	10	20	30
Pooled	Sti	Dev = 5.	061					

Grouping Information Using Tukey Method

day	Ν	Mean	Grouping
14	2	16.000	A
7	2	15.000	A
0	2	5.900	A
28	2	0.000	A
21	2	0.000	A

Table B. 8. Analysis of variance of starch based confectionery. Effect of storage on Relative Area 1 (RA1) for each formulation using adjusted SS for Tests

## (13) One-way ANOVA: 11\_R0\_RA1 versus day

Source DF SS MS ਸ Ρ day 4 217.8 54.5 3.63 0.095 Error 5 75.0 15.0 Total 9 292.8 S = 3.873 R-Sq = 74.38% R-Sq(adj) = 53.89% Individual 95% CIs For Mean Based on Pooled StDev Level N Mean StDev -----+-2 36.210 5.360 (-----\*----) 2 40.105 1.648 (-----\*----) 2 45.705 2.468 (-----\*---) 0 7 (-----) 14 2 47.995 5.565 (-----) 21 2 37.125 2.553 (----\*----) 28 ----+-35.0 42.0 49.0 56.0

Pooled StDev = 3.873

Grouping Information Using Tukey Method

day	Ν	Mean	Grouping
21	2	47.995	A
14	2	45.705	A
7	2	40.105	A
28	2	37.125	A
0	2	36.210	A

Means that do not share a letter are significantly different.

#### (14) One-way ANOVA: 11\_R10\_RA1 versus day

Source DF SS MS F Ρ 4 167.43 41.86 13.85 0.006 day 5 15.11 9 182.54 3.02 Error Total S = 1.738 R-Sq = 91.72% R-Sq(adj) = 85.10% Individual 95% CIs For Mean Based on Pooled StDev Level N 0 2 37.455 1.393 (----\*----) 2 31.025 0.417 (----\*----) 2 35.930 3.154 (----7 14 (----\*----)

21	-	2 43.83	0 0.778			(	)			
28		2 36.87	5 1.563		(	*)				
				+	+	+				
				30.0	35.0	40.0	45.0			
Pool	Pooled StDev = 1.738									
Grou	ping	g Inform	ation Us:	ing Tukey	Method					
day	Ν	Mean	Groupin	g						
21	2	43.830	A							
0	2	37.455	АB							
28	2	36.875	АB							
14	2	35.930	В							
7	2	31.025	В							

Means that do not share a letter are significantly different.

## (15) One-way ANOVA: 11\_R20\_RA1 versus day

Source day Error Total	DF 4 5	SS 35.04 9.27 44.31	MS 8.76 1.85	F 4.73	P 0.060				
s = 1.3	361	R-Sq =	= 79.098	5 R-5	Sq(adj)	= 62.3	6%		
				Indivi Pooled	dual 9 1 StDev	)5% CIs 1	For Mean 1	Based c	n
Level	Ν	Mean	StDev		+	+	+		+
0	2	38.030	1.541		(	· <b></b> * <b></b> ·	) *)		
14	2	39.380	0.976		(-	*.	~ = = = = = = ) )		
21	2	42.140	2.022		, ,		(*		)
28	2	36.485	1.153	(	*	·)			
				36	+ 5.0	39.0	42.0	4	15.0
Pooled	StI	)ev = 1.3	361						
Groupir	ng I	nformat	lon Usir	ng Tuke	ey Meth	lod			

dayNMeanGrouping21242.140A7239.570A B14239.380A B0238.030A B28236.485B

#### (16) One-way ANOVA: 11\_R30\_RA1 versus day

Source DF SS MS F P day 4 9.48 2.37 1.34 0.370 Error 5 8.82 1.76 Total 9 18.29 S = 1.328 R-Sq = 51.81% R-Sq(adj) = 13.25%

Individual 95% CIs For Mean Based on Pooled

StDev								
Level	Ν	Mean	StDev	-+	+	+	+	
0	2	24.235	1.365	(	*	)	)	
7	2	25.300	1.838		(	*	)	
14	2	24.770	1.570	( –		*	)	
21	2	27.075	1.039		( •		*	)
28	2	25.820	0.170		(	*	)	
				-+	+	+	+	
				22.0	24.0	26.0	28.0	

Pooled StDev = 1.328

Grouping Information Using Tukey Method

day N Mean Grouping 21 2 27.075 A 28 2 25.820 A 7 2 25.300 A 14 2 24.770 A 0 2 24.235 A

Means that do not share a letter are significantly different.

## (17) One-way ANOVA: 9\_R0\_RA1 versus day

 Source
 DF
 SS
 MS
 F
 P

 day
 4
 293.28
 73.32
 40.79
 0.001

 Error
 5
 8.99
 1.80

 Total
 9
 302.27

S = 1.341 R-Sq = 97.03% R-Sq(adj) = 94.65%

				Individual 9	5% CIs	For Mean	Based on
				Pooled StDev			
Level	Ν	Mean	StDev	+	+-	+	+
0	2	50.155	1.266		( –	*)	
7	2	52.520	0.057			(*	)
14	2	54.205	1.450			(*	)
21	2	55.830	1.754			( -	*)
28	2	40.480	1.485	(*)			
				+	+-	+	+
				42.0	48.0	54.0	60.0
Pooled StDev = 1.341 Grouping Information Using Tukey Method day N Mean Grouping 21 2 55.830 A 14 2 54.205 A B 7 2 52.520 A B 0 2 50.155 B 28 2 40.480 C

Means that do not share a letter are significantly different.

## (18) One-way ANOVA: 9\_R10\_RA1 versus day

Source	DF	SS	MS	F	P	
day	4	125.46	31.37	3.66	0.094	
Error	5	42.84	8.57			
Total	9	168.30				
S = 2.9	27	R-Sq =	74.55%	R-Sq	(adj) =	= 54.18%

Individual 95% CIs For Mean Based on Pooled

StDev								
Level	Ν	Mean	StDev	+	+	+	+	
0	2	53.325	6.131	(	*	)		
7	2	58.535	1.563		(	*	)	
14	2	59.675	0.757		(	*	)	
21	2	64.155	1.266			(	*	)
28	2	60.955	0.799		( -	*_	)	
				+	+	+	+	
				48.0	54.0	60.0	66.0	

Pooled StDev = 2.927

Grouping Information Using Tukey Method

dayNMeanGrouping21264.155A28260.955A14259.675A7258.535A0253.325A

Means that do not share a letter are significantly different.

#### (19)

# One-way ANOVA: 9\_R20\_RA1 versus day

Source	DF	SS	MS	F	P
day	4	207.01	51.75	20.44	0.003
Error	5	12.66	2.53		
Total	9	219.67			

S = 1.591 R-Sq = 94.24% R-Sq(adj) = 89.63%

Individual 95% CIs For Mean Based on Pooled

StDev								
Level	Ν	Mean	StDev	-+	+	+	+	
0	2	47.555	0.813		(	-*)		
7	2	46.080	1.259		(*-	)		
14	2	48.430	0.354		(	*)		
21	2	56.135	2.906				(*-	)
28	2	42.230	1.358	(	*)			
				-+	+	+	+	
				40.0	45.0	50.0	55.0	

Pooled StDev = 1.591

Grouping Information Using Tukey Method

day	Ν	Mean	Grouping
21	2	56.135	A
14	2	48.430	В
0	2	47.555	В
7	2	46.080	В
28	2	42.230	В

Means that do not share a letter are significantly different.

# (20) One-way ANOVA: 9\_R30\_RA1 versus day

Source day Error Total	D	F S 4 151.6 5 10.5 9 162.1	S MS 3 37.91 1 2.10 4	F 18.04	P 0.004							
S = 1.	S = 1.450 R-Sq = 93.52% R-Sq(adj) = 88.34%											
				Individu	al 95%	CIs For Mea	n Based on Pooled					
StDev												
Level	Ν	Mean	StDev	+	+-	+						
0	2	38.730	1.428			(*	)					
7	2	39.875	0.191			(*	)					
14	2	39.730	0.665			(*	)					
21	2	44.565	1.860				()					
28	2	32.405	2.128	(	-*)							
				+	+-	+						
				30.0	35.0	40.0	45.0					

Pooled StDev = 1.450

Grouping Information Using Tukey Method

day	Ν	Mean	Grouping
21	2	44.565	A
7	2	39.875	АB
14	2	39.730	АB
0	2	38.730	В

28 2 32.405 С

Means that do not share a letter are significantly different.

Table B. 9. Analysis of variance of starch based confectionery. Effect of storage on Relative Area 2 (RA2) for each formulation using adjusted SS for Tests

## (2) One-way ANOVA: 11\_R0\_RA2 versus day

Source DF SS MS F Ρ 
 Source
 DF
 SS
 MS
 F
 P

 day
 4
 417.21
 104.30
 12.25
 0.009

 Error
 5
 42.59
 8.52
 104.30
 12.25
 0.009

 Total
 9
 459.80
 100
 100
 100
 100
 100
 100
 100
 100
 100
 100
 100
 100
 100
 100
 100
 100
 100
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 100
 100
 100
 100
 100
 S = 2.919 R-Sq = 90.74% R-Sq(adj) = 83.33% Individual 95% CIs For Mean Based on Pooled StDev Level N Mean StDev -----+ (-----) (----) 14 (----) 2 23.730 4.172 21 28 2 33.060 1.612 (-----) -----+ 16.0 24.0 32.0 40.0 Pooled StDev = 2.919Grouping Information Using Tukey Method day N Mean Grouping 28 2 33.060 A 7 2 30.535 A 2 25.960 A B 2 23.730 A B 2 14.420 B 14

Means that do not share a letter are significantly different.

#### (3) One-way ANOVA: 11\_R10\_RA2 versus day

21 0

Source	DF	SS	5 N	1S	F	H	2				
day	4	705.15	5 176.2	29	25.65	0.002	2				
Error	5	34.37	6.8	37							
Total	9	739.52	2								
S = 2.6	522	R-Sq =	= 95.35%	5	R-Sq(ad	dj) =	91.6	53%			
				Inc Poc	dividual bled StI	l 95% Dev	CIs	For	Mean	Based	on
Level 0	N 2	Mean 13.550	StDev 1.315	(	*	+ )		-+		+	+
-	-			`		,					

7	2	31.025	0.417			(*-	)
14	2	13.380	5.572	()			
21	2	27.670	0.580		(	*	· )
28	2	32.285	1.039			(*	)
				+	+	+	+
				16.0	24.0	32.0	40.0

Pooled StDev = 2.622

Grouping Information Using Tukey Method

day N Mean Grouping 28 2 32.285 A 7 2 31.025 A 21 2 27.670 A 0 2 13.550 B 14 2 13.380 B

Means that do not share a letter are significantly different.

## (4) One-way ANOVA: 11\_R20\_RA2 versus day

Source DF SS MS F P day 4 51.135 12.784 14.50 0.006 Error 5 4.409 0.882 Total 9 55.544 S = 0.9390 R-Sq = 92.06% R-Sq(adj) = 85.71%

				Individual 9 Pooled StDev	5% CIs	For Mean	Based on
Level	Ν	Mean	StDev		+-		++
0	2	32.925	1.195			(	*)
7	2	32.575	0.870			(	* )
14	2	32.980	1.146			(	*)
21	2	27.515	0.686	(*	)		
28	2	33.820	0.665			(	)
					+-		++
				27.5	30.0	32.5	5 35.0

Pooled StDev = 0.939

Grouping Information Using Tukey Method

day	Ν	Mean	Grouping
28	2	33.820	A
14	2	32.980	A
0	2	32.925	A
7	2	32.575	A
21	2	27.515	В

Means that do not share a letter are significantly different.

# (5) One-way ANOVA: 11\_R30\_RA2 versus day

Source day Error Total	D	F SS 4 328.4 5 135.5 9 463.9	MS 82.1 27.1	F 3.03	P 0.128			
s = 5.	205	R-Sq	= 70.80	% R-	Sq(adj) =	47.44%		
				Indiv Poole	idual 95% d StDev	CIs For	Mean Based	on
Level	Ν	Mean	StDev			+	+	+
0	2	20.835	4.561	(	*	)		
7	2	26.820	8.754		(	*	)	
14	2	26.900	5.035		(	*	)	
21	2	32.695	3.359		( -	*	)	
28	2	37.645	1.181			(	*	)
						+	+	+
					20	30	40	50

Pooled StDev = 5.205

Grouping Information Using Tukey Method

dayNMeanGrouping28237.645A21232.695A14226.900A7226.820A0220.835A

Means that do not share a letter are significantly different.

# (6) One-way ANOVA: 9\_R0\_RA2 versus day

Source	DF	SS	MS	F		Ρ	
day	4	196.06	49.02	23.25	0.00	)2	
Error	5	10.54	2.11				
Total	9	206.60					
S = 1.4	52	R-Sq =	94.90%	R-Sq (a	adj)	=	90.82%

Individual 95% CIs For Mean Based on

 Pooled StDev

 Level
 N
 Mean
 StDev
 ----+----+----+----+----+-----+

 0
 2
 21.710
 1.711
 (----\*----)

 7
 2
 18.240
 0.071
 (----\*----)

 14
 2
 18.130
 1.386
 (----\*----)

 21
 2
 15.690
 1.428
 (----\*----)

 28
 2
 28.420
 1.909
 (----\*----)

----+ 15.0 20.0 25.0 30.0

Pooled StDev = 1.452

Grouping Information Using Tukey Method

dayNMeanGrouping28228.420A0221.710B7218.240B C14218.130B C21215.690C

Means that do not share a letter are significantly different.

#### (7) One-way ANOVA: 9\_R10\_RA2 versus day

Source	DF	SS	MS	F	P	
day	4	216.72	54.18	17.21	0.004	
Error	5	15.75	3.15			
Total	9	232.47				

S = 1.775 R-Sq = 93.23% R-Sq(adj) = 87.81%

				Individual 95	& CIs For	Mean Based	on
				Pooled StDev			
Level	Ν	Mean	StDev	+	+	+	+
0	2	18.265	3.528			(*	)
7	2	13.565	1.110		(*	)	
14	2	11.660	0.665		(*	-)	
21	2	3.880	0.962	()			
28	2	10.900	0.834	(-	*	)	
				+	+		+
				6.0	12.0	18.0	24.0

Pooled StDev = 1.775

Grouping Information Using Tukey Method

day N Mean Grouping 0 2 18.265 A 7 2 13.565 A B 14 2 11.660 A B 28 2 10.900 B C 21 2 3.880 C

Means that do not share a letter are significantly different.

# (8) One-way ANOVA: 9\_R20\_RA2 versus day

Source	DF	SS	MS	F	P
day	4	62.99	15.75	6.38	0.034
Error	5	12.33	2.47		

Total 9 75.32

S = 1.570 R-Sq = 83.63% R-Sq(adj) = 70.53%

				Individu Pooled S	al 95% CIs tDev	For Mean	Based on
Level	Ν	Mean	StDev	+	+	+	
0	2	26.450	0.665		(	*	-)
7	2	28.520	0.962		(	*_	)
14	2	26.110	1.103		(	_*	)
21	2	22.390	2.758	(	*)		
28	2	29.735	1.464			(	*)
				+	+	+	+
				21.0	24.5	28.0	31.5

Pooled StDev = 1.570

Grouping Information Using Tukey Method

day N Mean Grouping
28 2 29.735 A
7 2 28.520 A B
0 2 26.450 A B
14 2 26.110 A B
21 2 22.390 B

Means that do not share a letter are significantly different.

## (9) One-way ANOVA: 9\_R30\_RA2 versus day

Source	DF	SS	MS	F	P			
day	4	46.68	11.67	8.50	0.019			
Error	5	6.87	1.37					
Total	9	53.55						
S = 1.1	72	R-Sq =	87.18%	R-S	q(adj)	=	76.	92%

Pooled StDev = 1.172

Grouping Information Using Tukey Method

 day
 N
 Mean
 Grouping

 28
 2
 37.410
 A

 14
 2
 35.790
 A

 0
 2
 34.400
 A

7 2 33.675 A B 21 2 30.960 B Means that do not share a letter are significantly different.

Table B. 10. Analysis of variance of starch based confectionery. Effect of storage on Relative Area 3 (RA3) for each formulation using adjusted SS for Tests

## (2) One-way ANOVA: 11\_R0\_RA3 versus day

Source DF SS MS F Ρ day 4 62.8 15.7 1.51 0.327 Error 5 52.0 10.4 9 114.8 Total S = 3.225 R-Sq = 54.69% R-Sq(adj) = 18.45% Individual 95% CIs For Mean Based on Pooled StDev Level N 0 2 22.860 6.972 (----\*----) 
 2
 29.365
 0.078

 2
 28.335
 0.771

 2
 28.270
 1.386
 (-----) 7 14 (-----) (-----) 21 2 29.815 0.940 28 20.0 25.0 30.0 35.0 Pooled StDev = 3.225Grouping Information Using Tukey Method N Mean Grouping 2 29.815 A day N 28

7 2 29.365 A 14 2 28.335 A 21 2 28.270 A 0 2 22.860 A

Means that do not share a letter are significantly different.

### (3) One-way ANOVA: 11\_R10\_RA3 versus day

Source DF SS MS ਸ P 4 177.009 44.252 120.22 0.000 day Error 5 1.840 0.368 Total 9 178.850 S = 0.6067 R-Sq = 98.97% R-Sq(adj) = 98.15% Individual 95% CIs For Mean Based on Pooled StDev Level N Mean StDev 0 2 21.930 0.212 (--\*--)



Pooled StDev = 0.607

Grouping Information Using Tukey Method

 day
 N
 Mean
 Grouping

 28
 2
 30.845
 A

 21
 2
 28.350
 B

 14
 2
 23.520
 C

 0
 2
 21.930
 C

 7
 2
 19.370
 D

Means that do not share a letter are significantly different.

# (4) One-way ANOVA: 11\_R20\_RA3 versus day

Source day Error Total	DE 4 5	SS 7.491 0.875 8.365	MS 1.873 0.175	F 10.71	P 0.011			
S = 0.4	4182	R-Sq	= 89.55	5% R−S	q(adj) =	81.18%		
				Individ	ual 95%	CIs For Mean	Based on	
				Pooled	StDev			
Level	Ν	Mean	StDev	+	+	+		
0	2	29.050	0.339			(*	)	
7	2	27.855	0.148	(	*	)		
14	2	27.640	0.170	(	*	)		
21	2	27.515	0.686	(	_*	- )		
28	2	29.695	0.488			(	*)	
				+	+-	+		
				27.0	28.0	29.0	30.0	
Pooled StDev = 0.418								
Groupin	ng I	informat:	ion Usir	ng Tukey	Method			

day N Mean Grouping 28 2 29.6950 A 0 2 29.0500 A B 7 2 27.8550 B 14 2 27.6400 B 21 2 27.5150 B

Means that do not share a letter are significantly different.

#### (5) One-way ANOVA: 11\_R30\_RA3 versus day

Source DF SS MS F P day 4 78.36 19.59 2.30 0.193 Error 5 42.62 8.52 9 120.98 Total S = 2.920 R-Sq = 64.77% R-Sq(adj) = 36.58% Individual 95% CIs For Mean Based on Pooled StDev 

 2
 28.810
 2.461
 (-------)

 2
 33.915
 1.902
 (------\*)

 2
 36.190
 4.455
 (------\*)

 2
 32.695
 3.359
 (------\*)

 0 (-----) 7 (-----) 14 · (-----) 21 28 2 36.535 1.351 (-----) 25.0 30.0 35.0 40.0

Pooled StDev = 2.920

Grouping Information Using Tukey Method

day N Mean Grouping
28 2 36.535 A
14 2 36.190 A
7 2 33.915 A
21 2 32.695 A
0 2 28.810 A

Means that do not share a letter are significantly different.

#### (6) One-way ANOVA: 9\_R0\_RA3 versus day

Source DF SS MS F P day 4 14.801 3.700 31.58 0.001 Error 5 0.586 0.117 Total 9 15.386 S = 0.3423 R-Sq = 96.19% R-Sq(adj) = 93.15%

				Individual 95% CIs For Mean Based on
				Pooled StDev
Level	Ν	Mean	StDev	++++++
0	2	28.130	0.453	(*)
7	2	29.245	0.120	()
14	2	27.605	0.276	(*)
21	2	28.485	0.332	(*)
28	2	31.100	0.424	(*)
				+++++++

Pooled StDev = 0.342

Grouping Information Using Tukey Method

 day
 N
 Mean
 Grouping

 28
 2
 31.1000
 A

 7
 2
 29.2450
 B

 21
 2
 28.4850
 B
 C

 0
 2
 28.1300
 B
 C

 14
 2
 27.6050
 C

Means that do not share a letter are significantly different.

## (7) One-way ANOVA: 9\_R10\_RA3 versus day

Source day Error Total	DF 4 5 9	S 952.5 12.7 965.2	S N 1 238.1 3 2.5 4	4S 13 55	F 93.50	0.00	P )0		
S = 1.	596	R-Sq	= 98.689	20	R-Sq(a	dj) =	= 97.63%		
				Ind Pod	dividua oled St	1 959 Dev	CIs Fo	r Mean Bas	ed on
Level 0 7 14	N 2 2 2	Mean 28.410 27.900 28.635	StDev 2.602 0.453 1 464			+	+-	(	+ (*) (*)
21 28	2 2	3.880	0.962	(	*)				(*)
					8.	0	16.0	24.0	32.0
Pooled	StD	ev = 1.	596						
Groupi	ng I	nformat	ion Usir	ng 1	Tukey M	ethod	ł		

day N Mean Grouping
14 2 28.635 A
0 2 28.410 A
28 2 28.140 A
7 2 27.900 A
21 2 3.880 B

Means that do not share a letter are significantly different.

## (8) One-way ANOVA: 9\_R20\_RA3 versus day

Source	DF	SS	MS	F	P
day	4	45.289	11.322	19.70	0.003
Error	5	2.874	0.575		
Total	9	48.163			

S = 0.7581 R-Sq = 94.03% R-Sq(adj) = 89.26%

				Individua	1 95%	CIs	For	Mean	Based	on	Pooled
StDev											
Level	Ν	Mean	StDev	+	+			-+		+	
0	2	25.995	1.478				(-		*)		
7	2	25.405	0.304				(	*_	)		
14	2	25.460	0.750				(	*_	)		
21	2	21.480	0.156	(	*	)					
28	2	28.045	0.106						(	*_	)
				+	+			-+		+	
				20.0	22.5		25	.0	27.	5	

Pooled StDev = 0.758

Grouping Information Using Tukey Method

day N Mean Grouping 28 2 28.045 A 0 2 25.995 A 14 2 25.460 A 7 2 25.405 A 21 2 21.480 B

Means that do not share a letter are significantly different.

## (9) One-way ANOVA: 9\_R30\_RA3 versus day

Source DF SS MS F P day 4 43.56 10.89 5.89 0.039 Error 5 9.25 1.85 Total 9 52.81 S = 1.360 R-Sq = 82.48% R-Sq(adj) = 68.47%

Pooled StDev = 1.360

Grouping Information Using Tukey Method

day	Ν	Mean	Grouping
28	2	30.180	A
0	2	26.870	АB
7	2	26.455	АB

14 2 24.495 B 21 2 24.480 B

Means that do not share a letter are significantly different.

Table B. 11. Analysis of variance of starch based confectionery. Effect of storage on Relative Area 4 (RA4) for each formulation using adjusted SS for Tests

## (13) One-way ANOVA: 11\_R0\_RA4 versus day

Source DF SS MS F Ρ day 4 1124.87 281.22 228.26 0.000 Error 5 6.16 1.23 Total 9 1131.03 S = 1.110 R-Sq = 99.46% R-Sq(adj) = 99.02% Individual 95% CIs For Mean Based on Pooled StDev Level N Mean StDev 2 26.515 2.482 0 (-\*--) 7 2 0.000 0.000 (--\*--) 2 0.000 0.000 (--\*--) 2 0.000 0.000 (--\*--) 2 0.000 0.000 (--\*--) 14 21 28 ---+----\_\_\_\_+\_\_\_\_\_ 0.0 8.0 16.0 24.0

Pooled StDev = 1.110

Grouping Information Using Tukey Method

day N Mean Grouping 0 2 26.515 A 28 2 0.000 В 0.000 В 21 2 14 2 0.000 В 2 0.000 B 7

Means that do not share a letter are significantly different.

### (14) One-way ANOVA: 11\_R10\_RA4 versus day

Source day Error Total		7 1748. 5 5. 9 1754.	SS 92 437 42 1 34	MS .23 .08	F 403.16	0.0	P 00			
S = 1.0	041	R-Sq :	= 99.69	00	R-Sq(adj)	) =	99.44%			
				Ind Poo	ividual 9 led StDev	95% V	CIs For	Mean	Based	on
Level 0 7	N 2 2	Mean 27.060 26.755	StDev 0.283 1.690	+		-+		+	+	(*-) (-*)

Pooled StDev = 1.041

Grouping Information Using Tukey Method

day N Mean Grouping 14 2 27.165 A 0 2 27.060 A 7 2 26.755 A 28 2 0.000 B 21 2 0.000 B

Means that do not share a letter are significantly different.

# (15) One-way ANOVA: 11\_R20\_RA4 versus day

 
 Source
 DF
 SS
 MS
 F
 P

 day
 4
 0.0000000
 0.0000000
 \*
 \*

 Error
 5
 0.0000000
 0.0000000
 \*
 \*
 Total 9 0.0000000 S = 0 R-Sq = \*% R-Sq(adj) = \*% 
 Level
 N
 Mean
 StDev

 0
 2
 0.00000000
 0.00000000

 7
 2
 0.00000000
 0.00000000

 14
 2
 0.00000000
 0.00000000

 21
 2
 0.00000000
 0.000000000
 28 2 0.00000000 0.00000000 Individual 95% CIs For Mean Based on Pooled StDev Level 0 7 \* 14 21 28 0.000000 0.000010 0.000020 0.000030 Pooled StDev = 0.00000000Grouping Information Using Tukey Method dav N Mean Grouping

uay	IN	Mean	Grouping
28	2	0.000000000	A
21	2	0.000000000	В
14	2	0.000000000	С
7	2	0.000000000	D

0 2 0.00000000 E

Means that do not share a letter are significantly different.

# (16) One-way ANOVA: 11\_R30\_RA4 versus day

Source	D	F SS	MS	F	P	1		
day		4 724.5	181.1	9.74	0.014			
Error		5 93.0	18.6					
Total		9 817.4						
10041		01,11						
S = 4.	313	R-Sq	= 88.629	È R−S	q(adj)	= 79.52%		
				Indivi	dual 9	5% CIs Fo	r Mean Base	ed on
				Pooled	l StDev			
Level	Ν	Mean	StDev		-+	+	+	+
0	2	25.235	3.557				(*	)
7	2	13.965	8.690			(*-	)	
14	2	12.145	2.143		(	*	)	
21	2	20.080	0.481		,	(	*)	
28	2	0.000	0.000	(	_ *	)	,	
				·	-+	+	+	+
					0	12	24	36
					U U	12	<u> </u>	50
	~		212					

Pooled StDev = 4.313

Grouping Information Using Tukey Method

day N Mean Grouping 0 2 25.235 A 21 2 20.080 A 7 2 13.965 A B 14 2 12.145 A B 28 2 0.000 B

Means that do not share a letter are significantly different.

Table B. 12. Analysis of variance of starch based confectionery. Effect of storage onMoisture loss % on obtained from TGA curves using adjusted SS for Tests

#### (1) One-way ANOVA: 11\_R0 versus Day

Source DF SS MS F Ρ 
 Dr
 SS
 MS
 F
 F

 1
 1.823
 1.823
 2.14
 0.281

 2
 1.704
 0.852
 Day Error 3 3.527 Total S = 0.9231 R-Sq = 51.68% R-Sq(adj) = 27.52% Individual 95% CIs For Mean Based on Pooled StDev Level N 0 2 11.620 1.202 (-----\*------) 28 2 10.270 0.509 (-----\*------) 28 8.0 10.0 12.0 14.0 Pooled StDev = 0.923Grouping Information Using Tukey Method Day N Mean Grouping 0

0 2 11.6200 A 28 2 10.2700 A

Means that do not share a letter are significantly different.

### (2) One-way ANOVA: 11\_R10 versus Day

F Source DF SS MS Ρ 
 I
 0.03803
 0.03803
 4.03
 0.182

 2
 0.01885
 0.00942
 3
 0.05687
 Day Error Total S = 0.09708 R-Sq = 66.86% R-Sq(adj) = 50.29% Individual 95% CIs For Mean Based on Pooled StDev 2 9.1100 0.0283 (-----\*-----) 0 · (-----) 28 2 9.3050 0.1344 ----+ 9.00 9.20 9.40 9.60

Pooled StDev = 0.0971

Grouping Information Using Tukey Method

Day N Mean Grouping 28 2 9.30500 A 0 2 9.11000 A

Means that do not share a letter are significantly different.

## (3) One-way ANOVA: 11\_R20 versus Day

Source DF SS MS F P Day 1 0.34 0.34 0.34 0.618 Error 2 2.01 1.00 Total 3 2.35 S = 1.002 R-Sq = 14.56% R-Sq(adj) = 0.00%



Pooled StDev = 1.002

28

Grouping Information Using Tukey Method

Day N Mean Grouping 28 2 8.145 A 0 2 7.560 A

Means that do not share a letter are significantly different.

### (4) One-way ANOVA: 11\_R30 versus Day

Source DF SS MS F P Day 1 0.1600 0.1600 1.90 0.302 Error 2 0.1681 0.0840 Total 3 0.3281 S = 0.2899 R-Sq = 48.77% R-Sq(adj) = 23.15%

				Individual Pooled StD	95% CIs ev	For Mean	Based on
Level	Ν	Mean	StDev	+	+	+	+
0	2	10.195	0.219	(	*		)
28	2	10.595	0.346	(		*	)
				+	+	+	+
				9.60	10.20	10.80	11.40

Pooled StDev = 0.290 Grouping Information Using Tukey Method Day N Mean Grouping 28 2 10.5950 A 0 2 10.1950 A

Means that do not share a letter are significantly different.

# (5) One-way ANOVA: 9\_R0 versus Day

Source DF SS MS F P Day 1 0.563 0.563 0.92 0.439 Error 2 1.226 0.613 Total 3 1.788 S = 0.7829 R-Sq = 31.45% R-Sq(adj) = 0.00%

				Individu	al 95% (	CIs For	Mean Based	on
				Pooled S	tDev			
Level	Ν	Mean	StDev	-+		+	+	
0	2	10.410	0.523	( –		*_		)
28	2	9.660	0.976	(		_*	)	
				-+	+	+	+	
				7.5	9.0	10.5	5 12.0	

Pooled StDev = 0.783

Grouping Information Using Tukey Method

Day N Mean Grouping 0 2 10.4100 A 28 2 9.6600 A

Means that do not share a letter are significantly different.

#### (6) One-way ANOVA: 9\_R10 versus Day

 7.80 8.40 9.00 9.60

Pooled StDev = 0.0743

Grouping Information Using Tukey Method

Day N Mean Grouping 28 2 9.6100 A 0 2 7.9750 B

Means that do not share a letter are significantly different.

## (7) One-way ANOVA: 9\_R20 versus Day

Source DF SS MS F P Day 1 6.656 6.656 27.59 0.034 Error 2 0.483 0.241 Total 3 7.139

S = 0.4912 R-Sq = 93.24% R-Sq(adj) = 89.86%

				Individual 95% Pooled StDev	CIs For	Mean Based	on
Level	N 2	Mean 7 635	StDev 0 643	+	+ )	+	+
28	2	10.215	0.262	(	(	*	)
				7.5	 9.0	10.5	12.0

Pooled StDev = 0.491

Grouping Information Using Tukey Method

Day N Mean Grouping 28 2 10.2150 A 0 2 7.6350 B

Means that do not share a letter are significantly different.

### (8) One-way ANOVA: 9\_R30 versus Day

Source	DF	' SS	s ms	S F	P	
Day	1	5.570	5.570	6.36	0.128	
Error	2	1.752	L 0.875	5		
Total	3	7.321	1			
S = 0.9	9357	R-Sc	q = 76.0	)8% R-	Sq(adj)	= 64.12%
				Individ	lual 95%	CIs For Mean Based on
				Pooled	StDev	
Level	Ν	Mean	StDev	-+	+	+++
0	2	7.585	1.322	(	*	)
28	2	9.945	0.049		(	)

5.0 7.5 10.0 12.5 Pooled StDev = 0.936 Grouping Information Using Tukey Method Day N Mean Grouping 28 2 9.9450 A 0 2 7.5850 A Means that do not share a letter are significantly different.



Figure A. 1. Color of starch based confections immediately after cooking (a) 11\_S0\_R0 (b) 11\_S0\_R30 (c) 9\_S2\_R0 (d) 9\_S2\_R30